

May 2025

Exercise Program Brain Game
Social/Party Movie/Show
Music Crafting/Cooking
Physical Game Bingo
Outing Pet Therapy

Self-Care

★ Outdoors *Weather Pending*

□ Bus Trip

▲ Care-Staff-Led

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Mappy Mother's Day	HAPPY BIRTHDAY! 5/14 - BEATRIZ T. 5/22 - JOANN C. 5/30 - JOYCE D. 5/30 - MARY O. 5/31 - MARCIA S.	CINCO MAYO	All Events Are Subject to Change	9:30 Seated Tai Chi 10:00 Beverage Break 10:30 Cafe Craft: Paper Bag Piñatas 12:30 Rest and Relax 1:30 Afternoon Walking Group 1:30 Hearing Aid Checks & Cleaning in the Lobby 2:00 Afternoon Hot Cocoa & Coffee Social 3:00 BINGO	9:00 Chair Dancing 9:30 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Movie & Popcorn: "THREE AMIGOS!" (1 HR. 43 MIN.) 3:00 Evening Showtime in the Activity Room A	Kentucky Derby Day 9:30 Chair Yoga 10:00 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Kentucky Derby Hat Decorating 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room ♣
4	Cinco De Mayo 5	6	7	8	9	National Sock Day! Wear Your 10
9:30 Chair Yoga 10:00 Beverage Break 10:30 Morning Sing-along 12:30 Rest and Relax 1:00 Afternoon Exercise 1:30 Brain game: America's Favorite Cities 3:00 Evening Showtime in the Activity Room	9:30 Monday Movement 10:00 Beverage Break 10:30 Arts & Crafts: Maracas! 12:30 Rest and Relax 1:00 Visit From Our Furry Friend Skeeter 1:30 Cinco de Mayo Happy Hour ★ 3:00 BINGO	9:30 Chair Boxing 10:00 Beverage Break 10:30 PERFORMANCE BY KENDALL OSBOURNE 12:30 Rest and Relax 1:30 Manicures & Hand Massages 3:00 BINGO	9:30 Chair Drumming 10:00 Beverage Break 10:30 PERFORMANCE BY GREG RAHN 1:00 Rest and Relax 2:00 Early Mother's Day Tea for Two	9:30 Seated Tai Chi 10:00 Beverage Break 10:30 Cafe Cooking: Pasta Salad 12:30 Rest and Relax 1:30 Afternoon Walking Group ★ 2:00 Afternoon Hot Cocoa & Coffee Social 3:00 BINGO	9:00 Chair Dancing 9:30 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Movie & Popcorn: "Freaky Friday" (1 hr 38min) 3:00 Evening Showtime in the Activity Room A	Favorite Socks 9:30 Chair Yoga 10:00 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Arts & Crafts: Sock Puppets for National Sock Day 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room A
Happy Mother's Day! 9:30 Chair Yoga 10:00 Beverage Break 10:30 MOTHERS & MUFFINS 12:30 Rest and Relax 1:00 Afternoon Exercise 1:30 Categories!: Mother's Day Edition 3:00 Evening Showtime in the Activity Room	9:30 Monday Marching 10:00 Beverage Break 10:30 Pool Noodle Fishing 11:30 Veterans' Club Luncheon in Private Dining Room 12:30 Rest and Relax 1:00 CUDDLE CLUB: Dog Visit from Humane Society in Lobby 1:30 Afternoon Walking Group ★ 3:00 BINGO	9:30 Chair Yoga 10:00 Beverage Break 10:30 Manicures & Hand Massages 12:30 Rest and Relax 1:30 Taste Test: Roasted Garbanzo Beans for National Hummus Day 3:00 BINGO	9:30 Chair Drumming 10:00 Beverage Break 10:30 Bingo! 1:00 Rest and Relax 2:00 Scenic Bus Trip Group A 3:00 SCENIC BUS TRIP GROUP B	9:30 Seated Tai Chi 9:30 Seated Tai Chi 10:00 Beverage Break 10:30 Cafe Cooking: Chocolate Chip Cookie Ice Cream Sandwiches 12:30 Rest and Relax 1:30 Afternoon Walking Group 2:00 Afternoon Hot Cocoa & Coffee Social 3:00 BINGO	9:00 Chair Dancing 9:30 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Movie & Popcorn: "JACK THE GIANT SLAYER" (1 HR. 54 MIN.) 3 3:00 Evening Showtime in the Activity Room A	9:30 Chair Yoga 10:00 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Berry Day Social 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room ♣
9:30 Chair Yoga 10:00 Beverage Break 10:30 Morning Sing-along "Perry Como Day" 12:30 Rest and Relax 1:00 Afternoon Exercise 1:30 Arts & Crafts: Jewelry Making with Tina "Friendship Bracelets" 3:00 Evening Showtime in the Activity Room	9:30 Monday Movement 10:00 Beverage Break 10:30 Happy Hour: Coffee & Current Events 12:30 Rest and Relax 1:00 Visit From Our Furry Friend Skeeter 1:30 Afternoon Walking Group ★ 2:00 PERFORMANCE BY SYRIA 3:00 BINGO	9:30 Chair Boxing 10:00 Beverage Break 10:30 Manicures & Hand Massages 12:30 Rest and Relax 1:30 Arts & Crafts: Watercolor Roosters 3:00 BINGO	PASSPORT EVENT: MEXICO! 21 9:30 Chair Drumming 10:00 Beverage Break 10:30 PERFORMANCE BY KENDALL OSBOURNE IN THE ACTIVITY ROOM 11:30 Passport Luncheon: Mexico 1:00 Rest and Relax 1:30 Armchair Travel: Mexico 2:00 Passport Party: Fiesta in the Lobby	9:30 Seated Tai Chi 10:00 Beverage Break 10:30 Cafe Craft: Poppy Field Collage 12:30 Rest and Relax 1:30 Afternoon Walking Group 2:00 Afternoon Hot Cocoa & Coffee Social 3:00 BINGO	9:00 Chair Dancing 9:30 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Movie & Popcorn: "TOP GUN" (1 HR. 45 MIN.) 3:00 Evening Showtime in the Activity Room A	9:30 Chair Yoga 10:00 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Scavenger Hunt: Find The Hidden Objects 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room ♣
9:30 Chair Yoga 10:00 Beverage Break 10:30 Brain Buster Game! 12:30 Rest and Relax 1:00 Afternoon Exercise 1:30 Last Sunday Social: Pickle Day social 3:00 Evening Showtime in the Activity Room	9:30 Monday Marching 10:00 Beverage Break 10:30 Arts & Crafts: Weaving Yarn 12:30 Rest and Relax 1:00 CUDDLE CLUB: Dog Visit from Humane Society in Lobby 1:30 Afternoon Walking Group★ 2:00 Memorial Day Coloring And Puzzle Time 3:00 BINGO	9:30 Chair Yoga 10:00 Beverage Break 10:30 Manicures & Hand Massages 12:30 Rest and Relax 1:30 PERFORMANCE BY GLEN SNYDER 3:00 BINGO	9:30 Chair Drumming 10:00 Beverage Break 10:30 SCENIC BUS TRIP 1:00 Rest and Relax 1:30 May Birthday Bash! 1:30 PERFORMANCE BY THE SWEET G'S 3:00 Bingo!	9:30 Seated Tai Chi 10:00 Beverage Break 10:30 Cafe Craft: Tissue Paper Coasters 12:30 Rest and Relax 1:30 Afternoon Walking Group 2:00 Afternoon Hot Cocoa & Coffee Social 3:00 BINGO	9:00 Chair Dancing 9:30 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Movie & Popcorn: "THE BEACH BOYS DOCUMENTARY" (1 HR. 53 MIN.) 3 3:00 Evening Showtime in the Activity Room A	9:30 Chair Yoga 10:00 Beverage Break 10:30 BINGO 12:30 Rest and Relax 1:30 Table Top Ring Toss 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room♣