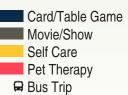


July 2025

Bus Trip	Social/Party	
Bingo	Cognitive	
Meeting	Crafting/Cooking	
Religious	Physical Game	
Exercise Program	Music/Entertainer	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday! Julian K 7/1	1 9:30 Rosary Club in Private Dining	9:30 Relax & Breathe Seated	2 3rd of July Community BBQ 3 9:30 Resistance Bands & Cardio 10:30 Morning Walking Group +	Independence Day 4 9:00 Outing: VALLEJO'S 4TH	5 9:00 Morning Fitness
Happy 4th of July!	Peggy R 7/4 Lila H 7/6 Kathy R7/11 Louis M 7/15 Dan R 7/20 Bob D 7/26	9:30 Sit to Stand Exercise 10:30 PERFORMANCE BY KENDALL OSBOURNE 1:30 Resident Bridge Club 1:30 Sun Deck Social ★ 3:00 Nickel Bingo: TWO CARD	Yoga 10:00 Faith Bible Church Sermon Rerun (Virtual) 10:30 PERFORMANCE BY GREG RAHN 1:30 Fireplace Forum: Tell Your	11:30 3RD OF JULY BBQ★ 1:00 Free Hearing Aid Checks &	OF JULY PARADE 9:30 Movement to Music Chair Exercise 10:30 Resident-Led Card/Table Game 1:30 Movie & Popcorn:	10:00 Dominoes, or Table Game of Choice 1:00 Saturday Showtime: "MR. SMITH GOES TO WASHINGTON" (1939) (2 HR. 9 MIN.) 🖾
	Donald F 7/26	TUESDAY	Story 3:00 Nickel Bingo (and Bucks)	THURSDAY	"INDEPENDENCE DAY" (2 HR. 18 MIN.)⊠	3:15 Nickel Bingo
6 9:00 Morning Fitness 10:00 Faith Bible Church Sermon (Virtual) 11:45 Catholic Communion Service 3:00 Nickel Bingo: TWO CARD SUNDAY 6:00 Sunday Night Screening: "1776" (1972) (2 HR. 22 MIN.)	7 9:30 Morning Stretch & Movement 10:00 Monday Manicures and Hand Massages 10:30 Morning Walking Group★ 12:00 Outing: LUNCH AT SARDINE CAN 1:00 Cuddle Club: Dog Visit from Humane Society in the Lobby 3:00 Nickel Bingo	 9:30 Seated Tai Chi Exercises 10:30 JEOPARDY Trivia Game (Play for Bingo Bucks) 1:30 Resident Bridge Club 1:30 Sun Deck Social ★ 3:00 Nickel Bingo: TWO CARD 	9 9:30 Relax & Breathe Seated Yoga 10:00 Faith Bible Church Sermon Rerun (Virtual) 1:30 HAPPY HOUR: August Activity Planning Meeting € 3:00 Nickel Bingo (and Bucks)	 10 9:30 Resistance Bands & Cardio 10:30 Morning Walking Group ★ 11:00 Mix & Mingle in the Lobby 11AM - 1PM (RSVP REQUIRED) 1:00 Learn & Play: Texas Hold 'Em in the Library/Poker Room 1:30 Cafe Craft: Walker/Wheelchair Decorating € 3:00 Nickel Bingo: TWO CARD THURSDAY 	11 9:30 Movement to Music Chair Exercise 10:30 Outing: SAFEWAY ➡ 10:30 Resident-Led Card/Table Game 1:30 Movie & Popcorn: "CHASING MAVERICKS" (1HR. 56 MIN.)I 3:00 DOUBLE DOWN Bingo	12 9:00 Morning Fitness 10:00 Dominoes, or Table Game of Choice 1:00 Saturday Showtime: "WAITRESS" (2007) (1 HR. 47 MIN.) 3:15 Nickel Bingo
 13 9:00 Morning Fitness 10:00 Faith Bible Church Sermon (Virtual) III 11:45 Catholic Communion Service 1:35 PIANO PERFORMANCE IN THE LOBBY 3:00 Nickel Bingo: TWO CARD SUNDAY 6:00 Sunday Night Screening: "THE YEAR OF LIVING DANGEROUSLY" (1 HR. 57 MIN.) 	14 9:30 Morning Stretch & Movement 10:00 Monday Manicures and Hand Massages 10:30 Morning Walking Group★ 11:30 Veterans' Club Luncheon in Private Dining Room 2:00 Resident Ambassadors' Meeting 3:00 Nickel Bingo		16 9:30 Relax & Breathe Seated Yoga 10:00 Faith Bible Church Sermon Rerun (Virtual) 1:00 Outdoor Craft: Summer Tie Dye★ 3:00 Nickel Bingo (and Bucks)	 17 9:30 Resistance Bands & Cardio 10:30 Morning Walking Group★ 1:00 Learn & Play: Texas Hold 'Em in the Library/Poker Room 1:30 Cafe Craft: Tissue Paper Flower € 3:00 CATHOLIC MASS (In Private Dining Room) 3:00 Nickel Bingo: TWO CARD THURSDAY 	 18 9:30 Movement to Music Chair Exercise 10:30 Resident-Led Card/Table Game 1:30 Movie & Popcorn: "PICTURE THIS" (2025) (1 HR. 41 MIN.) 3:00 DOUBLE DOWN Bingo 	19 9:00 Morning Fitness 10:00 Dominoes, or Table Game of Choice 1:00 Saturday Showtime: RESIDENTS' CHOICE 3:15 Nickel Bingo
20 9:00 Morning Fitness 10:00 Faith Bible Church Sermon (Virtual) 11:45 Catholic Communion Service 3:00 Nickel Bingo: TWO CARD SUNDAY 6:00 Sunday Night Screening: "THE MOSQUITO COAST" (1 HR. 58 MIN.)	21 9:30 Morning Stretch & Movement 10:30 Morning Walking Group★ 1:00 BOB'S SPELLING BEE COMPETITION 1:00 Cuddle Club: Dog Visit from Humane Society in the Lobby 3:00 Nickel Bingo	 9:30 Seated Tai Chi Exercises 10:30 Axe Throwing Game in the Lobby 1:30 PERFORMANCE BY GLEN 	23 9:30 Relax & Breathe Seated Yoga 10:00 Faith Bible Church Sermon Rerun (Virtual) 1:30 Gorgeous Grandmas Day Pamper Party in the Cafe! € 3:00 Nickel Bingo (and Bucks)	9:30 Resistance Bands & Cardio 10:30 Morning Walking Group ★ 1:00 Learn & Play: Texas Hold 'Em in the Library/Poker Room 1:30 Cafe Craft: Ice Cream Cone	 25 9:30 Movement to Music Chair Exercise 10:30 Resident-Led Card/Table Game 1:30 Movie & Popcorn: "HAPPY GILMORE 2" I 3:00 DOUBLE DOWN Bingo 	26 9:00 Morning Fitness 10:00 Dominoes, or Table Game of Choice 1:00 Saturday Showtime: "UNSTOPPABLE" (1 HR. 56 MIN.) 3:15 Nickel Bingo
27 9:00 Morning Fitness 10:00 Faith Bible Church Sermon (Virtual)III 11:45 Catholic Communion Service 3:00 Nickel Bingo: TWO CARD SUNDAY 6:00 Sunday Night Screening: "THE GREATEST SHOWMAN" (1 HR. 44 MIN.)	28 9:30 Morning Stretch & Movement 10:30 Morning Walking Group★ 2:00 PERFORMANCE BY SYRIA 2:00 Resident Lecture: FRED TALK I 3:00 Nickel Bingo	9:30 Rosary Club in Private Dining 9:30 Sit to Stand Exercise	30 9:30 Relax & Breathe Seated Yoga 10:00 CHEF'S CHAT 10:00 Faith Bible Church Sermon Rerun (Virtual) 10:30 RESIDENT COUNCIL 1:30 HAPPY HOUR: Birthday Bash ≦ 3:00 Nickel Bingo (and Bucks)	 Passport: TEXAS 31 9:30 Resistance Bands & Cardio 10:30 Movie in the Theatre: "The Yellow Rose of Texas" 11:30 Passport Luncheon: TEXAS 1:30 Passport Luncheon: TEXAS 1:00 Learn & Play: Texas Hold 'Em in the Library/Poker Room 2:00 Passport Party: Hoedown & Performance by The Diablo Rhythm Wranglers in the Lobby! 	All Events Are Subject to Change	

Independent & Assisted Living Activities Calendar



- Movie Theatre
- ★ Outdoors (Weather Pending)▲ Lighthouse Café