



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Morning Fitness 10:00 Resident-Led Table Game 10:30 CLASSICAL PIANO PERFORMANCE 11:45 Catholic Communion Service 1:00 Cranium Crunches in Café 3:00 Nickel Bingo: SINGLE CARD SUNDAY 6:00 Sunday Night Screening	2 Labor Day 9:30 Morning Stretch & Movement 10:00 Monday Manicures and Hand Massages 1:00 Cuddle Club: Pet Therapy Visit from HSNB 1:30 Advanced Card Game Group 1:30 Outdoor Walking Group★ 3:00 Nickel Bingo	3 9:30 Rosary Club in Private Dining 9:30 Seated Tai Chi Exercises 10:30 PERFORMANCE BY KENDALL OSBORNE 1:30 JEOPARDY! Trivia Game 3:00 Nickel Bingo	4 9:30 Relax & Breathe Seated Yoga 10:30 Crochet & Knitting Corner: Bring Your Projects to the Activity Room! 12:00 PICNIC LUNCH AT SPIRITHORSE RANCH 3:00 Nickel Bingo (and Bucks) 4:00 Nickel Poker Club	5 9:30 Resistance Bands, Boxing, & Cardio 10:00 Free Blood Pressure Checks 10:00 Nickel Poker Club 10:30 Outdoor Walking Group★ 1:00 Free Hearing Aid Checks & Cleanings in Café 1:30 Cooking: Coconut Almond Chex Mix 3:00 Nickel Bingo 4:10 Floor Mat Yoga Class 5:00 Thursday Night Football	6 9:30 Movement to Music Chair Exercise 10:15 Outing: Miniature Golf at Scandia 10:30 Rummikub Club 1:30 Movie & Popcorn: "Breakfast at Tiffany's" (1 hr. 50 min.) 3:00 DOUBLE DOWN Bingo 6:00 Evening Movie in Theatre	7 9:00 Morning Fitness 10:00 Mexican Train Dominoes, or Table Game of Choice 1:00 Saturday Showtime: RESIDENTS' CHOICE 3:15 Nickel Bingo 6:00 Evening Movie in Theatre
8 National Assisted Living Week Starts. Happy Grandparents Day! 9:00 Morning Fitness 10:00 Resident-Led Table Game 11:45 Catholic Communion Service 1:00 Grandparents Day Crafts in the Café 3:00 Nickel Bingo: SINGLE CARD SUNDAY 6:00 Sunday Night Screening	9 9:30 Morning Stretch & Movement 10:00 Monday Manicures and Hand Massages 10:30 PIANO PERFORMANCE BY GREG RAHN 1:30 Advanced Card Game Group 1:30 Outdoor Walking Group★ 3:00 Nickel Bingo	10 9:30 Rosary Club in Private Dining 9:30 Sit to Stand Exercise 10:30 BINGO BUCKS STORE 1:30 TED TALK: What makes a good life? Lessons from the longest study on happiness 2:00 Inspire the Next Generation: Share Your Advice 3:00 Nickel Bingo	11 Patriot Day 8:45 Flag Half Mast: Moment of Silence 9:30 Relax & Breathe Seated Yoga 10:30 Fill in the Blank 1:00 Four-Legged Friend Visit from Hoss, the Great Dane 1:30 WHAT IN THE WORLD? Trivia Game 3:00 Nickel Bingo (and Bucks) 4:00 Nickel Poker Club	12 9:30 Loop Band Fitness & Stretch 10:00 Nickel Poker Club 10:00 Outdoor Walking Group★ 10:30 Morning Bingo Game 1:30 Armchair Travel: ITALY 4:00 DESTINATION DINNER: ITALY 5:00 Thursday Night Football 5:30 Grapes & Grooves Community Event	13 9:30 Movement to Music Chair Exercise 10:15 Shopping Trip: SAFEWAY 10:30 Rummikub Club 1:00 COMMUNITY ARTS & TALENTS GALLERY 1:30 Movie & Popcorn: "On a Wing & a Prayer" (1 hr. 42 min.) 3:00 DOUBLE DOWN Bingo 6:00 Evening Movie in Theatre	14 9:00 Morning Fitness 10:00 Mexican Train Dominoes, or Table Game of Choice 1:00 Saturday Showtime: Elvis's "CLAMBAKE" (1 hour 39 min) 3:15 Nickel Bingo 6:00 Evening Movie in Theatre
15 9:00 Morning Fitness 10:00 Resident-Led Table Game 10:30 CLASSICAL PIANO PERFORMANCE 11:45 Catholic Communion Service 1:00 Cranium Crunches in Café 3:00 Nickel Bingo: SINGLE CARD SUNDAY 6:00 Sunday Night Screening	16 9:30 Morning Stretch & Movement 10:00 Monday Manicures and Hand Massages 1:00 Cuddle Club: Pet Therapy Visit from HSNB 1:30 Advanced Card Game Group 1:30 Outdoor Walking Group★ 3:00 Nickel Bingo	17 9:30 Rosary Club in Private Dining 9:30 Seated Tai Chi Exercises 10:30 Ping Pong Showdown! 11:30 Lunch Outing: SANDOVAL'S 1:30 Rummikub Club 3:00 Nickel Bingo	18 9:30 Relax & Breathe Seated Yoga 10:30 Rummikub Club 11:30 Mix & Mingle Networking Lunch (RSVP Required) 1:30 Happy Hour: WELCOMING NEW RESIDENTS 3:00 Nickel Bingo (and Bucks) 4:00 Nickel Poker Club	19 9:30 Resistance Bands, Boxing, & Cardio 10:00 Free Blood Pressure Checks 10:00 Nickel Poker Club 10:30 Outdoor Walking Group★ 1:30 Café Craft: Rock Painting 3:00 CATHOLIC MASS (In Private Dining Room) 3:00 Nickel Bingo 4:10 Floor Mat Yoga Class 5:00 Thursday Night Football	20 9:30 Movement to Music Chair Exercise 10:30 Rummikub Club 1:30 Movie & Popcorn: "Love is in the Air" (1 hr. 28 min.) 3:00 DOUBLE DOWN Bingo 6:00 Evening Movie in Theatre	21 9:00 Morning Fitness 10:00 Mexican Train Dominoes, or Table Game of Choice 1:00 Saturday Showtime: "BEING ROSE" (1 hour 24 min) 3:15 Nickel Bingo 6:00 Evening Movie in Theatre
22 First Day of Autumn 9:00 Morning Fitness 10:00 Resident-Led Table Game 11:45 Catholic Communion Service 1:00 Cranium Crunches in Café 3:00 Nickel Bingo: SINGLE CARD SUNDAY 6:00 Sunday Night Screening	23 9:30 Morning Stretch & Movement 10:00 Monday Manicures and Hand Massages 11:30 Veteran's Club Luncheon in Private Dining Room 1:00 BOB'S SPELLING BEE COMPETITION 1:30 Advanced Card Game Group 1:30 Outdoor Walking Group★ 2:00 PERFORMANCE BY SYRIA 2:00 Resident Ambassador Meeting 3:00 Nickel Bingo 5:30 FAMILY NIGHT: UNDERSTANDING DEMENTIA	24 9:00 DAY TRIP TO APPLE HILL 9:30 Rosary Club in Private Dining 9:30 Sit to Stand Exercise 10:30 Brain Games 1:30 PERFORMANCE BY GLEN SNYDER 3:00 Nickel Bingo	25 9:30 Relax & Breathe Seated Yoga 10:00 CHEF'S CHAT 10:30 RESIDENT COUNCIL 1:30 Happy Hour: SEPTEMBER BIRTHDAY BASH 3:00 Nickel Bingo (and Bucks) 4:00 Nickel Poker Club 5:30 DOLLAR BINGO NIGHT	26 9:30 Loop Band Fitness & Stretch 10:00 Nickel Poker Club 10:30 Outdoor Walking Group★ 1:30 Café Craft: Pumpkin Painting 3:00 Nickel Bingo 4:10 Floor Mat Yoga Class 5:00 Thursday Night Football	27 9:30 Movement to Music Chair Exercise 10:30 Rummikub Club 1:30 Movie & Popcorn: "Rescued by Ruby" (1 hr. 33 min.) 3:00 DOUBLE DOWN Bingo 6:00 Evening Movie in Theatre	28 9:00 Morning Fitness 10:00 Mexican Train Dominoes, or Table Game of Choice 1:00 Saturday Showtime: "THE SIMONE BILES STORY: COURAGE TO SOAR" (1 hour 26 min) 3:15 Nickel Bingo 6:00 Evening Movie in Theatre
29 9:00 Morning Fitness 10:00 Resident-Led Table Game 10:30 CLASSICAL PIANO PERFORMANCE 11:45 Catholic Communion Service 1:00 Cranium Crunches in Café 3:00 Nickel Bingo: SINGLE CARD SUNDAY 6:00 Sunday Night Screening	30 9:30 Morning Stretch & Movement 10:00 Monday Manicures and Hand Massages 1:30 Advanced Card Game Group 1:30 Outdoor Walking Group★ 3:00 Nickel Bingo			Happy Birthday to the Following Residents <ul style="list-style-type: none"> Neil - September 2nd Carolyn - September 3rd Laura - September 13th Karen - September 11th Dee - September 18th Janet - September 21st Mary - September 22nd Pauline - September 29th Alan E. - September 29th 	 <p>Inspiring GENERATIONS NATIONAL ASSISTED LIVING WEEK® - SEP 8-14, 2024</p>	<p>All Events Are Subject to Change</p> 