



THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

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The Lodge at Glen Cove Management Team

Executive Director	Grace Sandoval
Director of Resident Development	Cathy Villarreal
Community Outreach Director	Tesi (TC) O'Brien
IL & AL Care Coordinator	Beatriz Cortez
Memory Care Coordinator	Maribel Mendoza
IL & AL Activities Director	Amanda Hassler
Maintenance Director	Michael Robbins
MC Activity Director	Tamia Lindsay
Dining Services Director	Dennis Rasmussen
Medical Records	Mackenzie Moody



March 2023

SAVE THE DATES:

Mix & Mingle

We invite our neighbors, family members, and local businesses for a corned beef and cabbage dinner from 4:30pm to 6:00pm, Monday, March 6th, in the front lobby. Get to know one another and enjoy a meal, along with a fun 50/50 cash prize raffle! Half of the funds will go to the winner, while the other half go to the Alzheimer's Association. Please RSVP to teresa@glencoveseniorliving.com by Thursday, March 2nd.

Destination Luncheon & St. Patrick's Day Celebration

Get ready to enjoy the tastes, sounds, and scenes of Ireland, Tuesday, March 14th! We will have an Irish lunch from 11:30am to 1:00pm. Then, make sure to join us in the lobby for a St. Patty's celebration! Enjoy green beers and beverages, along with a live performance by champion bagpiper Fred! Make sure you wear your green!

Spring Fling Craft Fair

Make sure to stop by our Spring craft fair, Saturday, March 25th, from 11:00am to 3:00pm in our outdoor parking lot. We will have a lot of fun vendors selling goods, so make sure to come check it out! If you are interested in being a vendor, please reach out to TC at teresa@glencoveseniorliving.com for more information.



AMANDA HASSLER
Activities Director
Independent & Assisted Living

Welcome!

- Rob B.
- Peter T.
- Peggy H.

"Welcoming New Residents Happy Hour", March 1st at 1:30pm

Happy Birthday to the Following Residents

- Jim F.- March 1st
- JoAnne V.- March 4th
- Carol C.- March 26th

New Entertainer Alert

We look forward to a performance by a new female entertainer, Hilary Harris! Hilary specializes in singing popular songs from multiple decades, all the way back to the '20s and on up to present day! She has served the Bay Area and performed for over a dozen communities for many years. We look forward to a great show, **3/13 @ 1:30pm.**

Veteran's Club

Are you a Veteran? Would you like to get together with other veterans in the community? The Lodge's "Veteran's Club" will begin meeting monthly. The first meeting will be held **Wednesday, March 29th, in the Library on the second floor at 10:30am.** Share refreshments, stories, photos, information, and comradery with your fellow resident veterans.

RESIDENT SPOTLIGHT: Nanette T.



Our wonderful 2-year anniversary event was especially celebrated by Nanette T., the very first resident in the Lodge. When she saw the view from the dining room window, the deal was sealed. Nanette grew up in rural Ukiah and had the unique experience of attending school in a repurposed train caboose through the fourth grade. She enjoyed her early years with her grandparents who had immigrated to America from Finland. In her teens, Nanette was their helpful caretaker through their senior years. This launched her career in nursing. She has worked as a psychiatric nurse, in home health care, and in giving care to several children with disabilities. Nanette lost her husband to cancer when their two boys were young teens, and her life became consumed with work and family. In time, when not working, Nanette enjoyed her two sons, four grandchildren and two great-grandchildren. (Continued...)

One of her greatest accomplishments was recovering from the disease of alcoholism and living in sobriety now for 46 years. She would like to be remembered for her warm heart and caring help for others. We're proud to have Nanette as a special member of our Lodge family.

Interview conducted, and story written by resident Jude P.

Women's History Month Demonstration

In honor of March being "Women's History Month", residents and staff are invited to come to a demonstration on different women in history, **Tuesday, March 21st, at 1:30pm** in the Movie Theatre. If you are interested in being a presenter, please get in touch with Activity Director Amanda Hassler to get added to the agenda!



It's That Time Again ...

Remember that daylight saving time begins on the second Sunday in March. So move those clocks ahead one hour before you go to bed so you won't be late! If you're grumpy about losing that hour of sleep, keep in mind that daylight saving time is a sign that spring arrives soon! So look forward to longer days filled with sunshine!

TAMIA LINDSAY
Activities Director
Memory Care

We wish all the following residents a happy, happy birthday!

- Mar. 1st - Carrie A.
- Mar. 7th - Gloria R.
- Mar. 20th - Joyce V.
- Mar. 22nd - Jake S.
- Mar. 22nd - Craig (Rocky) P.
- Mar. 23rd - Kathleen D.
- Mar. 31st - Clifford M.



Snacks & Socials

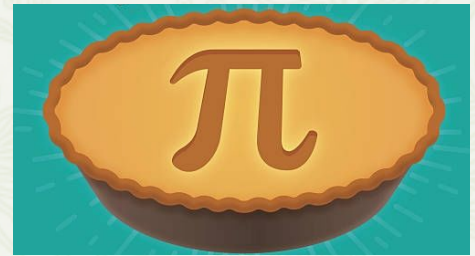
These are our upcoming snacks & socials this month:

- **Mar. 2nd** - Cat in the Hat Cookies
- **Mar. 7th** - Dirt Pudding Cups
- **Mar. 12th** - Coca-Cola Floats Social
- **Mar. 14th** - Pi (3.14) Day Pie
- **Mar. 20th** - Spring has Sprung Veggie Spring Rolls
- **Mar. 28th** - March Birthday Bash!
- **Mar. 30th** - Cold Noodle Pasta Salad

All snacks and socials will have sugar-free options available



We look forward to upcoming warm weather and exciting events this spring!



We can't wait to celebrate Pi (3.14) Day with some yummy pie on **Tuesday, March 14th!**



March 16th we will be using yarn to make Yarn Tassel Flowers to spring into the new season!



On **Monday, March 27th**, we will be updating our photos and having a fun Picture Day!

CANDID CAMERA CORNER



We got creative making these Pizza Pan Memo Boards last month as our group craft activity with Assisted/Independent Living! We have so much fun joining together to make these amazing creations.


Movies Shown This Month

Here is the list of movies we will be watching this month:

- Mar. 4th:** "Stars & Stripes Forever" (1952)
- Mar. 10th:** "The Perfect Game"
- Mar. 17th:** "The Luck of the Irish"
- Mar. 24th:** "Playing with Fire"
- Mar. 31st:** "Oklahoma!"



March 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March			1 HAPPY BIRTHDAY JIM F. AND CARRIE A!	2 Jon Bon Jovi's Birthday (1962)	3 International Ear Care Day	4 HAPPY BIRTHDAY JOANNE V!
5 Kevin Connolly's Birthday (1974)	6 <i>Mix & Mingle Dinner</i> 4:00-6:30pm	7 HAPPY BIRTHDAY GLORIA R!	8 International Women's Day	9 Barbie Debuts (1959)	10 Alexander Graham Bell Transmits First Telephone Message (1876)	11 Lawrence Welk's Birth Anniversary (1903)
12 National Plant a Flower Day	13 Good Samaritan Involvement Day	14 <i>Passport to Ireland Luncheon:</i> 11:30am-1:00pm <i>After Lunch Entertainment at 2:00pm In Lobby</i>	15 7th US President Andrew Jackson's Birth Anniversary (1767)	16 National Panda Day	17  HAPPY ST. PATRICK'S DAY	18 22nd and 24th US President Grover Cleveland's Birth Anniversary (1837)
19 National Certified Nurses Day	20 HAPPY BIRTHDAY JOYCE V!	21 Aries: The Ram (March 21-April 19)	22 HAPPY BIRTHDAY JAKE S & ROCKY P!	23 HAPPY BIRTHDAY KATHLEEN D!	24 National Chocolate Covered Raisins Day	25 <i>SPRING FLING CRAFT FAIR FROM 11:00AM-3:00PM IN PARKING LOT</i>
26 HAPPY BIRTHDAY CAROL C!	27 Sarah Vaughan's Birth Anniversary (1924)	28 Barnum & Bailey Day	29 <i>First Veterans' Club Meeting in Library at 10:30am</i>	30 Vincent Van Gogh's Birth Anniversary (1853)	31 HAPPY BIRTHDAY CLIFFORD M!	<i>Spring is in the air</i>

HOP





To It
and

Daylight saving time begins the
second Sunday in March.

SPRING

Forward!