



THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591
(707) 653-4728 • License #486803921

May 2022



Wishing all Residents, family, friends, and staff a wonderful May! With more sunshine and warmer weather, we look forward to all outdoor events and activities. Friends and family are always welcome to join us for our outdoor events. Please check our monthly activity calendars to see what fun is planned!

A Note to Moms

In addition to the demanding duties of motherhood, our moms worked second jobs as homemakers, accountants, teachers, scientists, writers, artists, chefs and more. If an award were to be given for Best Mother Ever, millions of women would be recognized because each mother excels in her own way. The team at our community would like to thank our mothers for their hard work and devotion. We hope your Mother's Day holds all the happiness (and rest) that you deserve! We look forward to honoring our wonderful mom's here at our community with our Mother's Day Brunch, Friday May 6th.



The Lodge at Glen Cove Management Team

Executive Director	Grace Sandoval
Director of	
Resident Development	Cathy Villarreal
Community Outreach	
Director	Tesi (TC) O'Brien
IL & AL Care Coordinator	Maggie Perri
IL & AL Activities Director	Amanda Hassler
MC Activity Director	Tamia Lindsay
Maintenance Director	Manuel Ferrer
Housekeeping Supervisor	Cinda Blanchard
Memory Care Coordinator	Lisa Bellini
Dining Services Director	Roel Alidio
Medical Records	Monte Boomgaarn



AMANDA HASSLER
Activities Director
Independent & Assisted Living

Welcome

We are so happy to welcome the following residents:

- Arthur V.
- Louise R.
- Pasqueli R.
- Bliss E.

*Please join us for our
"Welcoming New Residents"
Happy Hour, May 4th at 1:30pm*

Happy Birthday to the Following Residents

- Beppy L.- May 9th
- Mary Louise R.- May 15th
- Rudy R.- May 16th
- Doug H.- May 17th

Mobile Dental Services

Amanda Amaro, DDS of Tranquility Health will now be providing onsite dental care for our residents. Dr. Amaro is a Certified Dementia Practitioner, and specifically trained to treat elders. She comes with all equipment necessary to provide onsite comprehensive dental care, including: exams, digital x-rays, cleanings, fillings, crowns/bridges, dentures, extractions. To register, please visit www.tranquilityhealth.com and select the "Patient Forms" button on the upper right. Alternatively, we have hard copies of the patient forms at the front desk. For any questions, please call 925-644-2700.

Hair Salon Services Are Here!

MARTHA'S HAIR SPOT
650-262-1565

We are happy to welcome Martha as our community Hairdresser. If you are interested in booking an appointment, or have any questions regarding services/pricing, please feel free to call her at her number listed above!

Don't Miss the Fun

May has a lot of fun holidays and events; make sure you join us for the following special events and activities!

- May 5th at 2:00pm- Join us for our **Cinco De Mayo celebration!** Take a swing at the piñata and enjoy a Margarita from the Margarita bar!
- May 6th 11:00am-1:00pm- All residents are invited to our **Mother's Day Brunch.** Enjoy a delicious spread of pastries and brunch items to celebrate our wonderful moms here at the Lodge!
- May 11th at 9:30am- Sign up to join us for an outing to the Martinez Senior Center to join in on their **Line Dancing Class!**
- May 26th @ 1:30pm- Don't miss the outdoor, patriotic performance by the **Golden West Air Force Band** in honor of Memorial Day!

RESIDENT'S RECIPE CORNER



Elda's Pizzelle Cookies

What you'll need:

- Pizzelle press, 2 cups **All-Purpose Flour**, 1 cup **Granulated Sugar**, $\frac{3}{4}$ cup **Butter** (melted and cooled), 4 **Eggs**, 1 tablespoon **Vanilla Extract**, 2 teaspoons **Baking Powder**, 8 oz. **Nutella**, *finely chopped walnuts optional*

Instructions:

- Preheat pizzelle iron and lightly coat with nonstick cooking spray. In a large bowl, combine flour, sugar, butter, anise or vanilla extract, baking powder, and eggs. Drop slightly rounded tablespoons of batter on to pizzelle iron and close.
- Bake as directed by manufacturer or until golden brown, 30 seconds to 1 minute. Using a nonstick spatula, remove each pizzelle to a cooling rack; repeat with remaining batter. Cool completely.
- Spread Nutella on one side of cooled cookie, top with another cookie, then enjoy!

TAMIA LINDSAY
Activities Director
Memory Care

Happiest birthday to all of our friends this month:

Cindy L. - 5/4
Nancy M. - 5/11
Kathleen L. - 5/14
Dr. Beverly H. - 5/20
Joann C. - 5/21
Joyce D. 5/30
Marcia S. - 5/31



Tasty Treats This Month

This month, we will be having plenty of yummy treats at our cooking classes and socials:

- May 9th - Mother's Day Celebration Treats
- May 15th - Chocolate Chip Cookies Social
- May 17th - Afternoon in the Courtyard with Italian Ice Cream
- May 19th & 26th - Ice Cream Social
- May 23rd - Strawberry Lady Fingers
- May 30th - Butterfly Snack Bags
- May 31st - May Birthday Bash



Be on the lookout for the following events coming up this month for our Residents!



On Thursday, May 5th, we will be celebrating Cinco de Mayo at 2:00PM!



The Monday following Mother's Day, May 9th, we will look forward to having our Mother's Day Celebration!



On May 16th, as an activity we will be writing cards to our fellow Lodge Friends!

CANDID CORNER



We had a lot of fun coloring our yummy Easter Egg Cookies for the month of April!



Movies Shown This Month

Afternoons in the Theater Room will be on Fridays this month. We will be showing:

- May 6th - "Honey, I Shrank the Kids"
- May 13th - "Into the Woods"
- May 20th - "The Pink Panther"
- May 27th - "Grease"

May 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 National Barbecue Month	2 Benjamin Spock's Birth Anniversary (1903)	3 Bing Crosby's Birth Anniversary (1903)	4 Space Shuttle Atlantis Launched (1989)	5  HAPPY CINCO DE MAYO	6 Mother's Day Brunch 11:00am-1:00pm	7 First Presidential Inaugural Ball (1789)
8  Mother's Day	9 HAPPY BIRTHDAY BEPPY L!	10 Fred Astaire's Birth Anniversary (1899)	11 HAPPY BIRTHDAY NANCY M!	12 Limerick Day	13 Stephen Colbert's Birthday (1964)	14 HAPPY BIRTHDAY KATHLEEN L!
15 HAPPY BIRTHDAY MARY LOUISE R!	16 HAPPY BIRTHDAY RUDY R!	17 HAPPY BIRTHDAY DOUG H!	18 Visit Your Relatives Day	19 James Fox's Birthday (1939)	20 HAPPY BIRTHDAY BEVERLY H!	21 HAPPY BIRTHDAY JOANN C!
22 National Maritime Day	23 Rosemary Clooney's Birth Anniversary (1928)	24 Baseball First Played Under Lights (1935)	25 National Missing Children's Day	26 John Wayne's Birth Anniversary (1907)	27 Golden Gate Bridge Opened (1937)	28 Sierra Club Founded (1892)
29 Bob Hope's Birth Anniversary (1903)	30 HAPPY BIRTHDAY JOYCE D!	31 HAPPY BIRTHDAY MARCIA S!	<i>May</i>			



“A MOTHER'S
LOVE
FOR HER CHILD IS LIKE
NOTHING ELSE
IN THE WORLD.”

—AGATHA CHRISTIE

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Happy Mother's Day