



THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

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The Lodge at Glen Cove Management Team

Executive Director Grace Sandoval
 Director of
 Resident Development Cathy Villarreal
 Community Outreach
 Director Tesi (TC) O'Brien
 IL & AL Care Coordinator Beatriz Cortez
 Memory Care Coordinator Lisa Bellini
 IL & AL Activities Director Amanda Hassler
 Medical Records Dacia Mitchell
 Maintenance Director Manuel Ferrer
 MC Activity Director Tamia Lindsay
 Dining Services Director Dennis Rasmussen
 Housekeeping Supervisor Michael Robbins



September 2022

SAVE THE DATE!

THE LODGE AT GLEN COVE VS. ROCKVILLE TERRACE SENIOR LIVING

2nd Annual
**MINI GOLF
 TOURNAMENT**

SATURDAY - SEPTEMBER 17TH
 8AM - 10AM

Scandia Family Fun Center

Rockville Terrace SENIOR LIVING

Complimentary Brunch to follow Tournament at Rockville Terrace Senior Living
 4625 Mangels Blvd

A miniature event for a huge cause.

Help make this a September to Remember for those whose memory has been effected by Alzheimers / Dementia

3 ways you can help this Great Cause

- *Foursome Round of Golf \$80
- *Sponsor a Hole (Company or Family Name) \$100
- *Name the Hole for your loved one \$50

All proceeds go to the Alzheimers Association

RSVP/Info:
 The Lodge at Glen Cove
 TC O'Brien (707)317-0215

Rockville Terrace
 Christina (707)862-2222

We hope family and friends can join us for this wonderful event! All proceeds will go toward the Walk to End Alzheimer's! For more information, please feel free to contact us!

AMANDA HASSLER
Activities Director
Independent & Assisted Living

EXTRA EXTRA
Community News

Happy Birthday to the Following IL/AL Residents!

- Claudia G. - 9/04
- Janet M. - 9/21
- Mary C. - 9/22
- Janet C. - 9/27
- Pauline B. - 9/29

Monthly Chef's Chat

Check your Activity Calendar for the next scheduled Chef's Chat, where we invite residents to a meeting with our new Dining Services Director, Dennis! He is happy to meet once a month to hear your feedback! Meetings will be held once a month, in the upstairs Activity Room. We hope to see you there.

National Assisted Living Week

National Assisted Living Week is designed to raise awareness of the role assisted living plays in serving the nation's older adults. We will be celebrating our hardworking staff and treating them to different goodies each day of the week starting September 12th through the 17th!

Gardening and Goodies With Grandparents

In honor of "Grandparents Day" this month, we will be hosting a fun activity for residents and their grandchildren, Wed., September 7th, from 3:00-5:00pm! Join us outside for refreshments and an arts and crafts/gardening activity that grandparents and their grandkids can do together! All supplies provided, just bring yourself! Please RSVP to Amanda Hassler, Activities Director, as seating is limited.

Hearing Aid Services & On-Site Dentistry

Starting September 1st, local hearing aid specialist, Ray Hill, will be coming in the **first Thursdays of each month from 1:00pm-2:00pm** for free of charge cleaning and overall checking of hearing aids. We also have our on-site mobile dentist, Dr. Amanda Amaro with Tranquility Health, that offers on-site dentistry right in your apartment! Please feel free to reach out to Amanda (Activities Director) for more info!

Senior Wellness Fair

Join us Wednesday, **Sep. 14th, from 10:00am 1:00pm** for our Senior Wellness Fair in celebration of "Wellness Wednesday." There will be a variety of wellness vendors in our front parking lot for our residents, family, friends, and community members to check out! We hope to see you there!

Celebrating Our Centenarians!

September 22nd is National Centenarians Day! Help us celebrate our amazing centenarians, Lyn and Eola, at **1:30pm in the Lighthouse Cafe, Thursday 9/22!**

Discussion Group With Dr. D

Our very own Dr. Marian Diamond will be facilitating monthly group conversations to encourage all residents to get to know one another and tell their life stories. With a lengthy background in psychology and group facilitation, we look forward to having interesting and fun conversation groups! Check your activity calendar for the next scheduled date and time.

Our Condolences

Our deepest condolences to the family and friends of John B. John was a beloved friend to us all and his community. We will miss his infectious smile, kind personality, and amazing stories. We are very grateful for the time we had with John and send our love to all his family and friends. May he rest in peace.



TAMIA LINDSAY
Activities Director
Memory Care

Happiest of birthdays to the following residents, we can't wait to celebrate!

- Nancy M. - Sept. 15
- Kay B. - Sept. 20



September Snacks & Socials

Please look forward to our tasty snacks and fun socials!

- **September 5th** - Waffles Social
- **September 9th** - Grandparents Day Social
- **September 12th** - Chocolate Milkshakes
- **September 15th** - Celebrating Hispanic Heritage Month
- **September 22nd** - White Chocolate Clusters
- **September 26th** - Rice Cake Treats

All snacks and socials will have sugar-free options available



Here's what to look out for this month:



On Friday, September 9th, let's celebrate our wonderful grandparents with some sweet treats! Also, see page two for our "Gardening and Goodies with Grandparents" event details!



Please join us in celebrating Hispanic Heritage Month on **September 15th** with a social at 1:30PM!



We will celebrate our wonderful residents with World Alzheimer's Day on **September 19th**.

CANDID CAMERA CORNER



It's so nice to get to explore on our weekly scenic drives!





Movies Shown This Month

Here are the movies that will be playing this month in our theater with fresh popcorn:

- **September 2nd:** "CINDERELLA"
- **September 16th:** "RETURN TO PARADISE"
- **September 23rd:** "TROOPER AND THE LEGEND OF THE GOLDEN KEY"
- **September 30th:** "FOUR ENCHANTED SISTERS"

September 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<h1 style="font-size: 2em;">September</h1>				1 HEARING AID CLEANING AT 1:00PM	2 Salma Hayek's Birthday (1966)	3 Beginning of the Penny Press (1833)
4 HAPPY BIRTHDAY CLAUDIA G!	5 HAPPY LABOR DAY!	6 Jane Curtin's Birthday (1947)	7 GARDENING & GOODIES WITH GRANDPARENTS 3PM-5PM	8 International Literacy Day	9 California Becomes the 31st State (1850)	10 Swap Ideas Day
11  SEPT. 11	12 Jennifer Hudson's Birthday (1981)	13 National Celiac Awareness Day	14 SENIOR WELLNESS FAIR 10AM-1PM	15 HAPPY BIRTHDAY NANCY M!	16 Mickey Rourke's Birthday (1956)	17 MINIATURE GOLF EVENT @ SCANDIA
18 US Air Force Established (1947)	19 International Talk Like a Pirate Day	20 HAPPY BIRTHDAY KAY B!	21 HAPPY BIRTHDAY JANET M!	22 NATIONAL CENTENARIANS DAY HAPPY BIRTHDAY MARY C!	23 Libra: The Balance (Sept. 23-Oct. 22)	24 Jim Henson's Birth Anniversary (1936)
25 First American Newspaper Published (1690)	26 First Televised Presidential Debate (1960)	27 HAPPY BIRTHDAY JANET C!	28 Ed Sullivan's Birth Anniversary (1901)	29 HAPPY BIRTHDAY PAULINE B!	30 Goodbye September, Hello October!	 happy fall!



Relax and
ENJOY LABOR DAY