





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div>	<div></div>	<div></div>	<div><div>Happy Birthday:</div><ul style="list-style-type: none">• Cecilia T. - 2/1• Lettie S. - 2/13• Tina A. (staff) - 2/18</div>	<div><div>Free Hearing Aid Cleaning 1PM - 1 2PM</div><div>9:30 Seated Tai Chi</div><div>10:00 Beverage Break</div><div>10:30 Cafe Craft: No-Sew Potpourri Pillows ☕</div><div>12:30 Rest and Relax</div><div>1:30 BINGO</div><div>3:00 Afternoon Walking Group★</div></div>	<div><div>National Wear Red Day! 2</div><div>9:30 Chair Dancing</div><div>10:00 Beverage Break</div><div>10:30 BINGO</div><div>12:30 Rest and Relax</div><div>1:30 Movie & Popcorn: “Julie & Julia” (2 hr. & 3 min.)🎬</div><div>3:30 Brain Buster Game!</div></div>	<div><div>3</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 BINGO</div><div>12:30 Rest and Relax</div><div>1:30 Songs of the Heart Saturday Karaoke</div><div>2:00 Refreshments & Snacks</div><div>2:30 Afternoon Exercise</div><div>3:30 Evening Showtime in the Activity Room🎬</div></div>
<div><div>4</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 Baking Goodies with Tina 🍴</div><div>12:30 Rest and Relax</div><div>1:00 Afternoon Exercise</div><div>1:30 Brain Buster Game!</div></div>	<div><div>5</div><div>9:30 Monday Movement</div><div>10:00 Beverage Break</div><div>10:30 Bowling Bash!</div><div>12:30 Rest and Relax</div><div>1:15 CUDDLE CLUB: Dog Visit from Humane Society in Lobby</div><div>2:00 Cooking Class: Stuffed Pepper Snack</div><div>3:00 BINGO</div></div>	<div><div>6</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 PERFORMANCE BY KENDALL OSBORNE 🎵</div><div>12:30 Rest and Relax</div><div>1:30 Celebrating Black History Month: Watching The Gabby Douglas Story 🎬</div><div>3:00 BINGO</div></div>	<div><div>7</div><div>9:30 Chair Drumming</div><div>10:00 Beverage Break</div><div>10:30 SCENIC BUS TRIP GROUP A🚌</div><div>12:30 Rest and Relax</div><div>1:30 Balloon Volleyball</div><div>2:00 SCENIC BUS TRIP GROUP B🚌</div><div>3:00 BINGO</div></div>	<div><div>8</div><div>9:30 Seated Tai Chi</div><div>10:00 Beverage Break</div><div>10:30 Cafe Cooking: King Cake Cracker Candy ☕</div><div>12:30 Rest and Relax</div><div>1:30 BINGO</div><div>3:00 Afternoon Walking Group★</div></div>	<div><div>9</div><div>9:30 Chair Dancing</div><div>10:00 Beverage Break</div><div>10:30 BINGO</div><div>12:30 Rest and Relax</div><div>1:30 Movie & Popcorn: “The Princess Bride” (1 hr. 38 min.)🎬</div><div>3:30 Brain Buster Game!</div></div>	<div><div>10</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 BINGO</div><div>12:30 Rest and Relax</div><div>1:30 Arts & Crafts: Dragon Puppets</div><div>2:00 Refreshments & Snacks</div><div>2:30 Afternoon Exercise</div><div>3:30 Evening Showtime in the Activity Room🎬</div></div>
<div><div>11</div><div>Super Bowl Sunday! Wear Your Favorite Football Team!</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 Arts & Crafts: Thank You Cards</div><div>12:30 Rest and Relax</div><div>1:00 Afternoon Exercise</div><div>1:30 Brain Buster Game!</div><div>3:30 Super Bowl Celebration!</div></div>	<div><div>12</div><div>Wear Red for Celebrating Lunar New Year!</div><div>9:30 Monday Movement</div><div>10:00 Beverage Break</div><div>10:30 Arts & Crafts: Paper Plate Dragon</div><div>12:30 Rest and Relax</div><div>1:30 Lunar New Year Celebration!</div><div>3:00 BINGO</div></div>	<div><div>13</div><div>Mardi Gras! Wear Gold, Purple, Or Green!</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 Arts & Crafts: Mardi Gras Masks</div><div>12:30 Rest and Relax</div><div>2:00 PERFORMANCE BY CARL T! ☕</div><div>3:00 BINGO</div></div>	<div><div>14</div><div>Ash Wednesday & Happy Valentine’s Day!: Wear Valentine’s Color</div><div>9:30 Chair Drumming</div><div>10:00 Beverage Break</div><div>10:30 SCENIC BUS TRIP 🚌</div><div>11:30 Passport Luncheon: ROMANCE IN PARIS</div><div>2:00 Valentine’s Day Ball! ☕</div></div>	<div><div>15</div><div>9:30 Seated Tai Chi</div><div>10:00 Beverage Break</div><div>10:30 Cafe Game: Hungry, Hungry Hippos! ☕</div><div>12:30 Rest and Relax</div><div>1:30 BINGO</div><div>3:00 Afternoon Walking Group★</div></div>	<div><div>16</div><div>National Caregivers Day!</div><div>9:30 Chair Dancing</div><div>10:00 Beverage Break</div><div>10:30 BINGO</div><div>12:30 Rest and Relax</div><div>1:30 Movie & Popcorn: “Valentine’s Day” (2 hr. 4 min.)🎬</div><div>3:30 Brain Buster Game!</div></div>	<div><div>17</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 BINGO</div><div>12:30 Rest and Relax</div><div>1:30 Toss ’n Talk</div><div>2:00 Refreshments & Snacks</div><div>2:30 Afternoon Exercise</div><div>3:30 Evening Showtime in the Activity Room🎬</div></div>
<div><div>18</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 CLASSICAL PIANO PERFORMANCE IN THE LOBBY</div><div>12:30 Rest and Relax</div><div>1:00 Afternoon Exercise</div><div>1:30 Brain Buster Game!</div></div>	<div><div>19</div><div>Presidents Day: Wear Red, White & Blue</div><div>9:30 Monday Movement</div><div>10:00 Beverage Break</div><div>10:30 Fill in the Blank: Presidents Day Special</div><div>12:30 Rest and Relax</div><div>1:15 CUDDLE CLUB: Dog Visit from Humane Society in Lobby</div><div>3:00 BINGO</div></div>	<div><div>20</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 Cooking Class: Blended Oatmeal</div><div>12:30 Rest and Relax</div><div>1:30 PERFORMANCE BY GLEN SNYDER 🎵</div><div>3:00 BINGO</div></div>	<div><div>21</div><div>9:30 Chair Drumming</div><div>10:00 Beverage Break</div><div>10:00 Virtual Reality Travel with Anchor Health</div><div>12:30 Rest and Relax</div><div>1:30 Balloon Volleyball</div><div>2:00 SCENIC BUS TRIP 🚌</div><div>3:00 BINGO</div></div>	<div><div>22</div><div>National Chili Day</div><div>9:30 Seated Tai Chi</div><div>10:00 Beverage Break</div><div>11:30 4TH ANNUAL COMMUNITY CHILI COOK OFF ☕</div><div>12:30 Rest and Relax</div><div>1:30 BINGO</div><div>3:00 Afternoon Walking Group★</div></div>	<div><div>23</div><div>9:30 Chair Dancing</div><div>10:00 Beverage Break</div><div>10:30 BINGO</div><div>12:30 Rest and Relax</div><div>1:30 Movie & Popcorn: “Dog Gone” (1 hr. 35 min.)🎬</div><div>3:30 Brain Buster Game!</div></div>	<div><div>24</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 BINGO</div><div>12:30 Rest and Relax</div><div>1:30 Arts & Crafts: Jewelry Making with Tina</div><div>2:00 Refreshments & Snacks</div><div>2:30 Afternoon Exercise</div><div>3:30 Evening Showtime in the Activity Room🎬</div></div>
<div><div>25</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 Sunday Morning Bingo</div><div>12:30 Rest and Relax</div><div>1:00 Afternoon Exercise</div><div>1:30 Brain Buster Game!</div></div>	<div><div>26</div><div>Jeans Day: \$5 Fundraiser!</div><div>9:30 Monday Movement</div><div>10:00 Beverage Break</div><div>10:30 Arts & Crafts: Friendship Banner for the Activities Room</div><div>12:30 Rest and Relax</div><div>2:00 PERFORMANCE BY SYRIA 🎵</div><div>3:00 BINGO</div></div>	<div><div>27</div><div>9:30 Chair Yoga</div><div>10:00 Beverage Break</div><div>10:30 Happy Hour: Coffee & Current Events</div><div>12:30 Rest and Relax</div><div>1:30 Ball Sweep!</div><div>3:00 BINGO</div></div>	<div><div>28</div><div>9:30 Chair Drumming</div><div>10:00 Beverage Break</div><div>10:30 SCENIC BUS TRIP GROUP A🚌</div><div>12:30 Rest and Relax</div><div>1:30 Balloon Volleyball</div><div>2:00 SCENIC BUS TRIP GROUP B🚌</div><div>3:00 BINGO</div></div>	<div><div>29</div><div>9:30 Seated Tai Chi</div><div>10:00 Beverage Break</div><div>10:30 Cafe Craft: Leap Day Lily Pad ☕</div><div>12:30 Rest and Relax</div><div>1:30 BINGO</div><div>3:00 Afternoon Walking Group★</div></div>	<div></div>	<div><div>All Events Are Subject to Change</div></div>