

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Happy Birthday! 3/2 - Virginia D. 3/7 - Gloria R. 3/8 - Delia R.		<p style="text-align: center;">All Events Are Subject to Change</p>			9:30 Chair Yoga 10:00 <i>Beverage Break</i> 10:30 BINGO 12:30 <i>Rest and Relax</i> 1:30 Celebrating National Play Outside Day: Courtyard Games ★ 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room▲
2 9:30 Chair Yoga 10:00 <i>Beverage Break</i> 10:30 Brain Buster Game! 12:30 <i>Rest and Relax</i> 1:00 Afternoon Exercise 1:30 Taste Test: Kathy's Scottish Shortbread 3:00 Evening Showtime in the Activity Room	3 9:30 Monday Marching 10:00 <i>Beverage Break</i> 10:30 Arts & Crafts: Mardi Gras Noisemakers 12:30 <i>Rest and Relax</i> 1:30 Afternoon Walking Group★ 3:00 BINGO	4 Mardi Gras 9:30 Chair Yoga 10:00 <i>Beverage Break</i> 10:30 PERFORMANCE BY KENDALL OSBOURNE ♪ 12:30 <i>Rest and Relax</i> 1:30 Manicures & a Movie🎬 3:00 BINGO	5 Ash Wednesday 9:30 Chair Drumming 10:00 <i>Beverage Break</i> 12:00 Performance by Greg Rahn 1:00 <i>Rest and Relax</i> 2:00 Scenic Bus Trip ★ 3:00 BINGO	6 9:30 Seated Tai Chi 10:00 <i>Beverage Break</i> 10:30 Cafe Cooking: Oreo Cookies and Cream Bark☕ 12:30 <i>Rest and Relax</i> 1:30 Afternoon Walking Group★ 1:30 Hearing Aid Checks & Cleaning <i>in the Lobby</i> 2:00 Axe Throwing Game in the Lobby 3:00 Watercolor Hour	7 9:00 Chair Dancing 9:30 <i>Beverage Break</i> 10:30 BINGO 12:30 <i>Rest and Relax</i> 1:30 Movie & Popcorn: "LA DOLCE VILLA" (1 HR. 39 MIN.)🎬 3:00 Evening Showtime in the Activity Room▲	8 9:30 Chair Yoga 10:00 <i>Beverage Break</i> 10:30 BINGO 12:30 <i>Rest and Relax</i> 1:30 Balloon Volleyball 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room▲
9 National Barbie Day 9:30 Chair Yoga 10:00 <i>Beverage Break</i> 10:30 Morning Sing-along 12:30 <i>Rest and Relax</i> 1:00 Afternoon Exercise 1:30 Celebrating Barbie's Birthday: A History of Barbie With Tina 3:00 Evening Showtime in the Activity Room	10 9:30 Monday Movement 10:00 <i>Beverage Break</i> 10:30 Armchair Travel: Scotland 11:30 Veterans' Club Luncheon in <i>Private Dining Room</i> 12:30 <i>Rest and Relax</i> 1:30 Afternoon Walking Group★ 3:00 Afternoon Showtime	11 9:30 Chair Boxing 10:00 <i>Beverage Break</i> 10:30 Manicures & Hand Massages 12:30 <i>Rest and Relax</i> 1:30 PERFORMANCE BY THE TOOT SUITE FLUTE QUARTET 3:00 BINGO	12 Passport Event: Ireland 9:30 Chair Drumming 10:00 <i>Beverage Break</i> 10:30 Armchair Travel: Ireland 11:30 Passport Luncheon: Ireland 1:00 <i>Rest and Relax</i> 2:00 Passport Event: The Emerald Isle	13 9:30 Seated Tai Chi 10:00 <i>Beverage Break</i> 10:30 Cafe Crochet with Colleen☕ 12:30 <i>Rest and Relax</i> 1:30 Afternoon Walking Group★ 2:00 Axe Throwing Game in <i>the Lobby</i> 3:00 Watercolor Hour	14 Pi Day! 9:00 Chair Dancing 9:30 <i>Beverage Break</i> 10:30 BINGO 12:30 <i>Rest and Relax</i> 1:30 Movie & Popcorn: "IRISH WISH" (1 HR. 33 MIN.)🎬 3:00 Evening Showtime in the Activity Room▲	15 9:30 Chair Yoga 10:00 <i>Beverage Break</i> 10:30 BINGO 12:00 Arts & Crafts: Shaving Cream Shamrocks 12:30 <i>Rest and Relax</i> 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room▲
16 9:30 Chair Yoga 10:00 <i>Beverage Break</i> 10:30 Irish Song Sing-Along 12:30 <i>Rest and Relax</i> 1:00 Afternoon Exercise 1:30 Arts & Crafts: Jewelry Making with Tina 3:00 Evening Showtime in the Activity Room	17 St. Patrick's Day: Wear Green! 9:30 Monday Marching 10:00 <i>Beverage Break</i> 10:30 Scavenger Hunt: St Patrick's Day Hunt 12:30 <i>Rest and Relax</i> 1:30 Afternoon Walking Group★ 2:00 St. Patrick's Day Party 3:00 BINGO	18 9:30 Chair Yoga 10:00 <i>Beverage Break</i> 10:30 Manicures & Hand Massages 1:00 <i>Rest and Relax</i> 2:30 PERFORMANCE BY TRADEWINDS DUO 3:00 BINGO	19 9:30 Chair Drumming 10:00 <i>Beverage Break</i> 10:30 Bingo! 1:00 <i>Rest and Relax</i> 2:00 Scenic Bus Trip Group A★ 3:00 Scenic Bus Trip Group B★	20 First Day of Spring! 9:30 Seated Tai Chi 10:00 <i>Beverage Break</i> 10:30 Cafe Craft: Spring Craft! ☕ 12:30 <i>Rest and Relax</i> 1:30 Afternoon Walking Group★ 3:00 Watercolor Hour	21 9:00 Chair Dancing 9:30 <i>Beverage Break</i> 10:30 BINGO 12:30 <i>Rest and Relax</i> 1:30 Movie & Popcorn: "THAT'S AMOR" (1 HR. 36 MIN.)🎬	22 9:30 Chair Yoga 10:00 <i>Beverage Break</i> 10:30 BINGO 12:30 <i>Rest and Relax</i> 1:30 Bowling Bash! 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room▲
23 9:30 Chair Yoga 10:30 Morning Sing-along 12:30 <i>Rest and Relax</i> 1:30 Arts & Crafts: Spring Gnome	24 9:30 Monday Movement 10:30 Arts & Crafts: Coffee Filter Baskets 1:30 Afternoon Walking Group★ 2:00 PERFORMANCE BY SYRIA♪ 3:00 BINGO	25 9:30 Chair Boxing 10:00 <i>Beverage Break</i> 10:30 Manicures & Hand Massages 12:30 <i>Rest and Relax</i> 1:30 PERFORMANCE BY GLEN SNYDER ♪ 3:00 BINGO	26 9:30 Chair Drumming 10:00 <i>Beverage Break</i> 10:30 Bingo! 1:00 <i>Rest and Relax</i> 2:00 Scenic Bus Trip Group A★ 3:00 Scenic Bus Trip Group B★	27 9:30 Seated Tai Chi 10:00 <i>Beverage Break</i> 10:30 Cafe Cooking: Cheesecake Stuffed Strawberries! † 12:30 <i>Rest and Relax</i> 1:30 Afternoon Walking Group★ 3:00 Watercolor Hour	28 9:00 Chair Dancing 9:30 <i>Beverage Break</i> 10:30 BINGO 12:30 <i>Rest and Relax</i> 1:30 Movie & Popcorn: "50 FIRST DATES" 1 HR. 34 MIN.🎬	29 9:30 Chair Yoga 10:00 <i>Beverage Break</i> 10:30 BINGO 12:30 <i>Rest and Relax</i> 1:30 Courtyard Games★ 2:00 Refreshments & Snacks★ 3:00 Evening Showtime in the Activity Room▲
30 9:30 Chair Yoga 10:30 Brain Buster Game! 1:00 Afternoon Exercise 1:30 Last Sunday Sundaes Ice-cream Social	31 9:30 Monday Marching 10:30 Reminisce Box: Spring! 1:30 Afternoon Walking Group★ 3:00 BINGO					