




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <div>4</div>	 <div>5</div>	 <div>6</div>	<div>All Events Are Subject to Change</div> <div>7</div>	<div>Free Hearing Aid Cleaning 1:00-2:00pm</div> <div>9:30 Resistance Bands, Boxing, and Cardio Exercise</div> <div>10:30 Cafe Craft: No-Sew Potpourri Pillows ☕</div> <div>1:30 Nickel Bingo</div> <div>3:00 Afternoon Walking Group ★</div> <div>3:30 Cafe' Social ☕</div> <div>3:30 Resident Led Nickel Poker Club 🎮</div> <div>1</div>	<div>2</div> <div>9:30 Chair Dancing Exercise</div> <div>10:30 Resident Led Table Game Stations: Scrabble, LCR, & Card Games</div> <div>1:30 Movie & Popcorn: "Julie & Julia" (2 hr. & 3 min.) 🎬</div> <div>3:00 DOUBLE DOWN Bingo</div>	<div>3</div> <div>9:00 Morning Fitness</div> <div>10:00 Mexican Train Dominoes, or Table Game of Choice</div> <div>1:00 Saturday Showtime: RESIDENTS' CHOICE 🎬</div> <div>3:15 Nickel Bingo</div>
<div>9:00 Morning Fitness</div> <div>10:00 Resident Led Table Game</div> <div>10:30 Baking Goodies with Tina</div> <div>11:45 Catholic Communion Service 📖</div> <div>1:00 Cranium Crunches in Cafe'</div> <div>3:00 Nickel Bingo</div> <div>6:00 Sunday Night Screening 🎬</div> <div>11</div>	<div>9:30 Morning Stretch & Movement</div> <div>10:30 Indoor Bowling</div> <div>1:00 Cuddle Club: Pet Therapy Visit from HSNB</div> <div>1:30 Advanced Card Game Group 🎮</div> <div>1:30 Afternoon Walking Group ★</div> <div>3:00 Nickel Bingo</div> <div>12</div>	<div>9:30 Rosary Club in Private Dining</div> <div>9:30 Seated Tai Chi Exercises</div> <div>10:30 PERFORMANCE BY KENDALL OSBORNE</div> <div>1:30 Celebrating Black History Month: THE SOUL OF SLAVE MUSIC PRESENTATION WITH DR. LAWRENCE 🎬</div> <div>3:00 Nickel Bingo</div> <div>13</div>	<div>9:30 Relax & Breathe Seated Yoga</div> <div>10:30 Knitting/Crochet Club: Bring Your Projects to the Library 📖</div> <div>1:30 Happy Hour: WELCOMING NEW RESIDENTS ☕</div> <div>3:00 Nickel Bingo (and Bucks)</div> <div>4:00 NICKEL POKER CLUB 🎮</div> <div>14</div>	<div>9:30 Resistance Bands, Boxing, and Cardio Exercise</div> <div>10:30 Cooking: King Cake Cracker Candy 🍰</div> <div>1:30 Nickel Bingo</div> <div>3:00 Afternoon Walking Group ★</div> <div>3:30 Cafe' Social ☕</div> <div>3:30 Resident Led Nickel Poker Club 🎮</div> <div>15</div>	<div>9:30 Chair Dancing Exercise</div> <div>10:15 SCENIC DRIVE OF MARE ISLAND (Second Group) 🚗</div> <div>12:00 Lunch Bunch Outing: RED LOBSTER 🍤</div> <div>1:30 Movie & Popcorn: "The Princess Bride" (1 hr. 38 min.) 🎬</div> <div>3:00 DOUBLE DOWN Bingo</div> <div>16</div>	<div>9:00 Morning Fitness</div> <div>10:00 Mexican Train Dominoes, or Table Game of Choice</div> <div>1:00 Saturday Showtime: "JOY LUCK CLUB" (2 hr 19 min.) 🎬</div> <div>3:15 Nickel Bingo</div> <div>17</div>
<div>Super Bowl Sunday! Wear Your Favorite Football Team!</div> <div>9:00 Morning Fitness</div> <div>10:00 Resident Led Table Game</div> <div>11:45 Catholic Communion Service 📖</div> <div>1:00 Cranium Crunches in the Cafe' ☕</div> <div>3:30 Super Bowl LVIII Party ☕</div> <div>11</div>	<div>9:30 Morning Stretch & Movement</div> <div>11:00 JEWELRY BY MARIE SALE ☕</div> <div>11:30 Veterans' Club Luncheon in Private Dining Room</div> <div>1:30 Advanced Card Game Group 🎮</div> <div>1:30 Lunar New Year Social in Activity Room</div> <div>3:00 Nickel Bingo</div> <div>12</div>	<div>Mardi Gras! Wear Gold, Purple, Or Green!</div> <div>9:30 Rosary Club in Private Dining</div> <div>9:30 Sit to Stand Exercise</div> <div>10:30 Who's Got the Baby? Mardis Gras Card Game</div> <div>2:00 PERFORMANCE BY CARL T.</div> <div>3:00 Nickel Bingo</div> <div>13</div>	<div>Happy Valentine's Day!: Wear Valentine's Color</div> <div>9:30 Relax & Breathe Seated Yoga</div> <div>10:30 Morning Bingo Game</div> <div>11:30 Passport Luncheon: ROMANCE IN PARIS 🗺</div> <div>2:00 VALENTINE'S BALL & PERFORMANCE BY HILLARY HARRIS</div> <div>14</div>	<div>9:30 Resistance Bands, Boxing, and Cardio Exercise</div> <div>10:30 Cafe Game: Hungry, Hungry Hippos! ☕</div> <div>1:30 Nickel Bingo</div> <div>3:00 Afternoon Walking Group ★</div> <div>3:00 CATHOLIC MASS (In Private Dining Room)</div> <div>3:30 Cafe' Social ☕</div> <div>3:30 Resident Led Nickel Poker Club 🎮</div> <div>15</div>	<div>9:30 Chair Dancing Exercise</div> <div>10:15 Breakfast Outing: THE COPPER SKILLET (MARTINEZ) 🚗</div> <div>1:00 Shopping Outing: RALEY'S BENICIA 🚗</div> <div>1:30 Movie & Popcorn: "Valentine's Day" (2 hr. 4 min.) 🎬</div> <div>3:00 DOUBLE DOWN Bingo</div> <div>16</div>	<div>9:00 Morning Fitness</div> <div>10:00 Mexican Train Dominoes, or Table Game of Choice</div> <div>1:00 Saturday Showtime: "YESTERDAY" (1 hr 56 min.) 🎬</div> <div>3:15 Nickel Bingo</div> <div>17</div>
<div>9:00 Morning Fitness</div> <div>10:00 Resident Led Table Game</div> <div>10:30 CLASSICAL PIANO PERFORMANCE</div> <div>11:45 Catholic Communion Service 📖</div> <div>1:00 Cranium Crunches in Cafe'</div> <div>3:00 Nickel Bingo</div> <div>6:00 Sunday Night Screening 🎬</div> <div>18</div>	<div>Presidents Day</div> <div>9:30 Morning Stretch & Movement</div> <div>10:30 Fill In the Blank: President's Day Edition</div> <div>1:00 Cuddle Club: Pet Therapy Visit from HSNB</div> <div>1:30 Advanced Card Game Group 🎮</div> <div>1:30 Afternoon Walking Group ★</div> <div>3:00 Nickel Bingo</div> <div>19</div>	<div>9:30 Rosary Club in Private Dining</div> <div>9:30 Seated Tai Chi Exercises</div> <div>10:30 Clay Crafting with Rob</div> <div>1:30 PERFORMANCE BY GLEN SNYDER</div> <div>3:00 Nickel Bingo</div> <div>20</div>	<div>9:30 Relax & Breathe Seated Yoga</div> <div>10:00 Ping Pong</div> <div>11:00 Virtual Reality Travel with Anchor Health 🎮</div> <div>1:30 Happy Hour: SHARE YOUR HISTORY SOCIAL</div> <div>3:00 Nickel Bingo (and Bucks)</div> <div>4:00 NICKEL POKER CLUB 🎮</div> <div>21</div>	<div>National Chili Day!</div> <div>9:30 Resistance Bands, Boxing, and Cardio Exercise</div> <div>11:30 4TH ANNUAL COMMUNITY CHILI COOK OFF ☕</div> <div>2:30 Afternoon Walking Group ★</div> <div>3:00 Nickel Bingo</div> <div>22</div>	<div>9:30 Chair Dancing Exercise</div> <div>10:15 Outing: HEALTHY HEART SENIOR RESOURCE FAIR AT MARTINEZ SENIOR CENTER 🚗</div> <div>1:00 Shopping Trip: SAFEWAY 🚗</div> <div>1:30 Movie & Popcorn: "Dog Gone" (1 hr. 35 min.)</div> <div>3:00 DOUBLE DOWN Bingo</div> <div>23</div>	<div>9:00 Morning Fitness</div> <div>10:00 Mexican Train Dominoes, or Table Game of Choice</div> <div>1:00 Saturday Showtime: "THE ITALIAN JOB" (1 hr 50 min.) 🎬</div> <div>3:15 Nickel Bingo</div> <div>24</div>
<div>9:00 Morning Fitness</div> <div>10:00 Resident Led Table Game</div> <div>11:45 Catholic Communion Service 📖</div> <div>1:00 Cranium Crunches in Cafe'</div> <div>3:00 Nickel Bingo</div> <div>6:00 Sunday Night Screening 🎬</div> <div>25</div>	<div>Jeans Day: \$5 Fundraiser!</div> <div>9:30 Morning Stretch & Movement</div> <div>10:30 Cooking with Tina: SOFT PRETZELS (in Private Dining Room)</div> <div>1:00 BOB'S SPELLING BEE COMPETITION</div> <div>1:30 Advanced Card Game Group 🎮</div> <div>1:30 Afternoon Walking Group ★</div> <div>2:00 PERFORMANCE BY SYRIA</div> <div>3:00 Nickel Bingo</div> <div>26</div>	<div>9:30 DAY TRIP TO CASINO 🚗</div> <div>9:30 Rosary Club in Private Dining</div> <div>9:30 Sit to Stand Exercise</div> <div>10:30 Indoor Putt Putt Golf</div> <div>1:30 Tie the Knot: Celebrity Couple Game</div> <div>3:00 Nickel Bingo</div> <div>27</div>	<div>9:30 Relax & Breathe Seated Yoga</div> <div>10:00 CHEF'S CHAT MEETING</div> <div>10:30 RESIDENT COUNCIL MEETING</div> <div>1:30 Happy Hour: FEBRUARY BIRTHDAY BASH ☕</div> <div>3:00 Nickel Bingo (and Bucks)</div> <div>4:00 NICKEL POKER CLUB 🎮</div> <div>28</div>	<div>9:30 Resistance Bands, Boxing, and Cardio Exercise</div> <div>10:30 Cafe Craft: Leap Day Lily Pad ☕</div> <div>1:30 Nickel Bingo</div> <div>3:00 Afternoon Walking Group ★</div> <div>3:30 Cafe' Social ☕</div> <div>3:30 Resident Led Nickel Poker Club 🎮</div> <div>5:00 Evening Outing: MoHB Open House Event 🚗</div> <div>29</div>	<div>Happy Birthday to the Following Residents</div> <div><ul style="list-style-type: none">Bliss - 2/1Cecilia - 2/1Tess - 2/2Gunn - 2/8Linda - 2/8Gale - 2/11Roselind - 2/14Charles - 2/14Peter - 2/14Rick - 2/24Larry - 2/29</div> <div>30</div>	