





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div><div>Hello March</div></div>	<div>All Events Are Subject to Change</div>	<div></div>	<div>Happy Birthday to the Following Residents<ul style="list-style-type: none"><li>James F. - 3/1</li><li>David D. - 3/3</li><li>Dony - 3/3</li><li>Viola - 3/24</li><li>Bill C. - 3/24</li><li>Carol C. - 3/26</li><li>Foster - 3/26</li></ul></div>	<div></div>	<div>1<div>9:30 Chair Dancing Exercise</div><div>10:15 Shopping Trip: TRADER JOE'S 🚗</div><div>1:00 Scenic Drive: SUISUN VALLEY 🚗</div><div>1:30 Movie &amp; Popcorn: Lion King (Live Action) (1 hr. 58 min.) 🎬</div><div>3:00 DOUBLE DOWN Bingo</div></div>	<div>2<div>9:00 Morning Fitness</div><div>10:00 Mexican Train Dominoes, or Table Game of Choice</div><div>1:00 Saturday Showtime: RESIDENTS' CHOICE 🎬</div><div>3:15 Nickel Bingo</div></div>
<div>3<div>9:00 Morning Fitness</div><div>10:00 Resident Led Table Game</div><div>10:30 CLASSICAL PIANO PERFORMANCE</div><div>11:45 Catholic Communion Service 🕊️</div><div>1:00 Cranium Crunches in Cafe</div><div>3:00 Nickel Bingo</div><div>6:00 Sunday Night Screening 🎬</div></div>	<div>4<div>9:30 Morning Stretch &amp; Movement</div><div>10:00 Monday Manicures and Hand Massages</div><div>1:00 Cuddle Club: Pet Therapy Visit from HSNB</div><div>1:30 Advanced Card Game Group 🎮</div><div>1:30 Afternoon Walking Group ★</div><div>3:00 Nickel Bingo</div></div>	<div>5<div>9:30 Rosary Club in Private Dining</div><div>9:30 Seated Tai Chi Exercises</div><div>10:30 PERFORMANCE BY KENDALL OSBORNE</div><div>1:30 Ping Pong</div><div>3:00 Nickel Bingo</div></div>	<div>6<div>9:30 Relax &amp; Breathe Seated Yoga</div><div>10:30 Crochet &amp; Knitting Corner: Bring Your Projects to the Activity Room!</div><div>1:30 Happy Hour: WELCOMING NEW RESIDENTS ☕</div><div>3:00 Nickel Bingo (and Bucks)</div><div>4:00 NICKEL POKER CLUB 🎮</div></div>	<div>7<div>9:30 Resistance Bands, Boxing, and Cardio Exercise</div><div>10:30 Cafe Cooking: Fruit Salad with Citrus Glaze ☕</div><div>1:30 Nickel Bingo</div><div>3:00 Afternoon Walking Group ★</div><div>3:30 Cafe Social ☕</div><div>3:30 Resident Led Nickel Poker Club 🎮</div></div>	<div>8<div>9:30 Chair Dancing Exercise</div><div>10:30 Outing: BALLY KEAL CAR MUSEUM &amp; LUNCH AT KITCHEN TWO60 🚗</div><div>1:30 Movie &amp; Popcorn: "The First Wives Club" (1 hr. 45 min.) 🎬</div><div>3:00 DOUBLE DOWN Bingo</div></div>	<div>9<div>9:00 Morning Fitness</div><div>10:00 Mexican Train Dominoes, or Table Game of Choice</div><div>1:00 Saturday Showtime: "MR. HOLMES" (1 h 44 min) 🎬</div><div>3:15 Nickel Bingo</div></div>
<div>10<div>Beginning of Daylight Saving: Turn Your Clocks Ahead One Hour</div><div>9:00 Morning Fitness</div><div>10:00 Resident Led Table Game</div><div>11:45 Catholic Communion Service 🕊️</div><div>1:00 Cranium Crunches in Cafe</div><div>3:00 Nickel Bingo</div><div>6:00 Sunday Night Screening 🎬</div></div>	<div>11<div>9:30 Morning Stretch &amp; Movement</div><div>10:00 Monday Manicures and Hand Massages</div><div>11:30 Veterans' Club Luncheon in Private Dining Room</div><div>1:30 Advanced Card Game Group 🎮</div><div>1:30 Afternoon Walking Group ★</div><div>3:00 Nickel Bingo</div></div>	<div>12<div>9:30 Rosary Club in Private Dining</div><div>9:30 Sit to Stand Exercise</div><div>11:30 Passport Luncheon IRELAND</div><div>2:00 LUCK OF THE IRISH CELEBRATION AND PERFORMANCE BY CHAMPION BAGPIPER</div><div>3:00 Nickel Bingo</div></div>	<div>13<div>9:30 Relax &amp; Breathe Seated Yoga</div><div>10:30 ACTIVITY PLANNING MEETING FOR APRIL</div><div>1:30 Happy Hour: GIRL SCOUT COOKIE BAR ☕</div><div>3:00 Nickel Bingo (and Bucks)</div><div>4:00 NICKEL POKER CLUB 🎮</div></div>	<div>14<div>9:30 Resistance Bands, Boxing, and Cardio Exercise</div><div>10:30 Cafe Craft: Spring Felt Flower Pots ☕</div><div>1:30 Nickel Bingo</div><div>3:00 PERFORMANCE BY THE SWEET G'S ★</div></div>	<div>15<div>9:30 Chair Dancing Exercise</div><div>10:00 Table Game Stations: Scrabble, LCR, &amp; Card Games</div><div>11:30 ST. PATRICK'S DAY LUNCH AT PLEASANT HILL SENIOR CENTER (ticket must be purchased in advance: see front desk) 🚗</div><div>1:30 Movie &amp; Popcorn: "The Luck of the Irish" (1 hr. 26 min.) 🎬</div><div>3:00 DOUBLE DOWN Bingo</div></div>	<div>16<div>9:00 Morning Fitness</div><div>10:00 Mexican Train Dominoes, or Table Game of Choice</div><div>1:00 Saturday Showtime: "SILVER WOLF" (1 hour 37 minutes) 🎬</div><div>3:15 Nickel Bingo</div></div>
<div>17<div>Happy St. Patrick's Day! Wear Green</div><div>9:00 Morning Fitness</div><div>10:00 Resident Led Table Game</div><div>10:30 CLASSICAL PIANO PERFORMANCE</div><div>11:45 Catholic Communion Service 🕊️</div><div>1:00 Cranium Crunches in Cafe</div><div>3:00 Nickel Bingo</div><div>6:00 Sunday Night Screening 🎬</div></div>	<div>18<div>9:30 Morning Stretch &amp; Movement</div><div>10:00 Monday Manicures and Hand Massages</div><div>1:00 Cuddle Club: Pet Therapy Visit from HSNB</div><div>1:30 Advanced Card Game Group 🎮</div><div>1:30 Afternoon Walking Group ★</div><div>3:00 Nickel Bingo</div></div>	<div>19<div>First Day of Spring: Wear Something Floral!</div><div>9:30 Rosary Club in Private Dining</div><div>9:30 Seated Tai Chi Exercises</div><div>10:30 JEOPARDY! Trivia Game</div><div>1:30 PERFORMANCE BY GLEN SNYDER</div><div>3:00 Nickel Bingo</div><div>5:00 Evening Dinner Outing: MANNY'S STEAKHOUSE 🚗</div></div>	<div>20<div>International Day of Happiness</div><div>9:30 Relax &amp; Breathe Seated Yoga</div><div>10:30 Morning Nickel Bingo</div><div>2:00 SPRING SIP &amp; PAINT PARTY</div><div>4:00 NICKEL POKER CLUB 🎮</div></div>	<div>21<div>9:30 Resistance Bands, Boxing, and Cardio Exercise</div><div>10:30 Cafe Craft: Decorative Spring Mason Jars ☕</div><div>1:30 Nickel Bingo</div><div>3:00 Afternoon Walking Group ★</div><div>3:00 CATHOLIC MASS (In Private Dining Room)</div><div>3:30 Courtyard Social ★</div><div>3:30 Resident Led Nickel Poker Club 🎮</div></div>	<div>22<div>9:30 Chair Dancing Exercise</div><div>10:30 Shopping Trip: RALEY'S BENICIA (Group A) 🚗</div><div>1:15 Shopping Trip: RALEY'S BENICIA (Group B) 🚗</div><div>1:30 Movie &amp; Popcorn: "Gotta Dance" (1 hr. 33 min.) 🎬</div><div>3:00 DOUBLE DOWN Bingo</div></div>	<div>23<div>9:00 Morning Fitness</div><div>10:00 Mexican Train Dominoes, or Table Game of Choice</div><div>12:30 COMMUNITY EASTER HOP &amp; STOP EVENT ★</div><div>3:15 Nickel Bingo</div></div>
<div>24<div>9:00 Morning Fitness</div><div>10:00 Resident Led Table Game</div><div>11:45 Catholic Communion Service 🕊️</div><div>1:00 Cranium Crunches in Cafe</div><div>3:00 Nickel Bingo</div></div>	<div>25<div>9:30 Morning Stretch &amp; Movement</div><div>10:00 Monday Manicures and Hand Massages</div><div>1:00 BOB'S SPELLING BEE COMPETITION</div><div>1:30 Advanced Card Game Group 🎮</div><div>1:30 Afternoon Walking Group ★</div><div>2:00 PERFORMANCE BY SYRIA</div><div>3:00 Nickel Bingo</div></div>	<div>26<div>9:30 DAY TRIP TO CASINO 🚗</div><div>9:30 Rosary Club in Private Dining</div><div>9:30 Sit to Stand Exercise</div><div>10:30 Clay Crafting with Rob</div><div>1:30 Fill In the Blank</div><div>3:00 Nickel Bingo</div></div>	<div>27<div>9:30 Relax &amp; Breathe Seated Yoga</div><div>10:00 CHEF'S CHAT</div><div>10:30 RESIDENT COUNCIL MEETING</div><div>1:30 Happy Hour: MARCH BIRTHDAY BASH ☕</div><div>3:00 Nickel Bingo (and Bucks)</div><div>4:00 NICKEL POKER CLUB 🎮</div></div>	<div>28<div>9:30 Resistance Bands, Boxing, and Cardio Exercise</div><div>10:30 Cafe Craft: Rock Painting ☕</div><div>1:30 Nickel Bingo</div><div>3:00 Afternoon Walking Group ★</div><div>3:30 Cafe Social ☕</div><div>3:30 Resident Led Nickel Poker Club 🎮</div></div>	<div>29<div>9:30 Chair Dancing Exercise</div><div>10:30 Day Trip to Dixon: Visit the Dixon Museum &amp; Lunch at Buds Grill 🚗</div><div>1:30 Movie &amp; Popcorn: "Field of Dreams" (1 hr. 47 min.) 🎬</div><div>3:00 DOUBLE DOWN Bingo</div></div>	<div>30<div>9:00 Morning Fitness</div><div>10:00 Mexican Train Dominoes, or Table Game of Choice</div><div>1:00 Saturday Showtime: "MISSION: IMPOSSIBLE" (1 hour 50 minutes) 🎬</div><div>3:15 Nickel Bingo</div></div>
<div>31<div>Happy Easter!</div><div>9:00 Morning Fitness</div><div>10:30 CLASSICAL PIANO PERFORMANCE</div><div>11:45 Catholic Communion Service 🕊️</div><div>1:00 Cranium Crunches in Cafe</div><div>3:00 Nickel Bingo</div></div>						