



# THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591  
(707) 653-4728 • License #486803921

January 2023

## The Lodge at Glen Cove's 2 Year Anniversary!

Our community is turning another year older this January 15th, as we opened our doors for the first time two years ago that day! We are very excited to celebrate with our residents and their loved ones for this big anniversary! We can't thank our residents, their loved ones, our staff, and our community members enough helping to make our community what it is today! Please join us to celebrate, **Tuesday, January 17th, from 4:00pm-5:30pm** in our front lobby for appetizers, celebratory beverages, and music by DJ Noel. Please RSVP to [Amanda@glencoveseniorliving.com](mailto:Amanda@glencoveseniorliving.com) by Wednesday, January 11th. We're encouraging guests, residents, and staff to wear blue in honor of our community's color!



### The Lodge at Glen Cove Management Team

Executive Director ..... Grace Sandoval  
Director of  
Resident Development ..... Cathy Villarreal  
Community Outreach  
Director ..... Tesi (TC) O'Brien  
IL & AL Care Coordinator ..... Beatriz Cortez  
Memory Care Coordinator ..... Maribel Mendoza  
IL & AL Activities Director ..... Amanda Hassler  
Maintenance Director ..... Michael Robbins  
MC Activity Director ..... Tamia Lindsay  
Dining Services Director ..... Dennis Rasmussen





AMANDA HASSLER  
Activities Director  
Independent & Assisted Living



### Happy Birthday to the Following Residents

- Jan C.- January 14th
- Elly H.- January 30th

### Welcome to Our Community

Wishing a warm welcome to our newest resident, Margaret R!

### On-Site Hairdresser

Patricia has come on board as our new on-site hairdresser for our community's salon. She also offers haircuts, color, styling, and treatments, along with manicures and waxing! For pricing, more services information, and scheduling, please feel free to call her at 707-208-6995. All appointments must be made by contacting her directly. Pricing and services lists are also available at the front desk. Make your appointment today!



## Employee Spotlight

"Rea Verzo-Mendiola was awarded 'Employee of the Month' this past December for her outstanding service in the dining room. She enjoys 'contributing to the warm, friendly dining experience' and credits Chef Gabriel for keeping her on track. Rea has spent this year getting familiar with the environment and the residents. She loves the sense of community at the Lodge and appreciates hearing her name spoken by the residents, making her feel like part of a family. Thanks, and congratulations to Rea for all her friendly service!"  
*-Interview conducted, and article written by resident Jude P.*



Congratulations, Rea! Thank you for all your hard work!

### Activities Reminder: Sunday's Religious Services

Catholic Communion is offered every Sunday in the Library on the 2nd floor at 12:30pm.

A non-denominational church service, held by Pastor Sonja, is offered every Sunday in the Private Dining on the 1st floor at 1:00pm. If you are interested in participating in either activity or would like more information, please feel free to get in touch with Activities Director Amanda. Thank you!

### Thank You

We'd like to extend our gratitude to all family members and friends that helped make this past holiday season special for our staff members and residents. We hope everyone had a wonderful holiday with their families and loved ones. Looking forward to all 2023 has in store!

### Our Condolences

*Deepest condolences to the family and friends of Susan S, Janet C, Lynn M, and Doug H. We will miss their kindness, humor, friendship, and love they shared with us. May they rest in peace and all our love to their families, friends, and loved ones. If you have a memory or message you'd like to share, please write it at the memorial table near the dining room table.*



TAMIA LINDSAY  
Activities Director  
Memory Care



Every Tuesday, we play *Fill in the Blank*, our fun version of Wheel of Fortune! We would love any suggestions of Phrases we could use for the game!

Email  
[tamia@glencoveseniorliving.com](mailto:tamia@glencoveseniorliving.com) with your requests!

## CANDID CAMERA CORNER



Our residents loved our night drive to see all the holiday lights around the area! Here's Jamie admiring the beautiful lights!

## Snacks & Socials

These are our upcoming snacks & socials this month:

- Jan. 9th - Snowman Snack Cup
- Jan. 17th - Celebrating The Lodge's 2nd Anniversary!
- Jan. 19th - Polar Bear Paw Pudding
- Jan. 23rd - Banana Sushi
- Jan. 24th - Bread Baking & Jam Tasting
- Jan. 26th - No-Bake Cookies
- Jan. 31st - January Birthday Bash with Coca-Cola Floats!

*\*All snacks and socials will have sugar-free options available\**

## Movies Shown This Month

Here are the upcoming movies showing this January:

- Jan. 6th: "A Little Game"
- Jan. 13th: "27 Dresses"
- Jan. 20th: "The War with Grandpa"
- Jan. 27th: "We Bought a Zoo"



*We're ringing in the new year with exciting activities and look forward to what it is to come!*



Thursday, January 12th, we will be Scrapbooking with our friends from Assisted/Independent Living! Let's get creative to start off the new year!



We are so excited to celebrate Yvonne B.'s birthday on January 29th! Wishing you an amazing day!



On January 30th, we encourage everyone to wear their favorite sports team apparel for *Favorite Sports Team Day!*



## January 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><i>Happy New Year</i></p> <p>1</p>	<p><b>New Year's Day (Observed)</b></p> <p>2</p>	<p>3</p> <p>National Chocolate Covered Cherry Day</p>	<p>4</p> <p>National Trivia Day</p>	<p>5</p> <p>National Bird Day</p>	<p>6</p> <p><b>Performance by the Walnut Creek Bell Ringers @ 1:00pm</b></p>	<p>7</p> <p>First US Commercial Bank (1782)</p>
<p>8</p> <p>Elvis Presley's Birth Anniversary (1935)</p>	<p>9</p> <p>37th US President Richard Nixon's Birth Anniversary (1913)</p>	<p>10</p> <p>National Cut Your Energy Costs Day</p>	<p>11</p> <p><b>Winter Sip &amp; Paint Party @ 2:00pm</b></p>	<p>12</p> <p><b>2022 Scrapbooking in the Cafe at 10:30am</b></p>	<p>13</p> <p>Radio Broadcasting Anniversary (1910)</p>	<p>14</p> <p><b>HAPPY BIRTHDAY JAN C!</b></p>
<p>15</p> <p>First Super Bowl (1967)</p>	<p>16</p> <p>REMEMBER HIS DREAM <b>M.L.K. JR. DAY</b></p>	<p>17</p> <p><b>THE LODGE AT GLEN COVE'S 2 YEAR ANNIVERSARY PARTY 4:00-5:30PM</b></p>	<p>18</p> <p>Lewis and Clark Expedition Commissioned (1803)</p>	<p>19</p> <p>National Popcorn Day</p>	<p>20</p> <p>Aquarius: The Water Carrier (Jan. 20-Feb. 19)</p>	<p>21</p> <p>National Hugging Day</p>
<p>22</p> <p><i>HAPPY CHINESE NEW YEAR</i></p>	<p>23</p> <p>John Hancock's Birth Anniversary (1737)</p>	<p>24</p> <p>Belly Laugh Day</p>	<p>25</p> <p>First Winter Olympics (1924)</p>	<p>26</p> <p>National Peanut Brittle Day</p>	<p>27</p> <p>National Holocaust Remembrance Day</p>	<p>28</p> <p>Challenger Space Shuttle Explosion (1986)</p>
<p>29</p> <p><b>HAPPY BIRTHDAY YVONNE B!</b></p>	<p>30</p> <p><b>HAPPY BIRTHDAY ELLY H!</b></p>	<p>31</p> <p>National Hot Chocolate Day</p>	<p style="text-align: center;">❄️ ❄️ ❄️ ❄️ ❄️</p> <h1 style="text-align: center;">January</h1> <p style="text-align: center;">❄️ ❄️ ❄️ ❄️ ❄️</p>			

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R.

Day

Third Monday in January

