

June 2025

- Bus Trip

 Bingo

 Cognitive

 Meeting

 Religious

 Music/Entertainer

 Exercise Program

 Social/Party

 Cognitive

 Cognitive

 Self Care

 Pet Therapy

 Bus Trip

 Bus Trip

 Card/Table Game

 Movie/Show

 Self Care

 Self Care

 Pet Therapy

 Card/Table Game
 - ★ Outdoors (Weather Pending)★ Lighthouse Caf醆 Private Dining Room

by Blue Mountain Senior Living		Exercise Program Card/Table Game Movie Theatre				
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 Morning Fitness 10:00 Faith Bible Church Sermon (Virtual) 11:45 Catholic Communion Service 3:00 Nickel Bingo: TWO CARD SUNDAY 6:00 Sunday Night Screening	9:30 Morning Stretch & Movement 10:00 Monday Manicures and Hand Massages 1:30 Afternoon Walking Group 3:00 Nickel Bingo	9:30 Rosary Club in Private Dining 9:30 Sit to Stand Exercise 10:30 PERFORMANCE BY KENDALL OSBOURNE 1:30 Resident Bridge Club 3:00 Nickel Bingo: TWO CARD TUESDAY	9:30 Relax & Breathe Seated Yoga 10:00 Faith Bible Church Sermon Rerun (Virtual) 10:30 PERFORMANCE BY GREG RAHN 1:30 Fireplace Forum: Tell Your Story 3:00 Nickel Bingo (and Bucks)	9:30 Resistance Bands & Cardio 10:30 Afternoon Walking Group ★ 1:00 Free Hearing Aid Checks & Cleanings in the Lobby 1:00 Learn & Play: Texas Hold 'Em in the Library/Poker Room 1:30 Cafe Craft: Rock Painting ★ 3:00 Nickel Bingo: TWO CARD THURSDAY	9:30 Movement to Music Chair Exercise 10:30 Outing: SAFEWAY (GROUP A) 10:30 Resident Led Card/Table Game 1:30 Movie & Popcorn: "THE MIRACLE CLUB" (1 HR. 30 MIN.) 11:30 Outing: SAFEWAY (GROUP B) 11:30 DOUBLE DOWN Bingo	9:00 Morning Fitness 10:00 Dominoes, or Table Game of Choice 1:00 Saturday Showtime: "NONNAS" (1 HR. 52 MIN.) 3:15 Nickel Bingo
9:00 Morning Fitness 10:00 Faith Bible Church Sermon (Virtual) 11:45 Catholic Communion Service 3:00 Nickel Bingo: TWO CARD SUNDAY 6:00 Sunday Night Screening	9:30 Morning Stretch & Movement 10:00 Monday Manicures and Hand Massages 11:30 Veterans' Club Luncheon in Private Dining Room 1:00 CUDDLE CLUB: Dog Visit from Humane Society in Lobby 1:30 Afternoon Walking Group ★ 2:00 Resident Ambassadors Meeting 17 3:00 Nickel Bingo	9:30 Rosary Club in Private Dining 9:30 Seated Tai Chi Exercises 10:30 JULY ACTIVITY PLANNING MEETING 1:30 Resident Bridge Club 2:00 PERFORMANCE BY THE TRADEWINDS DUO 3:00 Nickel Bingo: TWO CARD TUESDAY	Yoga	9:30 Resistance Bands & Cardio 10:30 Afternoon Walking Group ★ 11:00 Jewelry by Marie Sale 並 1:00 Learn & Play: Texas Hold 'Em in the Library/Poker Room 1:30 Cafe Cooking: Pina Colada Dip 並 3:00 Nickel Bingo: TWO CARD THURSDAY	9:30 Movement to Music Chair Exercise 10:30 Outing: TARGET & LUNCH AT PANDA EXPRESS 10:30 Resident Led Card/Table Game 1:30 Movie & Popcorn: "Pangolin: Kulu's Journey" (1 HR. 29 MIN.) 133	9:00 Morning Fitness 10:00 Dominoes, or Table Game of Choice 1:00 Saturday Showtime: YANKEE DOODLE DANDY (2 HR. 5 MIN.)
Happy Father's Day! 15 9:00 Morning Fitness 10:00 Faith Bible Church Sermon (Virtual) 11:45 Catholic Communion Service 3:00 Nickel Bingo: TWO CARD SUNDAY 6:00 Sunday Night Screening	9:30 Morning Stretch & Movement 10:00 Monday Manicures and Hand Massages 12:00 Outing: LUNCH AT	9:30 Rosary Club in Private Dining 9:30 Sit to Stand Exercise 10:30 BINGO BUCKS STORE 1:30 Resident Bridge Club 2:00 Exercise Demonstration in the Lobby 3:00 Nickel Bingo: TWO CARD TUESDAY		Juneteenth 19 9:30 Resistance Bands & Cardio 10:30 Afternoon Walking Group ★ 1:00 Learn & Play: Texas Hold 'Em in the Library/Poker Room 3:00 CATHOLIC MASS (In Private Dining Room) 3:00 Nickel Bingo: TWO CARD THURSDAY	First Day of Summer! 20 9:30 Movement to Music Chair Exercise 10:30 Resident Led Card/Table Game 1:30 Movie & Popcorn: "THE ENDLESS SUMMER" (1 HR. 32 MIN.) 3:00 DOUBLE DOWN Bingo	9:00 Morning Fitness 10:00 Dominoes, or Table Game of Choice 1:00 Saturday Showtime: "SUMMER OF SOUL" (1 HR. 58 MIN.) 3:15 Nickel Bingo
9:00 Morning Fitness 10:00 Faith Bible Church Sermon (Virtual) 11:45 Catholic Communion Service 3:00 Nickel Bingo: TWO CARD SUNDAY 6:00 Sunday Night Screening	9:30 Morning Stretch & Movement 10:00 Monday Manicures and Hand Massages 1:00 BOB'S TRIVIA COMPETITION 1:00 CUDDLE CLUB: Dog Visit from	71E-DYE TUESDAY! 24 9:30 Rosary Club in Private Dining 9:30 Seated Tai Chi Exercises 10:30 Cafe Craft: Tie-Dye Butterflies 1:30 PERFORMANCE BY GLEN SNYDER 1:30 Resident Bridge Club 3:00 Nickel Bingo: TWO CARD TUESDAY		THROWBACK THURSDAY! 26 9:30 Resistance Bands & Cardio 10:30 Afternoon Walking Group ★ 1:00 Learn & Play: Texas Hold 'Em in the Library/Poker Room 1:30 Afternoon Sock Hop! 3:00 Nickel Bingo: TWO CARD THURSDAY 6:00 SUMMER FAMILY MOVIE NIGHT:	JEANS DAY! 9:30 Movement to Music Chair Exercise 10:30 Outing: DOLLAR TREE & LUNCH AT SAC'S HOT DOGS \(\text{LUNCH AT SAC'S HOT DOGS} \) 10:30 Resident Led Card/Table Game 1:30 Movie & Popcorn: "FREE GUY" (2021) (1 HR. 55 MIN.) \(\text{LUNCH AT SAC'S HOT DOGS} \) 3:00 DOUBLE DOWN Bingo	9:00 Morning Fitness 10:00 Dominoes, or Table Game of Choice 1:00 Saturday Showtime: RESIDENTS' CHOICE 3:15 Nickel Bingo
9:00 Morning Fitness 10:00 Faith Bible Church Sermon (Virtual) 11:45 Catholic Communion Service 3:00 Nickel Bingo: TWO CARD SUNDAY 6:00 Sunday Night Screening	9:30 DAY TRIP TO THE CASINO 9:30 Morning Stretch & Movement 1:30 Afternoon Walking	All Events Are Subject to Change	Happy Birthday to All Our Residents This Month! Nannette T 6/4 Doris T 6/5 Jim T 6/8 Craig H 6/15 Bel C 6/21 Jean C 6/25 Diann W 6/30	Father's "-Vay-	FLAG DAY JUNE 14	June