



THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591
(707) 653-4728 • License #486803921

September 2023

Save the Dates for the Following Fun September Events!

- Saturday, September 9th @ 8:00am - **Miniature Golf Event for a Big Cause:** Join us for our biggest fundraising event of the year! From 8:00am to 10:00am, participate in a round of miniature golf with friends and family at Scandia, followed by a complimentary brunch at our sister community, Rockville Terrace with raffle prizes and more. For more ways you can help the cause and make a donation, please feel free to reach out to us. Don't miss the fun!
- Sunday, September 10th @ 10:30am - **Grandparents Day Tea Party:** We invite family and friends to join their loved one for a morning tea party in the front lobby! Enjoy teas, refreshments, and a fun frame craft activity from 10:30-11:30am.
- Monday, September 11th, 4:30-6:00pm- **Mix & Mingle Dinner:** Enjoy an opportunity to meet and greet with fellow neighbors, residents, family, friends, and business owners over a fun buffet dinner! Please RSVP to Teresa@glencoveseniorliving.com to join us.
- Wednesday, September 20th from 4:00-5:30pm - **September Sip & Paint Fundraiser for Maui Relief:** Join us for a DIY step by step painting activity and refreshments. \$10.00 per participant, all proceeds will go to Maui United Way to help with the fire and disaster relief efforts. All supplies and refreshments provided, just bring yourself! Please RSVP by Wednesday, September 13th to participate.

season of
REFLECTION



NATIONAL ASSISTED LIVING WEEK®
SEPTEMBER 10-16, 2023

NALW.org - ANALW

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The Lodge at Glen Cove Management Team

Executive Director	Carol Dowell
Director of	
Resident Development	Colleen Berumen
Community Outreach	
Director	Tesi (TC) O'Brien
IL & AL Care Coordinator	Beatriz Cortez
Memory Care Coordinator	Maribel Mendoza
IL & AL Activities Director	Amanda Hassler
MC Activity Director	Tamia Lindsay
Dining Services Director	Dennis Rasmussen
Medical Records	Mackenzie Moody



AMANDA HASSLER
Activities Director (IL/AL)



Welcome!

Warm welcome to our newest residents:

- Marilyn T.
- Margaret M.
- Gary P.
- Marian S.
- David D.
- Foster & Gale P.
- Inge Y.
- Nancy P.
- Linda H.
- Alphonse J.
- Diane J.
- Laveda D.

We're so happy to be welcoming so many new residents to our beautiful community! We invite you to please join us for our Welcoming New Residents Happy Hour and Meet and Greet, Wednesday, September 6th, at 1:30pm. Get to know your fellow residents while enjoying refreshments!

Happy Birthday to the Following Residents

- Karen S - September 11th
- Laura M. - September 13th
- Janet M. - September 21st
- Mary C. - September 22nd
- Pauline B. - September 29th

Birthday Bash Happy Hour, September 27th at 1:30pm in the Lighthouse Cafe'

Staff Spotlight: Tina

Tina (Activity Assistant) keeps residents busy with fun and games both in the AL area and in MC. She is perfect for this job because of her love for games, art and crafts. Designing and creating jewelry is a passion with Tina. She has a dedicated space in her kitchen for her inspired creations. Residents enjoy her jewelry sales offered here regularly. A native of Vallejo, in her youth Tina enjoyed spending time with her grandparents and continues to enjoy card games once a week with her grandmother. Tina's surprising love as a thrill seeker draws her to Disneyland and other theme parks. The E rides (the fastest and tallest) are her favorites. This sense of adventure may have originated in her youth, when she travelled for two months with her grandparents to Alaska. There she dared to ride a moose, climbed Mount McKinley, and walked on a glacier. Tina finds quiet time balancing her busy schedule with swimming and a love for anything to do with the water. She hopes to be remembered for her kind heart and love for making people smile. She has an indomitable spirit when things can seem overwhelming and encourages others, "Don't give up when things are difficult."

-Interview conducted and article written by resident, Jude P.

National Assisted Living Week

National Assisted Living Week is designed to raise awareness of the role assisted living plays in serving the nation's older adults. The event takes place annually from Grandparents Day through the following Saturday, September 10th-16th. We'll be celebrating with Spirit Week!

Make sure to join in on the fun:

- Monday (11th): **Patriotic Day**- Wear red, white, and blue!
- Tuesday (12th): **The Lodge Team Spirit Day** - Wear your Lodge T-shirts, or the lodge color blue!
- Wednesday (13th): **Winner Wednesday** - Wear your favorite sports team/jersey.
- Thursday (14th): **Throwback Thursday** - Dress in '80s gear!
- Friday (15th): **Polka Dot Day** - wear polka dots!

On Site Dentistry

Dentist, Dr. Amaro of Tranquility Health provides onsite dental care to residents, including exams, cleanings, fillings, crowns, bridges, dentures, and extractions. For more information, contact Tranquility Health directly at 925-644-2700



TAMIA LINDSAY
Activities Director
Memory Care

Happy Birthday to the
Following Residents:

- Claudia G. - 9/4
- Charles P. - 9/12
- Nancy M. - 9/15
- Kay B. - 9/20
- Eddie A. - 9/24
- Thomas W. - 9/27

*Our September Birthday Bash
will be on Monday, September
25th!*



**CANDID CAMERA
CORNER**



It was the sweetest treat creating our own
sundaes with toppings that we love!

**September Snacks
& Socials**

These are our upcoming
snacks & socials this month:

- **Sept. 2nd** - Blueberry
Popsicle Day Social
- **Sept. 5th** - Easy Cherry Pies
- **Sept. 10th** - Grandparents
Day Tea & Coffee Social
- **Sept. 12th** - Ants on a Log
Snack Social
- **Sept. 17th** - Mini Pie Social
- **Sept. 19th** - Almond Bread
- **Sept. 21st** - Drive-Thru Ice
Cream Truck Social
- **Sept. 30th** - Coffee &
Donuts Social

**All snacks and socials will have
sugar-free options available.**

**Showtime: September
Screenings**

Here are the movies screening
this month in our theater:

- Sept. 1st - "The Sandlot 2"
(1 hr. 41 min.)
- Sept. 8th - "I was a Male
War Bride" (1 hr. 45 min.)
- Sept. 15th - "There's No
Business Like Show
Business" (1 hr. 57 min.)
- Sept. 22nd - "A League of
Their Own" (2 hr. 8 min.)
- Sept. 29th - "Carousel" (2
hr. 8 min.)



We will be having a Spirit
Week this month and encourage
everyone to join in! **Monday,**
9/11: Patriotic Day; **Tuesday,**
9/12: The Lodge Team Spirit
Day; **Wednesday, 9/13:** Winner
Wednesday; **Thursday, 9/14:**
Throwback Thursday; **Friday,**
9/15: Dots Day!




National Grandparents Day is
on **Sunday, September 10th** &
we would love for families &
friends to show their
appreciation for their loved ones
by bringing a card or stopping
by that day for our Grandparents
Day Tea Party!



On **Wednesday, September
20th**, we will be decorating
purple rocks for our future
display that will be presented at
The Lodge at Glen Cove's table
at the Walk to End Alzheimer's
event later this year in Suisun!

September 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September					1 Lily Tomlin's Birthday (1939)	2 World Coconut Day
3 Beginning of the Penny Press (1833)	4 HAPPY BIRTHDAY CLAUDIA! Happy Labor Day!	5 Bob Newhart's Birthday (1929)	6 Jane Curtin's Birthday (1947)	7 Queen Elizabeth I's Birth Anniversary (1533)	8 International Literacy Day	9 MINIATURE GOLF EVENT 8:00AM-10:00AM
10 National Grandparents Day 	11 HAPPY BIRTHDAY KAREN! MIX & MINGLE DINNER @ 4:30PM	12 HAPPY BIRTHDAY CHARLES P!	13 HAPPY BIRTHDAY LAURA!	14 National Live Creative Day	15 HAPPY BIRTHDAY NANCY M!	16 Mickey Rourke's Birthday (1956)
17 National Football League Formed (1920)	18 US Air Force Established (1947)	19 National Butterscotch Pudding Day	20 HAPPY BIRTHDAY KAY! September Sip & Paint Fundraiser for Maui @ 4:00pm	21 HAPPY BIRTHDAY JANET M!	22 HAPPY BIRTHDAY MARY C!	23 Libra: The Balance (Sept. 23-Oct. 22)
24 HAPPY BIRTHDAY EDDIE!	25 Barbara Walters' Birth Anniversary (1929)	26 World Maritime Day	27 HAPPY BIRTHDAY THOMAS!	28 National Good Neighbor Day	29 HAPPY BIRTHDAY PAULINE!	30 National Hot Mulled Cider Day

3rd Annual

MINI GOLF

TOURNAMENT

SATURDAY - SEPTEMBER 9TH, 2023

8AM - 10AM





THE LODGE
AT GLEN COVE
by Blue Water

Complimentary Brunch
to follow Tournament
at Rockville Terrace