



THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591
(707) 653-4728 • License #486803921

August 2023



The Lodge at Glen Cove Management Team

Executive Director Grace Sandoval
 Director of
 Resident Development Colleen Berumen
 Community Outreach
 Director Tesi (TC) O'Brien
 IL & AL Care Coordinator Beatriz Cortez
 Memory Care Coordinator Maribel Mendoza
 IL & AL Activities Director Amanda Hassler
 Maintenance Director Michael Robbins
 MC Activity Director Tamia Lindsay
 Dining Services Director Dennis Rasmussen
 Medical Records Mackenzie Moody



We are putting together a collection of recipes from both our residents and staff, and we need your help! If you are a resident or staff member here at The Lodge, or have a loved one here and know of a recipe of theirs to share with us, **please email the recipe to Amanda@Glencoveseniorliving.com, or leave a printed copy with the front desk by September 1st** to be included in our cookbook! Copies of the cookbook will then be for sale starting in October, all funds going to the Walk to End Alzheimer's.

SAVE THE DATE!

Join us for this month's destination event to Hawaii for our **third, annual, Community Luau! It's Tuesday, August 29th, at 11:30am!** We look forward to tasty, Hawaiian food, drink, games, and entertainment with family and friends! Hawaiian attire is strongly encouraged. Be on the lookout for more details and we hope to see you there!

AMANDA HASSLER
Activities Director (IL/AL)

Welcome!

Warm welcome to our newest residents:

- James D.
- Rick S.
- Laura M.
- Doriane B.

Make sure to join us for our Welcoming New Residents Happy Hour, Wednesday, August 2nd, at 1:30pm

Happy Birthday to the Following Residents

- Jean R. - August 12th
- Ruth R. - August 23rd
- Pam R. - August 24th
- Irv D. - August 24th
- Russell H. - August 25th
- Helen H. - August 27th

Our August Birthday Bash Happy Hour will be August 30th at 1:30pm in the Lighthouse Cafe with a special performance by the Trivocalists starting at 2pm!

Our Deepest Sympathies

Our condolences to the families and friends of memory care residents, Ginger and Sally. We feel very lucky to have known them because they each were amazing and unique individuals who will be dearly missed by us all. May they rest in peace.



EMPLOYEE SPOTLIGHT: Sonya



Sonya joining the fun at our Texas Destination Event

Congratulations go to Sonya, our most recent Employee of the Month, recognized for her excellence as Dining Floor Supervisor. Sonya enjoys her work, serving the residents with dedication to their well-being. Born the second child in a family of seven, she has lived a life of service, with responsibilities from childhood of raising her younger brother and watching over her elderly parents. She has been an important caretaker for her four stepchildren. Sonya grew up in San Francisco in a neighborhood that today is unrecognizable with changes that make her feel like a tourist. On her days off, you might find Sonya at a local rodeo performing in the Grand Arena Opening, roller skating or dancing the "butterfly" through the night. A project close to her heart is the renovation of a playground in Vallejo with fellow coworkers. (Continued...)

The volunteers installed new swings and equipment and even created a lush garden for the enjoyment of all. Sonya's experiences have taught her to have patience for those in need while she keeps her focus on enjoying life. With hopes of visiting family in Germany, Costa Rica and Chicago, Sonya will certainly enjoy her life in retirement.

--Written by Jude P.

Live, Violin Performance

Don't miss this performance by professional violinist, Attila Sautov, this **Friday, August 11th at 1:30pm** in the front lobby. Attila is renowned in music circles around the world for his brilliance as a soloist, having performed on every continent and in over 83 countries with some of the world's major orchestras. Attila has performed as concertmaster in many of the world's most prestigious venues, including the Cologne Philharmonic, Munich Philharmonic (Germany), Hong Kong Arts Center and Sydney Opera House (Australia). Mr. Sautov is passionate about bringing quality, classical music to lesser-served music lovers.

ATTILLA SAUTOV



TAMIA LINDSAY
Activities Director
Memory Care



Happy Birthday to our following residents that celebrate a birthday this month; we wish you the best on your special day!

- Charlene G. - Aug. 4th
- Betty V. - Aug. 22nd

Snacks & Socials

These are our upcoming snacks & socials this month:

- **August 1st** - National Night Out Event
- **August 6th** - A&W Root Beer Float Day Social
- **August 8th** - Create Your Own Sundae Social
- **August 19th** - Mixed Berry Popsicles
- **August 20th** - Lemonade Social
- **August 28th** - August Birthday Brunch!
- **August 29th** - Destination Luncheon: Hawaii

All snacks and socials will have sugar-free options available.



With the warm and sunny weather around for August, here's a small reminder of staying hydrated this season!



Our residents love live, music performances, so we are looking forward to having a professional violin performance by Attila Sautov on **Friday, August 11th!**



On **Sunday, August 20th**, we will have a Lemonade & Trivia Social in the Lighthouse Cafe for National Lemonade Day, and to celebrate Lemon Month!



August 7th, we will decorate name tags for our residents! This will be a fun and great way of keeping track of walkers and wheelchairs!

CANDID CAMERA CORNER



Residents make Summer Wreaths during a Cafe Craft!

Showtime: August Screenings

Here are the movies screening this month in our theater:

- August 4th - "Funny Face" (1 hr. 43 min.)
- August 18th - "Sabrina (1954)" (1 hr. 53 min.)
- August 25th - "The Sandlot" (1 hr. 41 min.)



August 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<i>August</i>		NATIONAL Night Out	Declaration of Independence Officially Signed (1776)	National Watermelon Day	HAPPY BIRTHDAY CHARLENE!	David Baldacci's Birthday (1960)
Lucille Ball's Birth Anniversary (1911)	Purple Heart Day	Happiness Happens Day	International Day of the World's Indigenous Peoples	National S'mores Day	PERFORMANCE BY ATTILLA ON VIOLIN	HAPPY BIRTHDAY JEAN R!
International Left-Handers Day	V-J Day (1945)	Panama Canal Opens (1914)	National Tell a Joke Day	Baby Boomers Recognition Day	Robert Redford's Birthday (1936)	National Aviation Day
National Lemonade Day	National Senior Citizens Day	HAPPY BIRTHDAY BETTY!	HAPPY BIRTHDAY RUTHIE!	HAPPY BIRTHDAY IRV & PAM!	HAPPY BIRTHDAY RUSSELL!	First Baseball Games Televised (1939)
HAPPY BIRTHDAY HELEN!	First Radio Commercial (1922)	COMMUNITY LUAU @ 11:30AM	National Beach Day	National Trail Mix Day		



Take Time
 to Savor All of the
 Joys of Summer!