

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	All Events Are Subject to Change		See Our Calendar and Join in on Our Events! 			
3 9:30  Chair Yoga 10:00 Beverage Break 10:30  Piano Performance in the Lobby 12:30 Rest and Relax 1:30  Arts & Crafts: Patriotic Stars 3:00  It's Puzzling	4 Happy Independence Day 9:00 Beverage Break 9:30  Monday Movement 10:30  Arts & Crafts: 4th of July Poppers 12:30 Rest and Relax 2:00  4th of July Celebration 3:00  Fireworks Show & Rocket Pops	5 9:00  Balloon Volleyball 9:30 Beverage Break 10:30  Manicures & Hand Massages 12:30 Rest and Relax 1:30  Afternoon Stroll ★ 3:00  Fill in the Blank	6 See Our Calendar and Join in on Our Events! 9:00  Seated Yoga and Soothing Sounds 9:30 Beverage Break 10:30  BUS TRIP Group A 12:30 Rest and Relax 1:30  BUS TRIP Group B 🚌 3:00  BINGO	7 9:00  Seated Tai Chi 9:30 Beverage Break 10:30  BINGO 12:30 Rest and Relax 1:30  Parachute Games 3:00  Ice Cream Floats in the Courtyard ★	8 Drink a Coca-Cola Day! 9:00  Chair Dancing 9:30 Beverage Break 10:30  BINGO 12:30 Rest and Relax 1:30  Movie & Popcorn: "JOURNEY 2: THE MYSTERIOUS ISLAND" 3:00  Ice Cream Social	9 9:30  Chair Yoga 10:00 Beverage Break 10:30  Fill In The Blank 12:30 Rest and Relax 1:30  Making Sun Catchers 3:00  Afternoon Stroll Around ★ 4:00  Afternoon Showtime in the Activity Room 🧑
10 9:30  Chair Yoga 10:00 Beverage Break 10:30  Piano Performance in the Lobby 12:30 Rest and Relax 1:30  Baking Class: Chocolate Chip Cookies 3:00  It's Puzzling	11 National 7-11 Day 9:00  Monday Movement 9:30 Beverage Break 10:30  Prize Ball 12:30 Rest and Relax 1:30  Making 7-11 Slurpees 2:30  PERFORMANCE BY COWBOY DENNY 3:00  BINGO	12 9:00  Balloon Volleyball 9:30 Beverage Break 10:30  Manicures & Hand Massages 12:30 Rest and Relax 1:30  Afternoon Stroll ★ 3:00  Fill in the Blank	13 9:00  Seated Yoga and Soothing Sounds 9:30 Beverage Break 10:30  BUS TRIP Group A 12:30 Rest and Relax 1:30  BUS TRIP Group B 🚌 3:00  BINGO	14 9:00  Seated Tai Chi 9:30 Beverage Break 10:30  Knock Over the Ice Cream Cones 12:30 Rest and Relax 1:30  Performance by Glen Snyder 🎵 3:00  Celebrating National Ice Cream Month	15 9:00  Chair Dancing 9:30 Beverage Break 10:30  BINGO 12:30 Rest and Relax 1:30  Movie & Popcorn: "In the Good Old Summertime" 3:00  Snacks in the Courtyard ★	16 9:30  Chair Yoga 10:00 Beverage Break 10:30  BINGO 12:30 Rest and Relax 3:00  Afternoon Stroll Around ★ 4:00  Afternoon Showtime in the Activity Room 🧑
17 9:30  Chair Yoga 10:00 Beverage Break 10:30  Outdoor Sunshine Social ★ 12:30 Rest and Relax 1:30  Beginning Weaving Class: Turtle Time 3:00  It's Puzzling	18 Wear Disney Attire 9:00  Monday Movement 9:30 Beverage Break 10:30  Arts & Crafts: Mickey Mouse Ears 12:30 Rest and Relax 1:30  Celebrating Disneyland's Opening Day 3:00  BINGO	19 9:00  Balloon Volleyball 9:30 Beverage Break 10:30  Manicures & Hand Massages 12:30 Rest and Relax 1:30  PERFORMANCE BY EDDIE 3:00  Afternoon in the Courtyard: Sweet Summer Picnic ★	20 9:00  Seated Yoga and Soothing Sounds 9:30 Beverage Break 10:30  BUS TRIP Group A 12:30 Rest and Relax 1:30  BUS TRIP Group B 🚌 3:00  BINGO	21 9:00  Seated Tai Chi 9:30 Beverage Break 10:30  BINGO 12:30 Rest and Relax 1:30  Beat My Number Large Dice Game 3:00  Shaved Ice Social	22 National Pajama Day! 9:00  Chair Dancing 9:30 Beverage Break 10:30  BINGO 12:30 Rest and Relax 1:30  Movie & Popcorn: "THE PARENT TRAP" 3:00  Pajama Party!	23 National Vanilla Ice Cream Day 9:30  Chair Yoga 10:00 Beverage Break 10:30  Fill In The Blank 12:30 Rest and Relax 1:30  Vanilla Ice Cream Social 3:00  Afternoon Stroll Around ★ 4:00  Afternoon Showtime in the Activity Room 🧑
24 9:30  Chair Yoga 10:30  Piano Performance in the Lobby 12:30 Rest and Relax 1:30  Sunday Social Hour: Breaking the Ice 3:00  It's Puzzling	25 9:00  Monday Movement 9:30 Beverage Break 10:30  Celebrating Gorgeous Grandmas Day 12:30 Rest and Relax 1:30  Performance by Syria 🎵 3:00  BINGO	26 9:00  Balloon Volleyball 9:30 Beverage Break 10:30  Manicures & Hand Massages 12:30 Rest and Relax 1:30  End of July Celebration 3:00  Fill in the Blank	27 9:00  Seated Yoga and Soothing Sounds 9:30 Beverage Break 10:30  BUS TRIP Group A 12:30 Rest and Relax 1:30  BUS TRIP Group B 🚌 3:00  BINGO	28 National Chocolate Milk Day 9:00  Seated Tai Chi 9:30 Beverage Break 10:30  BINGO 12:30 Rest and Relax 1:30  Chocolate Milk Social 3:00  Fill in the Blank	29 9:00  Chair Dancing 9:30 Beverage Break 10:30  BINGO 12:30 Rest and Relax 1:30  Movie & Popcorn: "HOOK" 3:00  Sip & Share: Lemonade in the Courtyard	30 International Day of Friendship 9:30  Chair Yoga 10:00 Beverage Break 10:30  BINGO 12:30 Rest and Relax 1:30  Making Cards for Our Friends 3:00  Afternoon Stroll Around ★ 4:00  Afternoon Showtime in the Activity Room 🧑
31 9:30  Chair Yoga 10:30  Piano Performance in the Lobby 12:30 Rest and Relax 1:30  Picnic in the Courtyard ★ 3:00  It's Puzzling						