



# THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591  
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## The Lodge at Glen Cove Management Team

Executive Director ..... Grace Sandoval  
 Director of  
 Resident Development ..... Cathy Villarreal  
 Community Outreach  
 Director ..... Tesi (TC) O'Brien  
 IL & AL Care Coordinator ..... Beatriz Cortez  
 Memory Care Coordinator ..... Lisa Bellini  
 IL & AL Activities Director ..... Amanda Hassler  
 Medical Records ..... Dacia Mitchell  
 Maintenance Director ..... Michael Robbins  
 MC Activity Director ..... Tamia Lindsay  
 Dining Services Director ..... Dennis Rasmussen  
 Housekeeping Supervisor



October 2022



We hope you can join us this month for the 2022 Walk to End Alzheimer's. If you'd like to register, or make a donation to our team, please visit the Walk to End Alzheimer's website at [act.alz.org](http://act.alz.org). Our team's name is "Aged to Perfection." We appreciate any donations and support as we strive to reach our goal to raise funds and awareness for this wonderful cause! For more information, please feel free to contact us on ways you can participate!

### DATE/TIMES:

Saturday, October 22nd  
 Check-ins 8:30am  
 Ceremony 9:30 am  
 Walk begins at 10:00 am.

### LOCATION:

600 Main Street  
 Suisun City, CA 94585  
 Harbor Plaza



**AMANDA HASSLER**  
**Activities Director**  
**Independent & Assisted Living**

### **Happy Birthday to the Following IL/AL Residents!**

- Rose B. - 10/04
- Lynn M. - 10/14
- Marie H. - 10/15
- Henri L. - 10/17



### **Welcome to Our Community**

Wishing a warm welcome to our newest residents:

- Marilyn K.
- Craig H.
- Marge B.

### **Our Condolences**

*Our deepest condolences to the family and friends of the following residents, Martha H., Debbie S., Beverly H., and Gil R. In this sorrowful time, we'd like to extend all of our love to those close to them. We are extremely grateful for the time we had, as each resident was an amazing person with incredible stories to share. May they rest in peace.*



### **Save the Dates!**

- **Community Car Show & BBQ-** Tuesday, October 4th, from 4:00pm-6:30pm. Enjoy classic cars, tunes, and BBQ. Family and friends are welcome to join us!
- **Destination Passport Dinner to Germany-** Tuesday, October 11th, at 4:00pm. Enjoy an Oktoberfest themed dinner and afterparty with live polka music!
- **"Guess Who Gallery" Happy Hour-** Wednesday, October 19th, at 1:30pm. Enjoy refreshments as we guess whose childhood photos belong to whom. Prizes awarded for most correct guesses!
- **Walk to End Alzheimer's-** Saturday, October 22nd, at 10am in Suisun. Please see the front page for further details!
- **2nd Annual Trunk or Treat-** Tuesday, October 25th, @ 4:00pm. Invite the little ones to come get goodies and enjoy the fun holiday decor and costumes!
- **Halloween Costume Contest Party & Haunted Room-** Monday, October 31st, at 2:00pm. Take a stroll through our haunted room if you dare! Make sure to dress up as awards will be given out for best costume categories!

### **Monthly Meetings**

Make sure to check your activity calendar to join our monthly meetings that help us better our community! Our "Activity Planning Meeting" helps our activity department know what activities and events you would like to see. Our "Residents' Council" goes over every department of our community and encourages residents to give us feedback on how we are serving you. "Chef's Chat" is held with our Dining Services Director and allows you an opportunity to give feedback on meals and service! We want to hear from you!

### **Halloween Door Decorating Contest**

We invite all residents to compete in a "spook-tacular" Halloween Door decorating contest! Deck out your door in Halloween decorations and prizes will be awarded for the top three voted doors! Please have your door decorated and ready for voting by Wednesday, October 26th.



### **Scary Movie Night**

Join us in the movie theatre **Wednesday, October 19th, at 5:30pm** for a spooky evening showing of Alfred Hitchcock's classic horror film "PSYCHO." Bring a blanket, a friend, and your bravery! Popcorn and concessions will be provided.



TAMIA LINDSAY  
Activities Director  
Memory Care

We have a couple birthdays this month and look forward to celebrating them! Don't forget to wish them a nice, warm Happy Birthday to our lovely Memory Care residents!

- Diane W. - 10/27
- Carol S. - 10/30



**October Snacks & Socials**

Please look forward to our tasty snacks and fun socials!

- **October 4th** - Fluffernutter Sandwiches
- **October 10th** - Cake Decorating Day
- **October 11th** - Oktoberfest Social
- **October 17th** - Caramel Apples
- **October 25th** - Pasta Salad
- **October 30th** - Candy Corn Social
- **October 31st** - Halloween Party!

*\*All snacks and socials will have sugar-free options available\**



Football season is here and we look forward to watching games together with some yummy snacks on **Sundays this month!**



On Saturday, October 22nd, we will have our own in-house walk-around in honor of our staff members participating in the Walk to End Alzheimer's!



Please join us on dressing up for Halloween on **Monday, October 31st**, as there will also be a costume contest, fun tricks, and sweet treats!

**CANDID CAMERA CORNER**



Our residents had so much fun with our *End of Summer Bowling Bash!*

**Movies Shown This Month**



This month is filled with "spooky" and fun movies to watch and enjoy!

**October 7th:** "Spooky Buddies"

**October 14th:** "The Haunted Mansion"

**October 21st:** "Addams Family"

**October 28th:** "Hocus Pocus"



## October 2022

Sunday
Monday
Tuesday
Wednesday
Thursday
Friday
Saturday

# October

						1 National Breast Cancer Awareness Month
2 Mohandas (Mahatma) Gandhi's Birth Anniversary (1869)	3 Chubby Checker's Birthday (1941)	4 <b>COMMUNITY CAR SHOW &amp; BBQ</b> <i>HAPPY BIRTHDAY ROSE B!</i>	5 21st US President Chester A. Arthur's Birth Anniversary (1829)	6 World Smile Day	7 Dow Jones Industrial Average Anniversary (1896)	8 <i>HAPPY BIRTHDAY ARTHUR K!</i>
9 John Lennon's Birth Anniversary (1940)	10 US Naval Academy Founded (1845)	11 <b>DESTINATION DINNER TO GERMANY &amp; OKTOBERFEST PARTY</b>	12 Hugh Jackman's Birthday (1968)	13 White House Cornerstone Laid (1792)	14 <i>HAPPY 102ND BIRTHDAY LYNN!</i>	15 <i>HAPPY BIRTHDAY MARIE H!</i>
16 Dictionary Day	17 <i>HAPPY BIRTHDAY HENRI L!</i>	18 First Newspaper Comic Strip (1896)	19 <b>Scary Movie Night @ 5:30- Showing "PSYCHO"</b>	20 Mickey Mantle's Birth Anniversary (1931)	21 Alfred Nobel's Birth Anniversary (1833)	22 <b>WALK TO END ALZHEIMER'S</b>
23/30 <i>HAPPY BIRTHDAY CAROL S!</i>	24/31 <b>HAPPY HALLOWEEN</b>	25 <b>COMMUNITY TRUNK OR TREAT</b>	26 Hillary Rodham Clinton's Birthday (1947)	27 <i>HAPPY BIRTHDAY DIANE W!</i>	28 Statue of Liberty Dedication (1886)	29 John Glenn Becomes Oldest Man in Space (1998)



HAPPY HALLOWEEN!

Hope your holiday is wickedly fun!