

## THE LODGE AT GLEN COVE

### by Blue Mountain Senior Living

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### The Lodge at Glen Cove Management Team

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Executive Director	Grace Sandoval
Director of	
Resident Development	Colleen Berumen
Community Outreach	
Director	Tesi (TC) O'Brien
IL & AL Care Coordinator	Beatriz Cortez
Memory Care Coordinator	Maribel Mendoza
IL & AL Activities Director	Amanda Hassler
Maintenance Director	Michael Robbins
MC Activity Director	Tamia Lindsay
Dining Services Director	Dennis Rasmussen
Medical Records	Mackenzie Moody



#### August 2023



We are putting together a collection of recipes from both our residents and staff, and we need your help! If you are a resident or staff member here at The Lodge, or have a loved one here and know of a recipe of theirs to share with us, please email the recipe to Amanda@Glencoveseniorliving.com, or leave a printed copy with the front desk by September 1st to be included in our cookbook! Copies of the cookbook will then be for sale starting in October, all funds going to the Walk to End Alzheimer's.

#### **SAVE THE DATE!**

Join us for this month's destination event to Hawaii for our third, annual, Community Luau! It's Tuesday, August 29th, at 11:30am! We look forward to tasty, Hawaiian food, drink, games, and entertainment with family and friends! Hawaiian attire is strongly encouraged. Be on the lookout for more details and we hope to see you there!

### AMANDA HASSLER Activities Director (IL/AL)

#### Welcome!

Warm welcome to our newest residents:

- James D.
- Rick S.
- · Laura M.
- Doriane B.

Make sure to join us for our Welcoming New Residents Happy Hour, Wednesday, August 2nd, at 1:30pm

## Happy Birthday to the Following Residents

- Jean R. August 12th
- Ruth R. August 23rd
- Pam R. August 24th
- Irv D. August 24th
- Russell H. August 25th
- Helen H. August 27th

Our August Birthday Bash Happy Hour will be August 30th at 1:30pm in the Lighthouse Cafe with a special performance by the Trivocalists starting at 2pm!

#### **Our Deepest Sympathies**

Our condolences to the families and friends of memory care residents, Ginger and Sally. We feel very lucky to have known them because they each were amazing and unique individuals who will be dearly missed by us all. May they rest in peace.



### **EMPLOYEE SPOTLIGHT: Sonya**



Sonya joining the fun at our Texas Destination Event

Congratulations go to Sonya, our most recent Employee of the Month, recognized for her excellence as Dining Floor Supervisor. Sonya enjoys her work, serving the residents with dedication to their well-being. Born the second child in a family of seven, she has lived a life of service, with responsibilities from childhood of raising her younger brother and watching over her elderly parents. She has been an important caretaker for her four stepchildren. Sonya grew up in San Francisco in a neighborhood that today is unrecognizable with changes that make her feel like a tourist. On her days off, you might find Sonya at a local rodeo performing in the Grand Arena Opening, roller skating or dancing the "butterfly" through the night. A project close to her heart is the renovation of a playground in Vallejo with fellow coworkers. (Continued...)

The volunteers installed new swings and equipment and even created a lush garden for the enjoyment of all. Sonya's experiences have taught her to have patience for those in need while she keeps her focus on enjoying life. With hopes of visiting family in Germany, Costa Rica and Chicago, Sonya will certainly enjoy her life in retirement.

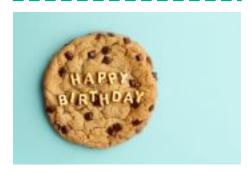
--Written by Jude P.

#### Live, Violin Performance

Don't miss this performance by professional violinist, Attilla Sautov, this Friday, August 11th at 1:30pm in the front lobby. Attilla is renowned in music circles around the world for his brilliance as a soloist, having performed on every continent and in over 83 countries with some of the world's major orchestras. Attilla has performed as concertmaster in many of the world's most prestigious venues, including the Cologne Philharmonic, Munich Philharmonic (Germany), Hong Kong Arts Center and Sydney Opera House (Australia). Mr. Sautov is passionate about bringing quality, classical music to lesser-served music lovers.



# TAMIA LINDSAY Activities Director Memory Care



Happy Birthday to our following residents that celebrate a birthday this month; we wish you the best on your special day!

- Charlene G. Aug. 4th
- Betty V. Aug. 22nd

#### **Snacks & Socials**

These are our upcoming snacks & socials this month:

- August 1st National Night Out Event
- August 6th A&W Root Beer Float Day Social
- August 8th Create Your Own Sundae Social
- August 19th Mixed Berry Popsicles
- August 20th Lemonade Social
- August 28th August Birthday Brunch!
- August 29th Destination Luncheon: Hawaii
- \*All snacks and socials will have sugar-free options available. \*



With the warm and sunny weather around for August, here's a small reminder of staying hydrated this season!



Our residents love live, music performances, so we are looking forward to having a professional violin performance by Attilla Sautov on Friday, August 11th!



On Sunday, August 20th, we will have a Lemonade & Trivia Social in the Lighthouse Cafe for National Lemonade Day, and to celebrate Lemon Month!



August 7th, we will decorate name tags for our residents! This will be a fun and great way of keeping track of walkers and wheelchairs!

#### CANDID CAMERA CORNER





Residents make Summer Wreaths during a Cafe Craft!

## **Showtime: August Screenings**

Here are the movies screening this month in our theater:

- August 4th "Funny Face" (1 hr. 43 min.)
- August 18th "Sabrina (1954)" (1 hr. 53 min.)
- August 25th "The Sandlot" (1 hr. 41 min.)



#### August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
*Aug	rust*	NATIONAL Might Out	Declaration of Independence Officially Signed (1776)	3 National Watermelon Day	4 HAPPY BIRTHDAY CHARLENE!	5 David Baldacci's Birthday (1960)
6 Lucille Ball's Birth Anniversary (1911)	7 Purple Heart Day	8 Happiness Happens Day	International Day of the World's Indigenous Peoples	National S'mores Day	PERFORMANCE BY ATTILLA ON VIOLIN	12 HAPPY BIRTHDAY JEAN R!
International Left-Handers Day	<b>14</b> V-J Day (1945)	Panama Canal Opens (1914)	16 National Tell a Joke Day	Baby Boomers Recognition Day	Robert Redford's Birthday (1936)	19 National Aviation Day
20 National Lemonade Day	21 National Senior Citizens Day	22 HAPPY BIRTHDAY BETTY!	23 HAPPY BIRTHDAY RUTHIE!	24 HAPPY BIRTHDAY IRV & PAM!	25 HAPPY BIRTHDAY RUSSELL!	First Baseball Games Televised (1939)
27 HAPPY BIRTHDAY HELEN!	First Radio Commercial (1922)	29 COMMUNITY LUAU @ 11:30AM	30 National Beach Day	31 National Trail Mix Day	*	*



