



# THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591  
(707) 653-4728 • License #486803921



### The Lodge at Glen Cove Management Team

Executive Director .....	Grace Sandoval
Director of Resident Development .....	Cathy Villarreal
Community Outreach Director .....	Tesi (TC) O'Brien
IL & AL Care Coordinator .....	Beatriz Cortez
Memory Care Coordinator .....	Maribel Mendoza
IL & AL Activities Director .....	Amanda Hassler
Maintenance Director .....	Michael Robbins
MC Activity Director .....	Tamia Lindsay
Dining Services Director .....	Dennis Rasmussen



February 2023

SAVE THE DATE

You're Invited to

The Lodge at Glen Cove's

**3<sup>rd</sup> ANNUAL**

**CHILI COOKOFF**

**THURSDAY, FEB. 23RD 2023**  
**11:00AM-1:30PM**

JOIN US FOR A GOOD OLD FASHION COOK  
OFF BETWEEN OUR LEAD CHEF AND  
COMMUNITY MEMBERS!  
WINNER WILL HAVE LUNCH PROVIDED  
FOR THEIR TEAM!

Celebrate "National Chili Day" with us and taste a variety of delicious homemade chilis! If you'd like to participate in the contest this year and provide a chili, please feel free to reach out to us! The more the merrier!

For more information & to RSVP email:  
[Amanda@Glencoveseniorliving.com](mailto:Amanda@Glencoveseniorliving.com)



**AMANDA HASSLER**  
*Activities Director*  
*Independent & Assisted Living*

### Happy Birthday to the Following Residents

- June B. - February 3rd
- Rosie B. - February 14th
- Charles B. - February 14th
- Dr. Marian D. - February 19th
- Tess H. - February 23rd
- Roger E. - February 26th
- Larry H. - February 29th

### Welcome to Our Community

- Doris T.
- Eleanor M.
- Larry H.
- Arlene A.

*Welcoming New Residents Happy Hour, February 1st at 1:30pm in the Lighthouse Cafe'!*

### February Fun

Make sure to join us for the following special events this month:

- Feb. 2nd: **Groundhog Day** - join us for our second annual groundhog hunt in the lobby at 10:30am
- Feb. 8th: Celebrating **Black History Month** at 1:30pm in the Cafe'
- Feb. 14th: **Valentine's Day Celebration** in the lobby at 2:00pm. Valentine's Kings and Queens will be announced at lunch time!
- Feb. 21st: **Mardi Gras Celebration** in the Cafe' at 2:00pm

### TEAM MEMBER SPOTLIGHT



We are proud to share that Caylie Petrie was awarded Employee of the Month for her careful and compassionate care of the residents of the Lodge. Caylie loves her job as a med tech because interacting with her patients allows her to have relationships with them. She enjoys being helpful and making everyone happy.

"It's so easy to get attached to them," she affirms. Her care is testimony to her belief that "you should treat others with kindness." Caylie is the youngest of four children and enjoys living at home with her parents and beloved cat, Taz, creating memories from their good times together. Her own best memory is realizing the importance of education in junior high, which became a motivation to be a straight-A student. Caylie is attending Diablo Valley College with hopes of working toward a degree in psychiatry. We support Caylie in her goal and love having her here with us at the Lodge.

*-Story written and interview conducted by resident Jude P.*



### Valentine's King and Queen

It's that time of year and we will be crowning resident Kings and Queens this coming Valentine's Day! To place your vote, please choose one male and one female resident from both our Assisted Living and Memory Care residents. To submit your vote, email your choices to Amanda Hassler (email listed below) by Monday, February 13th as winners will be announced on Valentine's Day. We look forward to seeing who wins the crowns this year!  
[Amanda@glencoveseniorliving.com](mailto:Amanda@glencoveseniorliving.com)

### Monthly Mix & Mingles

We invite our local Glen Cove and Vallejo community members, family, friends, and residents to join us for our second monthly "Mix and Mingle," this **February 6th!** Enjoy a luncheon provided by our dining staff and an opportunity to meet new people local to our area!

### Diabetes Management & Prevention Seminar

Join us in the Movie Theatre for this informational seminar provided by Sutter Health, Thursday, February 9th, at 1:30pm.



TAMIA LINDSAY  
Activities Director  
Memory Care



We invite family and friends to join us in showing our residents love this Valentine's Day as we will have Valentine-O-Grams for sale! Be on the lookout for upcoming information on how to purchase yours! All proceeds will go to the Alzheimer's Association.

## Snacks & Socials

These are our upcoming snacks & socials this month:

- Feb. 6th - Cookie Decorating
- Feb. 12th - Super Bowl Watch Party!
- Feb. 13th - Love Bug Pudding Cups
- Feb. 14th - Valentine's Day Ball
- Feb. 20th - Presidents Day Social
- Feb. 21st - Mardi Gras with King's Cake
- Feb. 28th - February Birthday Bash!

*\*All snacks and socials will have sugar-free options available\**



This month is full of fun and excitement! We look forward to all that is planned; just be on the lookout for any changes that may occur to our calendar!



Sunday, February 12th is Super Bowl Sunday! We'll enjoy snacks & cheer on the teams to winning!



February 14th, we will have our Valentine's Day Ball! Let's get all dressed up & show each other some love & appreciation. This day we will also announce our Valentine's Day King & Queen!



Mardi Gras is on February 21st and we will be celebrating the event with festivities, facts, and a yummy King's Cake!

## CANDID CAMERA CORNER



We had a blast making these vision boards for 2023!

## Movies Shown This Month






Here are the movies we look forward to watching this month in our theater room:

- Feb. 3rd: "A Little Game"
- Feb. 10th: "All Things Valentine's"
- Feb. 17th: "The King's Daughter"
- Feb. 24th: "Slumberland"



## February 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	<i>American</i> <b>HEART</b> MONTH♥		1 National Black History Month	2  GROUNDHOG DAY	3 <b>HAPPY BIRTHDAY</b> <i>JUNE B!</i>	4 Rosa Parks' Birth Anniversary (1913)
5 Henry Louis "Hank" Aaron's Birth Anniversary (1934)	6 40th US President Ronald Reagan's Birth Anniversary (1911)	7 Ballet Introduced to US (1827)	8 <b>Celebrating Black History Month @ 1:30pm</b>	9 National Pizza Day	10 First Computer Chess Victory Over Human (1996)	11 National Make a Friend Day
12  <b>SUPER BOWL</b>	13 First Magazine Published in America (1741)	14 <b>HAPPY BIRTHDAY</b> <i>ROSIE &amp; CHARLES!</i>	15 Susan B. Anthony Day	16 LeVar Burton's Birthday (1957)	17 Hal Holbrook's Birth Anniversary (1925)	18 National Drink Wine Day
19 <b>HAPPY BIRTHDAY</b> <i>DR. MARIAN D!</i>	20 Presidents Day Pisces: The Fish (Feb. 20-March 20)	21  <b>MARDI GRAS</b>	22 1st US President George Washington's Birth Anniversary (1732)	23 <b>HAPPY BIRTHDAY</b> <i>TESS H!</i> <b>COMMUNITY CHILI COOK-OFF</b> 11:00AM-1:30PM	24 Steven Jobs' Birth Anniversary (1955)	25 National Chocolate Covered Peanuts Day
26 <b>HAPPY BIRTHDAY</b> <i>ROGER E!</i>	27 International Polar Bear Day	28 Floral Design Day	♥♥ FEBRUARY ♥♥			

### FLOWER OF THE MONTH | FEBRUARY

# Violet

*Loyalty  
and modesty*

