



THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591
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October 2023



The Lodge at Glen Cove Management Team

Executive Director Carol Dowell
 Director of
 Resident Development Colleen Berumen
 Community Outreach
 Director Tesi (TC) O'Brien
 IL & AL Care Coordinator Beatriz Cortez
 Memory Care Coordinator Maribel Mendoza
 IL & AL Activities Director Amanda Hassler
 MC Activity Director Tamia Lindsay
 Dining Services Director Dennis Rasmussen
 Medical Records Mackenzie Moody



Community Car Show & BBQ!

Join us **Sunday, October 15th** from
11:00am-2:00pm for our second annual car show and
 BBQ in our parking lot! Enjoy beautiful classic cars
 brought by the Solano Classic Car Club, raffle prizes,
 root beer floats, and more! To RSVP for the event, or
 enter a car into the showing, please email Amanda at
amanda@glencoveseniorliving.com.



2023 Walk to End Alzheimer's

We want to thank everyone who has helped in our
 fundraising efforts this year leading up to the Walk to
 End Alzheimer's. With your help and support, we have
 surpassed our goal and raised over \$5,000 toward this
 amazing cause that is so dear to our hearts. Join us at
 this year's walk, in honor of our amazing residents,
 family, friends, and all who are affected by Alzheimer's
 and dementia. **Date:** Saturday, October 21st, 2023.
Time: check-in 8:30 am, ceremony 9:30 am, walk 10:00
 am. **Location:** Harbor Plaza, 600 Main Street, Suisun
 City, CA 94585.



AMANDA HASSLER
Activities Director (IL/AL)

Happy Birthday to the Following Residents
Birthday Bash Happy Hour, October 25th at 1:30pm in the Lighthouse Cafe'

- Margaret H. - 10/03
- Arthur K. - 10/08
- Marinell - 10/09
- Dorianne - 10/10
- Mary-Lou - 10/12
- Henri L. - 10/17
- Marilyn S. - 10/20

Welcome!

Warm welcome to our newest residents:

- Cecilia T.
- David J.
- Ed & Patti W.
- George T.
- Jerry H.

We invite you to please join us for our Welcoming New Residents Happy Hour and Meet and Greet, Wednesday, October 4th, at 1:30pm. Get to know your fellow residents while enjoying refreshments!

Our Deepest Sympathies

Our condolences to the family and friends of Joe B. We feel very lucky to have known him and he will be dearly missed by us all. May he rest in peace.



Resident Spotlight



James

Many visitors who have left their heart in San Francisco would appreciate James for his excellent work as an electrician keeping the cable cars safe and in good condition for their enjoyment. James, an electrician, learned his trade from his father as a teen. He credits his father's guidance at this early age for giving him direction toward a successful career. Growing up in San Francisco, James was one of six children, including a set of twin sisters. He fondly remembers family camping adventures - and the challenges of sleeping 8 in one tent. Sleeping-in and enjoying the beauty of surrounding nature made each trip special. The fun of fishing and the reward of fish dinners over the Coleman stove are still great memories for James. (Continued...)

Education in his youth was in parochial schools where he was cheered for his successes as a halfback on the football team. Assigned as an altar boy to assist the priest during Mass, James was challenged to make all his responses in Latin. Some phrases are still familiar to him. He continued his education at San Francisco State. James has wonderful memories of scuba diving with his father in the Monterey Bay waters observing the delicate sea anemone and other marine life. Although he knows it's accepted as the 'Golden Rule', James guides his life by this principle - 'do unto others as you would have them do unto you.' Following this advice, James is certain to give you a big smile and willingly offer you his help when asked.

-Interview conducted and article written by resident, Jude P.

Bridge Players

We are looking for residents who are interested in playing bridge! If you know how to play and are interested in joining others/getting a group together, please get in touch with Amanda (Activities Director)



TAMIA LINDSAY
Activities Director
Memory Care

We cannot wait to celebrate your birthdays with you, Happy Birthday to the following residents:

- Sharon L. - 10/13
- Lynne B. - 10/19
- Diane W. - 10/27



October Spooky Snacks & Socials

These are our upcoming snacks & socials this month:

- Oct. 3rd - Simple Fruit Salad
- Oct. 8th - Superhero Sunday Social
- Oct. 12th - Caramel Apples
- Oct. 17th - Pasta Dish for National Pasta Day
- Oct. 22nd - National Color Day Social
- Oct. 26th - Easy Cinnamon Apples
- Oct. 30th - October Birthday Bash

All snacks and socials will have sugar-free options available.

Activities



On October 16th, we will be having a Filipino American History Month Social with Filipino snacks & learn about Filipino American history, people, art and culture yesterday, today and tomorrow.



Sunday, October 22nd is National Color Day! Everyone wear your favorite color and learn what that color means at our Sunday Social in the Lighthouse Cafe.



Halloween is Tuesday, October 31st! Let's dress up and have fun with a costume contest and party!

CANDID CAMERA CORNER



A huge thank you to the Vallejo Senior Center for letting us host such a fun craft! Can't wait to do it again! Pictured are our Activity Directors, Amanda & Tamia, and our amazing residents, Bob, Monica, Betty, and Jeanie!

Showtime: October Screenings

Here's what we're watching this spooky month:

- Oct. 6th: "Beetlejuice"
- Oct. 13th: "Edward Scissorhands"
- Oct. 20th: "Halloweentown"
- Oct. 27th: "Casper"



October 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 National Breast Cancer Awareness Month	2 Mohandas (Mahatma) Gandhi's Birth Anniversary (1869)	3 HAPPY BIRTHDAY MARGARET H!	4 19th US President Rutherford B. Hayes' Birth Anniversary (1822)	5 James Bond Day	6 HAPPY BIRTHDAY ELEANOR M!	7 Dow Jones Industrial Average Anniversary (1896)
8 HAPPY BIRTHDAY ARTHUR K!	9 HAPPY BIRTHDAY MARINELL!	10 HAPPY BIRTHDAY DORIANNE!	11 Eleanor Roosevelt's Birth Anniversary (1884)	12 HAPPY BIRTHDAY MARY-LOU!	13 HAPPY BIRTHDAY SHARON L!	14 King Awarded Nobel Peace Prize (1964)
15 COMMUNITY CAR SHOW & BBQ	16 World Food Day	17 HAPPY BIRTHDAY HENRI!	18 First Newspaper Comic Strip (1896)	19 HAPPY BIRTHDAY LYNNE B!	20 HAPPY BIRTHDAY MARILYN S!	21 WALK TO END ALZHEIMER'S
22 Cuban Missile Crisis Anniversary (1962)	23 Scorpio: The Scorpion (Oct. 23-Nov. 21)	24 United Nations Founded (1945)	25 First Female FBI Agents (1972)	26 Pat Sajak's Birthday (1946)	27 HAPPY BIRTHDAY DIANE W!	28 Statue of Liberty Dedication (1886)
29 National Cat Day	30 National Candy Corn Day	31 HAPPY HALLOWEEN	October			

