



THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591
(707) 653-4728 • License #486803921

May 2023

SAVE THE DATES

Make sure to join us for the following special events coming up this May!

- Monday, May 1st, 11:30am–1pm: **Mix & Mingle.** Come meet your neighbors and businesses in the community for a Mexican lunch and 50/50 cash prize raffle!
- Wednesday, May 3rd, 11:30am–3pm: **Destination Luncheon to MEXICO.** Enjoy an afternoon of the sights, sounds, and flavors of Mexico! Starting with a Mexican fajita lunch, followed by live mariachi, salsa bar, piñata, and margaritas!
- Friday, May 12th at 2pm: **Mother's Day Tea for Two.** Enjoy an afternoon tea party with your loved one in our lobby to celebrate all the moms here at The Lodge!
- Wednesday, May 17th, 2pm–4pm: **Spring Sip & Paint Party.** All supplies provided! Learn a simple step by step spring painting while enjoying refreshments with friends!
- Wednesday, May 24th, 11am–1pm: **Honoring Memorial Day BBQ Luncheon.** Ring in the Memorial Day weekend with us and enjoy grilled hamburgers, hot dogs, music, and more!

If interested in joining any of the above events, please contact our activities or outreach department via in person or email, or contact us at the front desk by calling 707-653-4728!

-HELLO-
May

The Lodge at Glen Cove Management Team

Executive Director Grace Sandoval
 Director of
 Resident Development Cathy Villarreal
 Community Outreach
 Director Tesi (TC) O'Brien
 IL & AL Care Coordinator Beatriz Cortez
 Memory Care Coordinator Maribel Mendoza
 IL & AL Activities Director Amanda Hassler
 Maintenance Director Michael Robbins
 MC Activity Director Tamia Lindsay
 Dining Services Director Dennis Rasmussen
 Medical Records Mackenzie Moody



AMANDA HASSLER
Activities Director (IL/AL)

Welcome!

Warm welcome to our newest residents:

Margaret H., Carolyn D., Bina & Shiv H., Verna M., Karen S., Carol K., Robert D., Kathryn C., and Myrna C.

Happy Birthday to the Following Residents

- Beppy L. - 5/09
- Beatriz T. - 05/14
- Rudy R. - 5/16
- Mary Louise R. - 5/15
- Jude P. - 5/17

Dining Guests Reminder

If you are visiting a resident here in our community and plan to join them for a meal, please ensure that you call 24 hours ahead to alert the staff and be sure to stop at the front desk to receive a receipt for your meal ticket purchase. Guest meals are \$10.00 and can be paid via cash, check, or charged to the resident's apartment. Thank you!

FDC "Denim & Diamonds" Gala

The Florence Douglas Center is hosting a gala this May on Saturday, the 13th. Doors open at 6:00pm. Tickets for the general public are \$60.00, inclusive of food and beverages. Denim and Diamonds party attire encouraged! To purchase your tickets, call 707-643-1044 ext. 10.



Resident Spotlight: Peggy R.

Meet Peggy, one of the newest residents in The Lodge with an indomitable spirit and a life of experiences to match. Peggy was born in Sweden and faced her challenges early, at the age of 5. Her mother died in childbirth and her father married a cruel and unsupportive stepmother. As a 12-year-old, Peggy found relief from her stressful home life during the summer months by accepting a home stay on a working farm near the North Sea in the quiet, remote countryside. There she was responsible for milking her own cow and helping with family chores. By the age of 15, she was living in foster homes and finding strength and confidence through sports, especially swimming and gymnastics. The misery of her home life gave rise to an empathetic awareness that drove her to pursue nursing as a way to help others. Peggy is proud to have worked in nursing until her 80th year. At 29, Peggy decided to come to America with a friend to improve her English. Her plan to stay one year was upended when she met and married a special American Black man pursuing his doctorate in Berkeley. Their mixed-race marriage and turbulence of the riotous '60s in Berkeley proved challenging.

(...) The couple dealt with racism and patching up demonstrating students injured in police confrontations was traumatic. Still, life afforded them some bright moments with the birth of their children, two daughters and a son. However, the marriage did not survive. Peggy left with her 10-year-old son and returned to Sweden, enjoying her native country until time to enroll her son in an American high school and reunite with her daughters. With her parenting duties finished, Peggy took adventurous leave and travelled to Calcutta to work with Mother Teresa's Sisters gathering the dead from the streets for merciful and dignified burial. Following several months of compassionate care for the poor, Peggy travelled through India enjoying the culture and even crossed into Tibet. Other adventures in her nursing career took her to Nicaragua for hospital work and caring for mothers delivering their babies at home. Peggy is very proud of overcoming her abusive childhood and rebuilding her confidence through hard work, honesty and her life experiences. Despite the challenges she's confronted over the years, she believes most people are kind, good-hearted, and deserving of care and concern.

-Interview conducted and article written by resident Jude P.

TAMIA LINDSAY
Activities Director
Memory Care

Happiest Birthday to Our Following Residents:

- Kathleen LaVoie - 5/14
- Joann Cox. - 5/21
- John P. - 5/27
- Joyce D. - 5/30
- Marcia S. - 5/31



Snacks & Socials

These are our upcoming snacks & socials this month:

- **May 3rd** - Afternoon in Mexico!
- **May 8th** - An Early Mother's Day Tea Party
- **May 9th** - Asian Pacific Island Fruits
- **May 15th** - Ice Cream Soda Floats
- **May 16th** - Cheese Pizza Sliders
- **May 22nd** - Halo-Halo
- **May 23rd** - Milk Tea
- **May 30th** - May Birthday Bash!

All snacks and socials will have sugar-free options available



We cannot wait to celebrate our amazing mothers this month! We will celebrate a little early on **Monday, May 8th**, along with our Tea for Two event **Friday, May 12th!**



May is Asian Pacific American Heritage Month! We will celebrate with trying some yummy Asian Pacific Islander treats!



Look forward to **planting and gardening** this month as the weather gets nicer! We can't wait to see our courtyard flourish!



CANDID CAMERA CORNER



Our residents love our snack times! Here's Ruby enjoying a Peanut Butter Corn Flake Bar.


Showtime: May Screenings

Here are the movies screening this month:

- **May 5th** - "Charade" (1963)
- **May 12th** - "Mother's Day"
- **May 19th** - "A Perfect Pairing"
- **May 26th** - "A Mile in His Shoes"



May 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 MIX & MINGLE LUNCH @ 11:30-1:00	2 National Truffle Day	3 DESTINATION LUNCHEON EVENT: MEXICO 11:30-3:00	4 International Firefighters' Day	5 CINCO DE MAYO	6 National Nurses Day
7 First Presidential Inaugural Ball (1789)	8 National Have a Coke Day	9 HAPPY BIRTHDAY BEPPY!	10 Fred Astaire's Birth Anniversary (1899)	11 Irving Berlin's Birth Anniversary (1888)	12 MOTHER'S DAY TEA FOR TWO @ 2:00	13 National Apple Pie Day
14 HAPPY BIRTHDAY BEATRIZ & KATHLEEN! HAPPY MOTHER'S DAY!	15 HAPPY BIRTHDAY LOUISE!	16 HAPPY BIRTHDAY RUDY!	17 HAPPY BIRTHDAY JUDE P!	18 Visit Your Relatives Day	19 National Plant Something Day	20 First Solo Transatlantic Flight Anniversary (May 20-21, 1927)
21 HAPPY BIRTHDAY JOANN C!	22 Sherlock Holmes Day	23 Rosemary Clooney's Birth Anniversary (1928)	24 MEMORIAL DAY COMMUNITY BBQ LUNCH	25 National Tap Dance Day	26 National Blueberry Cheesecake Day	27 Golden Gate Bridge Opened (1937) HAPPY BIRTHDAY JOHN P!
28 Ian Fleming's Birth Anniversary (1908)	29 ★★★★★ MEMORIAL DAY REMEMBER AND HONOR ★★★★★	30 HAPPY BIRTHDAY JOYCE D!	31 HAPPY BIRTHDAY MARCIA!	 MAY 		

