

# THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591 (707) 653-4728 • License #486803921



#### The Lodge at Glen Cove Management Team

Executive Director	Grace Sandoval
Director of	
Resident Development	Cathy Villarreal
Community Outreach	
Director	Tesi (TC) O'Brien
IL & AL Care Coordinator	Beatriz Cortez
Memory Care Coordinator	Maribel Mendoza
IL & AL Activities Director	Amanda Hassler
Medical Records	Dacia Mitchell
Maintenance Director	Michael Robbins
MC Activity Director	Tamia Lindsay
Dining Services Director	Dennis Rasmussen



# December 2022

### Join Us for Some Holiday Fun!

#### **Holiday Concert Event**

Join us in our front lobby, **Tuesday, December 13th, from 5:30pm-7:00pm** for an indoor holiday performance by Helios and take pictures with your loved one in the VW Bus photo booth! Refreshments provided, just bring yourself!

#### **Cookie Swap and Photos With Santa**

Santa is coming to town, and we hope you can, too! Santa will be here, **Monday**, **December 19th**, from **5:00-6:00pm** for photos with family and friends!

#### **Family Movie Night**

Join us, **Wednesday**, **December 21st**, **at 6:00pm** in our lobby for screening of the classic 1954 holiday favorite, "White Christmas" on a big screen! Wear your favorite Holiday Jammies and come get cozy with popcorn and refreshments provided.

#### Santa's Workshop

Join us **Thursday**, **December 15th**, **from 1:30-3:30pm** for a variety of crafty workshops! We will have three activities to choose from, a cooking activity in the private dining room, succulent planting in the Lighthouse Café, and a Christmas Candle craft in the upstairs activity room. <u>Please RSVP no later than</u> <u>Monday</u>, <u>Dec. 12th</u>, with which craft (or crafts) you'd like to join so we can ensure we have enough supplies.

Please RSVP to Amanda@Glencoveseniorliving.com to join any of the above events.

#### <u>AMANDA HASSLER</u> <u>Activities Director</u> <u>Independent & Assisted Living</u>

Wishing a warm welcome to our newest residents

- June B.
- Eddi A.
- Roger & Sally E.
- Jim F.

#### Happy Birthday to the Following Residents

- Arthur V. Dec. 12th
- Ruby B. Dec. 13th
- Beverly T. Dec. 15th
- Maria M. Dec. 21st
- Leona B. Dec. 25th
- Daryl H. Dec. 29th

#### **Holiday Lights Drives**

If you'd like to join us on one of our evening drives to see the local Christmas lights, please sign up at the front desk as seating is limited. Please only sign up for one of the following dates: Monday, December 5th, & Wednesday, December 7th, at 5:30pm.

#### **Special Dress Up Days:**

- Dec. 5th- Blue Jeans Day! (Staff are encouraged to donate \$5.00 to the Alzheimer's Association and get to wear jeans to work.) Residents wear jeans to join the fun!
- Dec. 13th-Wear holiday colors (i.e., red & green).
- Dec. 16th- Wear your ugly holiday sweater or shirt.
- Dec. 21st- Wear your favorite holiday pajamas!

#### **Door Decorating Contest**

Get in the holiday spirit by decking out your apartment door for the holidays! Prizes will be given to the doors with the most votes! Make sure to have your door ready for judging by Sunday, December 11th, and winners will be announced Monday, December 12th!



#### Resident Spotlight: Russell H.

Sharing our seasonal, "Ho Ho Ho" to a visit with Russell Ho, we learn he enjoys his 5 children, 6 grandchildren, and 5 great-grandchildren. Russell comes from the beautiful state of Hawaii and willingly shares its friendly "Aloha" spirit! Called to the priesthood as a young man, he developed a love for writing, noting pastoral thoughts in the Hawaiian Catholic newspaper. Even today, his love for writing is evident in the continuing pages of his autobiography, binding his experiences in a book that will be a treasure for his family. His life as a priest was filled with meaningful purpose for four vears when the most memorable moment to redirect his life occurred with his marriage to Jackie, his wife of 54 years.

(Continued on next column...)

#### (spotlight continued...)

He worked in banking as a corporate lending officer and with Pac Bell in many positions of management. He took an early retirement to earn his teaching credential and after two fellowship awards at UC Davis, moved into the world of Junior High students. Russell drew full participation from his students who at the end of class would ask, "Is it over already?" His ability to hold the interest and attention of his students earned him the respect of his peers. Kindness is the word to characterize Russell, whose favorite phrase is, "There is no harm in being kind." He would wisely encourage everyone to "live life for the moment, filled with kindness and love." There is no better advice this holiday season! Blessings!

-Interview and article conducted and written by resident Judy P.



Russell is pictured here wearing purple beads in honor of the Walk to End Alzheimer's.

#### <u>TAMIA LINDSAY</u> <u>Activities Director</u> <u>Memory Care</u>

Dear family members, if your loved one will be in the community Christmas morning, December 25th, at 10:30am, we'd love to have a gift for them under the tree to open after breakfast as a fun activity! If you are able, please bring a wrapped gift for your loved one by Saturday, December 24th, with their name marked clearly on the gift. Wishing everyone a wonderful holiday season!



# Snacks & Socials

These are our upcoming snacks & socials this month!

- December 4th Decorating Cookies for Cookie Day
- December 8th Rice Krispie Reindeer
- December 12th -Decorating Gingerbread Houses & Cookies
- December 14th Baking Holiday Cookies
- December 19th -Community Christmas Dinner
- December 27th Holiday Party

\*All snacks and socials will have sugar-free options available\*



Memory Care had such a fun time making our Fall Mason Jar Luminaries with Assisted and Independent Living! We look forward to more combo activities!

## Movies Shown This Month



- Dec. 2nd: "Christmas with the Kranks"
- Dec. 9th: "ELF"
- Dec. 16th: "How the Grinch Stole Christmas"
- Dec. 23rd: "A Christmas Carol"
- Dec. 30th: "New Year's Eve"





**Friday, December 9th**, we will be making Holiday Cards as it is Card Making Day!



We will be taking scenic drives to see holiday lights, Monday, December 12th, & Wednesday, December 14th, at 5:00pm.



On **December 10th**, we will be planting Forget Me Not flowers for Forget Me Not Day! We encourage families to join & share pictures as we reminisce & garden!



December 2022								
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
D	ECE	MBE	IR	Decorating the 1 Christmas Trees (Activity Room 10:30pm, Dining Room 2:00pm)	2 International Day for the Abolition of Slavery	<b>3</b> First Heart Transplant (1967)		
4 International Space Station Launch (1998)	5 Jeans Fundraiser Day!	6 Everglades National Park Established (1947)	7 National Pearl Harbor Remembrance Day	8 America Enters World War II (1941)	9 John Milton's Birth Anniversary (1608)	10 Emily Dickinson's Birth Anniversary (1830)		
11 UNICEF Established (1946)	12 HAPPY BIRTHDAY ARTHUR V!	HAPPY BIRTHDA¥3 RUBY B! Holiday Concert Event 5:30-7:00pm Wear Holiday Colors!	14 South Pole Discovered (1911)	15 HAPPY BIRTHDAY BEVERLY T! Santa's Workshop Event 1:30-3:30pm	16 Wear an Ugly Holiday Sweater, Or Shirt!	17 National Maple Syrup Day		
HAPPY 18 Havekag	Community 19 Christmas Candlelight Dinner @4:00pm Photos With Santa 5:00-6:00pm	20 International Human Solidarity Day	HAPPY BIRTHDA MARIA M! Family Movie Night @ 6:00pm Wear Your Favorite Holiday Pajamas!	22 Capricorn: The Goat (Dec. 22-Jan. 19)	23 Madam C.J. Walker Birth Anniversary (1867)	24 Merry Christmas Eve!		
25 HAPPY BIRTHDAY LEONA B! MERRY CHRISTMAS!	26 Boxing Day	27 National Fruitcake Day	28 National Call a Friend Day	<b>29</b> HAPPY BIRTHDAY DARYL H!	30 New Year's Celebration @ 1:30pm	31		



