



THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

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The Lodge at Glen Cove Management Team

Executive Director Carol Dowell
 Director of
 Resident Development Colleen Berumen
 IL & AL Care Coordinator Beatriz Cortez
 Memory Care Coordinator Maribel Mendoza
 IL & AL Activities Director Amanda Hassler
 MC Activity Director Tamia Lindsay
 Dining Services Director Dennis Rasmussen
 Medical Records Mackenzie Moody
 Maintenance Director Allen Bergeron



November 2023



SAVE THE DATES

- Monday, November 6th: **Mix & Mingle Breakfast.** Enjoy a breakfast buffet with our neighbors and fellow community businesses from 8:30-10:00am. Please RSVP to amanda@glencoveseniorliving.com to participate (residents must RSVP as well).
- Friday, November 10th: **Honoring our Veterans Pinning Ceremony.** Join us in honoring each of our community veterans in the main dining room from 2:00pm-3:30pm. Light refreshments provided.
- Tuesday, November 21st: **Thanksgiving Family Pie Party.** Come enjoy a slice of pie and refreshments with your loved one this Holiday season from the comfort of our dining room. Please 2 guests max per resident. Must RSVP to amanda@glencoveseniorliving.com no later than Thursday, November 16th.



AMANDA HASSLER
Activities Director (IL/AL)

Welcome!

Warm welcome to our newest residents:

- Ellaine & Walt Q.
- Curtis R.
- Laverne & Dan R.

Welcoming New Residents Happy Hour & Meet and Greet, Wed., November 1st, at 1:30pm.

Happy Birthday to the Following Residents

- Nancy D. - 11/11
- Jackie H. - 11/21
- Allen M. - 11/24
- Curtis R. - 11/25
- Paul L. - 11/27

Birthday Bash Happy Hour, November 29th at 1:30pm in the Lighthouse Cafe'

Cold & Flu Season

During this cold and flu season, we will be taking the "Manicure Monday" activity off the calendar to avoid the close contact and keep our residents and staff safe from the spread of seasonal germs! If a manicure is essential, please reach out to our activity staff as we will do them on an as needed basis.

Don't Forget To Fall Back

Daylight saving time ends on Sunday, Nov. 5th, so remember to set your clocks and watches back one hour the night before.



NEW TEAM MEMBER SPOTLIGHT

The Lodge welcomes Allen Bergeron as Maintenance Director. Allen was born in New Orleans but spent his childhood in Suisun where he graduated from school. He attended the North Dakota College and the Intercoast Heating and Air Condition program. Allen is excited to be working at the Lodge keeping its systems in good order for the residents. In his youth, Allen enjoyed family activities as one of six children. An outstanding memory as an 8-year-old, is his heroic and successful response to save his 3-year-old cousin from drowning. It remains a powerful experience for him today. Allen's childhood was spent playing sports, especially excelling in basketball and he presently plays on an adult league basketball team. He is an avid fisherman sure to bring to the table striped bass or crappie for enjoyable dinners. Leisure time at home includes playing with his 3-year-old son, Ezrin Santiago and reading historical books. He is presently enjoying George Orwell's book, '1984'. Thinking beyond this cautionary tale, Allen says he would encourage young people to 'do what you love.' Following his own advice, Allen is sure to be a wonderful asset to the Lodge.

-Interview conducted & article written by resident, Jude P.

Attention the Lodge at Glen Cove Residents and Family Members

It's coming up to that time of the year again and before you know it, in a blink of an eye, Christmas will be here. The Lodge at Glen Cove would not be what we are today if it weren't for our committed, dedicated and passionate staff. The staff here are more than just our employees, they are a part of our family. The Lodge at Glen Cove likes to do a little something extra for our employees. However, we need your support to do it. Please help us make sure that every single employee goes into the holiday feeling extra special. We are planning our Annual Christmas Party for our staff, and we want to make sure that the staff is rewarded for their hard work. If you would like to make a cash donation to support this year's Employee Christmas Party, please contact Colleen Berumen at 707-653-4728. Please make checks payable to The Lodge at Glen Cove, with a note in the memo line "Staff Christmas Party". We request that all donations be in by December 7th, 2023. On behalf of the Lodge at Glen Cove Staff, we thank you!

Happy Holidays!



TAMIA LINDSAY
Activities Director
Memory Care

Happiest birthdays this month to the following residents; we can't wait to celebrate you!

- Carmen J. - 11/14
- Joan T. - 11/14
- Monica P. - 11/25



November Snacks & Socials

These are our upcoming snacks & socials this month:

- Nov. 5th - Donut Day
- Nov. 6th - Fall Fruit Salad
- Nov. 9th - Pumpkin Oat Cookies
- Nov. 11th - Create Your Own Sundae
- Nov. 13th - Coffee & Current Events
- Nov. 20th - Friendsgiving!
- Nov. 27th - Whipped Coffee
- Nov. 28th - November Birthday Bash

All snacks and socials will have sugar-free options available.



Special Celebrations

Thursday, November 9th, we will have a baking class where we will be making Pumpkin Oat Cookies!



Veterans Day is Saturday, November 11th. In honor of our veterans, we will celebrate and treat with a create your own sundae bar!



We will be celebrating Thanksgiving together on Monday, November 20th during our Friendsgiving Happy Hour!



CANDID CAMERA CORNER




The residents had a blast *bobbin'* for apples in this new way of playing!



Here's what we're watching this month:

- Nov. 3rd: "Wizard of Oz" (1939) (1 hr. 41 min.)
- Nov. 10th: "It's Always Fair Weather" (1955) (1 hr. 41 min.)
- Nov. 17th: "The Prince & Me" (1 hr. 51 min.)
- Nov. 24th: "Wild in the Country" (1961) (1 hr. 54 min.)

November 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="font-size: 4em;">November</h1>			1 National Authors' Day	2 29th US President Warren G. Harding's Birth Anniversary (1865)	3 Public Television Debuts (1969)	4 Walter Cronkite's Birth Anniversary (1916)
5 	6 MIX & MINGLE BREAKFAST 8:30-10:00AM	7 First Black Governor Elected (1989)	8 National Parents as Teachers Day	9 Berlin Wall Opened (1989)	10 HONORING OUR VETERANS PINNING CEREMONY 2:00-3:30PM	11 HAPPY BIRTHDAY NANCY! Happy Veterans Day
12 Grace Kelly's Birth Anniversary (1929)	13 World Kindness Day	14 HAPPY BIRTHDAY CARMEN & JOAN!	15 National Clean Out Your Refrigerator Day	16 Lewis and Clark Expedition Reaches Pacific Ocean (1805)	17 Homemade Bread Day	18 Mickey Mouse's Birthday (1928)
19 20th US President James Garfield's Birth Anniversary (1831)	20 Robert Kennedy's Birth Anniversary (1925)	21 HAPPY BIRTHDAY JACKIE!	22 Sagittarius: The Archer (Nov. 22-Dec. 21)	23 Happy Thanksgiving! National Espresso Day	24 HAPPY BIRTHDAY ALLEN M!	25 HAPPY BIRTHDAY CURTIS & MONICA!
26 Tina Turner's Birth Anniversary (1939)	27 HAPPY BIRTHDAY PAUL!	28 The Grand Ole Opry Begins Broadcasting as WSM Barn Dance (1925)	29 Louisa May Alcott's Birth Anniversary (1832)	30 Mark Twain's Birth Anniversary (1835)	