

June 2025

Exercise Program Reminisce Bingo Social/Party Sensory Stimulation Pet Therapy Music Brain Game Self-Care Physical Game Movie/Show ★ Outdoors *Weather Pending*

by Blue Mountain Senior Living				Outing	ting Crafting/Cooking A Care-Staff-Led		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
9:30 Chair Yoga 10:00 Beverage Break 10:30 Beatles Morning Sing-along: "sgt. Pepper Day" 12:30 Rest and Relax 1:00 Afternoon Exercise 1:30 Marilyn Monroe Day Trivia Game 3:00 Evening Showtime in the Activity Room	9:30 Monday Movement 10:00 Beverage Break 10:30 Butterfly Matching Game 12:30 Rest and Relax 1:30 Afternoon Walking Group 3:00 BINGO	9:30 Chair Boxing 10:00 Beverage Break 10:30 PERFORMANCE BY KENDALL OSBOURNE 12:30 Rest and Relax 1:30 Manicures & Hand Massages 3:00 BINGO	9:30 Chair Drumming 10:00 Beverage Break 10:30 PERFORMANCE BY GREG RAHN♪ 1:00 Rest and Relax 2:00 Scenic Bus Trip★ 3:00 BINGO	9:30 Seated Tai Chi 10:00 Beverage Break 10:30 Community Walking Group ★ 12:30 Rest and Relax 1:00 Hearing Aid Checks & Cleaning in the Lobby 1:30 Cafe Craft: Cafe Craft: Rock Painting ★ 3:00 BINGO	9:00 Chair Dancing 9:30 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Movie & Popcorn: "THE MIRACLE CLUB" (1 HR. 30 MIN.)	9:30 Chair Yoga 10:00 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Chocolate Ice Cream Day Social \$\displayset{2:00} Refreshments & Snacks \$\displayset{3:00} Evening Showtime in the Activity Room \$\displayset{4}\$	
9:30 Chair Yoga 10:00 Beverage Break 10:30 Brain Buster Game! 12:30 Rest and Relax 1:00 Afternoon Exercise 1:30 Arts & Crafts: Ocean In A Bottle Craft 3:00 Evening Showtime in the Activity Room	9:30 Monday Marching 10:00 Beverage Break 10:30 Rice Hunt: Seashells 11:30 Veterans' Club Luncheon in Private Dining Room 12:30 Rest and Relax 1:30 Afternoon Walking Group ★ 3:00 BINGO	9:30 Chair Yoga 10:00 Beverage Break 10:30 Manicures & Hand Massages 12:30 Rest and Relax 2:00 PERFORMANCE BY THE TRADEWINDS DUO 3:00 BINGO	Passport Event: Greece 11 9:30 Chair Drumming 10:00 Beverage Break 10:30 Armchair Travel: Greece 11:30 Destination Luncheon: Greece! 1:00 Rest and Relax 2:00 Passport Party: GREEK SYMPOSION	9:30 Seated Tai Chi 10:00 Beverage Break 10:30 Community Walking Group★ 12:30 Rest and Relax 1:30 Cafe Craft: Pina Colada Dip ★ 3:00 BINGO	9:00 Chair Dancing 9:30 Beverage Break	9:30 Chair Yoga 10:00 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Arts & Crafts: Patriotic Owls 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room ♣	
Father's Day 9:30 Chair Yoga 10:00 Beverage Break 10:30 Father's Day Brain Buster Game! 12:30 Rest and Relax 1:00 Afternoon Exercise 1:30 Father's Day Floating Keychains 3:00 Evening Showtime in the Activity Room	9:30 Monday Movement 10:00 Beverage Break 10:30 Happy Hour: Coffee & Current Events 12:30 Rest and Relax 1:30 Afternoon Walking Group ★ 3:00 BINGO	9:30 Chair Boxing 10:00 Beverage Break 10:30 Manicures & Hand Massages 12:30 Rest and Relax 1:30 Arts & Crafts: Paper Quilt by Numbers 3:00 BINGO	9:30 Chair Drumming 10:00 Beverage Break 10:30 PERFORMANCE BY KENDALL OSBORNE IN THE ACTIVITY ROOM 1:00 Rest and Relax 2:00 FATHERS & FLOATS EVENT WITH ENTERTAINMENT BY THE TRADEWINDS DUO	Juneteenth 9:30 Seated Tai Chi 10:00 Beverage Break 10:30 Community Walking Group★ 12:30 Rest and Relax 1:30 Arts & Crafts: Paper Party Gnomes 3:00 BINGO	9:00 Chair Dancing 9:30 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Movie & Popcorn: "THE ENDLESS SUMMER" (1 HR. 32 MIN.) 3:00 Coloring & Puzzle Time A	9:30 Chair Yoga 10:00 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Peaches & Cream Snack in the Courtyard ★ 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room ♣	
	9:30 Monday Marching 10:00 Beverage Break 10:30 Armchair Travel: Cyprus 12:30 Rest and Relax 1:00 CUDDLE CLUB: Dog Visit from	9:30 Chair Yoga 10:00 Beverage Break 10:30 Cafe Craft: Tie-Dye Butterflies 12:30 Rest and Relax 1:30 PERFORMANCE BY GLEN SNYDER 3:00 BINGO	THE LODGE BLUE WEDNESDAY! 9:30 Chair Drumming 10:00 Beverage Break 10:30 Scenic Bus Trip★ 1:00 Rest and Relax 1:30 June Birthday Bash! 3:00 Bingo!	THROWBACK THURSDAY! 26 9:30 Seated Tai Chi 10:00 Beverage Break 10:30 Community Walking Group ★ 12:30 Rest and Relax 1:30 Community Sock Hop ★ 3:00 BINGO	9:00 Chair Dancing 9:30 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Movie & Popcorn: "FREE GUY" (2021) (1 HR. 55 MIN.) 3:00 Coloring & Puzzle Time A	9:30 Chair Yoga 10:00 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Table Top SkeeBall 2:00 Refreshments & Snacks * 3:00 Evening Showtime in the Activity Room *	
9:30 Chair Yoga 10:00 Beverage Break 10:30 Morning Sing-along 12:30 Rest and Relax 1:00 Afternoon Exercise 1:30 Last Sunday Social: Popsicles in the Courtyard 3:00 Evening Showtime in the Activity Room	9:30 Monday Movement 10:00 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Afternoon Walking		HAPPY BIRTHDAY! 6/3 - MARY B. 6/3 - MARK H. 6/16 - CHUCK M. 6/25 - JUNE A. 6/25 - KATHY T. 6/25 - EDWINA M. 6/26 - ROSALIE R. 6/28 - LUZIE B.	FATERS xoxoxox DAYI xoxoxoxox	All Events Are Subject to Change	Hello Summer	

♪ Entertainer

Movie Theatre