



THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591
(707) 653-4728 • License #486803921

April 2023

SAVE THE DATES

- April 1st from 12:30-2:30pm: **Third Annual Hop & Stop!** Join us for a fun Easter event with decorated trunks and tables with goodies for the kids, pictures with our very own Easter bunny, and a special visit from "All About a Farm" petting zoo! We HOP to see you there!
- April 3rd from 8:30-11:00am: **Eggs and Bacon Easter Breakfast Mix & Mingle!** We invite family, friends, and local community members to join us for this month's Easter themed breakfast and an opportunity to network with our neighbors! Please make sure to RSVP to this event (residents included).
- April 3rd at 2:00pm: **See our Smiles Celebration!** Starting April 3rd, staff and visitors are no longer required to wear face masks within the community, and we can't wait to see everyone's smiles once again! Make sure to join us in celebration of this huge step toward normalcy in the lobby for refreshments, music, photo ops, and games with our staff!
- April 25th at 11:30am: **Destination Luncheon to Egypt!** Enjoy the flavors, sights, and sounds of Egypt. Don't miss out on the after party and help participate in the Mummy Wrap competition!



The Lodge at Glen Cove Management Team

Executive Director Grace Sandoval
 Director of
 Resident Development Cathy Villarreal
 Community Outreach
 Director Tesi (TC) O'Brien
 IL & AL Care Coordinator Beatriz Cortez
 Memory Care Coordinator Maribel Mendoza
 IL & AL Activities Director Amanda Hassler
 Maintenance Director Michael Robbins
 MC Activity Director Tamia Lindsay
 Dining Services Director Dennis Rasmussen
 Medical Records Mackenzie Moody



AMANDA HASSLER
Activities Director
Independent & Assisted Living

Happy Birthday to the Following Resident

• Marge H.- April 7th
"April Birthday Bash", Wednesday,
April 26th, at 1:30pm in the
Lighthouse Café

Welcome!

- Peggy R.
- Robert B.
- Joe B.
- Marinell S.
- Beatriz T.
- Domingo M.
- Lynne B.
- Charlene G.

"Welcoming New Residents Happy Hour", April 5th at 1:30pm

Friendly Reminder: After-Hours Phone Numbers

We want to ensure you are able to get in touch with your loved one or our staff whenever needed! Our front desk reception line (707-653-4728) is available between the hours of 9:00am and 5:00pm. If you are trying to get in touch with our community after hours, please use the following **after-hours and 24-hour assistance lines to reach us:**

- 707-770-8283 (Med Tech Line)
- 707-666-1481 (MC Care Coordinator)
- 707-666-1054 (AL Care Coordinator)

Staff Spotlight



"We congratulate Chef Mauro Valadez Castro, our Employee of the Month. His breakfast and lunch menus are appreciated and enjoyed by the residents. Mauro grew up in nearby Suisun in a large family with three brothers and three sisters. He loved camping and picnics with them in Marin County's recreation areas. Mauro began his career in food service seeking employment only for the salary, but grew to love the restaurant trade and worked his way up to being a chef. A favorite Mauro creation often requested by his family is Coconut Shrimp, which he coats with his own batter and then fries. When not planning or cooking meals, Mauro keeps himself in shape at the local gym. Here at the Lodge, Mauro enjoys the friendly relationships and rewarding work with the kitchen crew. All the crew know Mauro as joyful and easy to get along with. Mauro is proud of reaching his accomplishments from simple beginnings. The advice he shares from his experiences is: you can always learn from your mistakes. We're fortunate to have Mauro preparing our delicious meals."

-Interview conducted and article written by resident Jude P.

Community Update

We have great news to share with you. **As of Monday, April 3, staff and visitors are no longer required to wear a face mask within our community.** The CDPH still recommends you wear a mask around others if you have respiratory symptoms (e.g., cough, runny nose, and/or sore throat). If you've had a significant exposure to someone who has tested positive for COVID-19, wear a mask for 10 days. Currently at the Lodge we are asking everyone to self-screen before entering our community. We ask that you do not enter if: You are experiencing symptoms or respiratory or other contagious illness (e.g., cough, fever, etc.). We thank you for your continued cooperation and support!

Our Condolences

Our deepest condolences to the family and friends of Lucille A. Lucille was dear to us all and will be greatly missed. We will remember her for her wonderful smile and kindness she showed others. We send our love to her family and friends. May she rest in peace.



TAMIA LINDSAY
Activities Director
Memory Care

As springtime approaches, we look forward to being outside more and more! We are hoping to brighten up our courtyard with flowers in our little garden, go out on more outdoor walks, and even have a picnic or two!



Happiest Birthday to Our Following Resident:

- Peggy O. - 4/22

Snacks & Socials

These are our upcoming snacks & socials this month:

- **April 2nd** - Peanut Butter & Jelly Sandwiches
- **April 6th** - Ants on a Log
- **April 10th** - Colorful Cake Pops
- **April 11th** - Peanut Butter Cornflake Bars
- **April 17th** - Butterfly Celery Snack
- **April 23rd** - Soda Float Social
- **April 26th** - April Birthday Bash!

All snacks and socials will have sugar-free options available



As the weather gets nicer, we will go on our Scenic Bus Trips every **Wednesday!**



Let's have some fun with a Confetti Egg Toss on **Tuesday, April 4th!**



On **Sunday, April 9th**, we will have our own Easter Egg Hunt!



Saturday, April 22nd, we will have fun by making jewelry with Tina!



CANDID CAMERA CORNER



Here's an example of one of our talented residents' Flower Door Wreath! All ready for spring time!

Showtime: April Screenings

Here are the movies screening this month:

- April 7th- "Wizard of Oz" (1939)
- April 14th- "The Three Musketeers"
- April 21st- "Field of Dreams"
- April 28th- "Indiana Jones & the Raiders of the Lost Ark"



April 2023

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--|---|---|---|--|--|---|
| April | | | | | | 1 COMMUNITY EASTER "HOP & STOP" EVENT 12:30-2:30PM |
| 2 Hans Christian Andersen's Birth Anniversary (1805) | 3 Eggs & Bacon Easter Breakfast Mix & Mingle @ 8:30am | 4 Maya Angelou's Birth Anniversary (1928) | 5 Gold Star Spouses Day | 6 US Enters World War I (1917) | 7 HAPPY BIRTHDAY MARGE H! | 8 Hank Aaron Sets Home Run Record (1974) |
| 9 Civil War Ends (1865) | 10  | 11 National Pet Day | 12 Polio Vaccine Announced (1955) | 13 National Scrabble Day | 14 National Gardening Day | 15 First McDonald's Opens (1955) |
| 16 National Wear Your Pajamas To Work Day | 17 National Haiku Poetry Day | 18 Adult Autism Awareness Day | 19 National Garlic Day | 20 Taurus: The Bull (April 20-May 20) | 21  | 22 HAPPY BIRTHDAY PEGGY O! |
| 23/30 First Movie Theater Opens (1896) | 24 Library of Congress Created (1800) | 25 DESTINATION LUNCHEON: EGYPT @ 11:30AM | 26 Carol Burnett's Birthday (1936) | 27 National Babe Ruth Day | 28 National Superhero Day | 29 International Dance Day |



EARTH DAY

APRIL 22

A GREEN EARTH
IS A HAPPY EARTH!