



# THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591  
(707) 653-4728 • License #486803921

January 2022



## The Lodge at Glen Cove Management Team

Executive Director .....	Grace Sandoval
Director of Resident Development .....	Cathy Villarreal
Community Outreach Director .....	Tesi (TC) O'Brien
IL & AL Care Coordinator .....	Maggie Perri
IL & AL Activities Director .....	Amanda Hassler
MC Activity Director .....	Jolene Barnett
Maintenance Director .....	Manuel Ferrer
Dining Services Director .....	Jose Limas
Housekeeping Supervisor .....	Cinda Blanchard
Memory Care Coordinator .....	Lisa Bellini



### A Letter From Our New Executive Director

In this letter I would like to introduce myself to you. My name is Grace and I am the new Executive Director for The Lodge at Glen Cove. You may have already seen me walking around. I am very happy to be here, as this is a beautiful community and I am excited to slowly get to know each of you by name. I transferred over from another Calson Management Community in the county of Santa Clara. I have been an Administrator/Director for over 17 years. Please know that I do not take my responsibilities lightly and will work very hard to make sure we continue to provide you with an enjoyable, safe, and comfortable environment.

Here are some fun facts about me ... I love the rain, I am allergic to the cold, I love panda bears, I speak Spanish, and do not like onions.

Hope you all have a wonderful new year filled with many blessings.

Regards,  
Grace

*Independent & Assisted Living: Pages 1-2  
Memory Care: Page 3*

AMANDA HASSLER  
Activities Director  
Independent & Assisted Living



### Welcoming New Residents

We are so happy to welcome the following newest residents:

- Jean R.
- Arthur K.
- Pam R.
- Tess H.
- Ida & Momerto L.

### Happy Birthday to the Following Assisted Living Resident!

- Elly H.- January 30th



### Visitation Reminder

Please, when visiting our community, make sure to check your temperature and sign in at our front desk. Signing in ensures that we know who is in the building at all times in case of an emergency. All visitors must show proof of vaccination (or have on file), or a negative COVID test within 72 hours prior to visitation. We thank you for your continued cooperation and for helping us keep our community COVID free!

### SAVE THE DATES

Looking forward to these fun activities and events planned for January:

- **Weekly Happy Hours:** Join us in the Lighthouse Cafe, Wednesday afternoons for refreshments with friends! See your calendar for each week's theme.
- **Sip & Paint Party:** Wednesday, Jan. 12th, at 2:00pm, sign up at the front desk to do a step-by-step painting class. All supplies provided, just bring yourself!
- **The Lodge's One Year Anniversary Party:** Let's celebrate our first anniversary as an open community! Come enjoy chef prepared desserts and refreshments, Friday, Jan. 14th, at 2pm in the Dining Room.
- **International Holocaust Remembrance Day:** We will be honoring our residents Debby & Beppy who are holocaust survivors. Join us to honor these incredible sisters, Thursday, Jan. 27th, at 1:30pm in the Lighthouse Cafe.
- **Visit from Hank the Therapy Great Dane:** Hank will be by for photos and some pets, Friday, Jan. 7th, from 2:15pm to 3:00pm.

### A1 Rehab Fall Clinic

We are hosting a free fall risk clinic in partnership with Healthy Living at Home & A-1 Rehab Services, Tuesday, Jan. 11th, from 1pm – 4pm in the Lighthouse Cafe. Do you have any of the following: *RECENT FALLS, WEAKNESS, UNSTEADY GAIT, PAIN, RECENT HOSPITALIZATIONS OR ER VISITS?*

If you answered yes, please join us for a free assessment by a licensed therapist. Let us help you get your groove back! Please contact Michelle Kahler at 707.815.8236 or Heather Bonar at 203.560.3774 for any questions regarding this clinic.



### Thank You

We'd like to extend our gratitude to all who made donations this past Holiday season.

We raised three and a half boxes full of toys for Toys for Tots!

We also were able to host a wonderful holiday staff party last month with all the wonderful donations made to our Community.

Our Community couldn't be what it is today without the kindness of family members and friends.



## Happy Birthday to Our Residents!

Happiest of birthdays to the following Memory Care residents! We hope you have a day as wonderful as you are!

Jean F- 1/2

Jessie B- 1/26

Yvonne B- 1/29



## JOLENE BARNETT Activities Director Memory Care

Welcome 2022, it's always exciting to begin a New Year.

I'm looking forward to planning another year of fun and exciting activities for our Memory Care residents. Please see the January calendar for all our activities this month.



## CANDID CAMERA CORNER



Decorating Gingerbread Cookies

## January Movies

The movie theatre is reserved for Memory Care residents to enjoy once a week every Thursday at 1:30pm. Here is a list of movies to enjoy with a fresh batch of popcorn this month:

- Jan 6th- "Snow Buddies"
- Jan 13th- "Three Men and a Baby"
- Jan 20th - "Secondhand Lions"
- Jan 27th - Residents' Choice: "101 Dalmatians"



## COOKING WITH JOLENE

- Jan 4th- Making Mini Pizza
- Jan 7th- Bagels & Cream Cheese
- Jan 11th- Blackberry Cobbler a la mode
- Jan 18th- Cool Whip Fruit Salad
- Jan 21st- Making Bruschetta
- Jan 25th- Fresh Homemade Bread & Jam Tasting
- Jan 28th- Making Turkey Pinwheels



Visit from Santa Paws



## January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January						HAPPY New Year!
2 <b>HAPPY BIRTHDAY JEAN F!</b>	3 <b>OUTDOOR PERFORMANCE BY COWBOY DENNY</b>	4 National Trivia Day	5 National Mini Burgers Day	6 Lou Holtz's Birthday (1937)	7 <b>Visits From Hank the Great Dane</b>	8 Elvis Presley's Birth Anniversary (1935)
9 Law Enforcement Appreciation Day	10 National Clean Off Your Desk Day	11 US Surgeon General Declares Cigarettes Hazardous (1964)	12 First Elected Woman Senator - Hattie Caraway, AR (1932)	13 <b>OUTDOOR PERFORMANCE BY GLEN SNYDER</b>	14 <b>The Lodge at Glen Cove's First Anniversary Party!</b>	15 First Super Bowl (1967)
16 Gulf War Begins (1991)	17 <b>REMEMBER HIS DREAM MILK DAY</b>	18 Lewis and Clark Expedition Commissioned (1803)	19 Janis Joplin's Birth Anniversary (1943)	20 Aquarius: The Water Carrier (Jan. 20-Feb. 19)	21 National Hugging Day	22 Celebration of Life Day
23/30 <b>HAPPY BIRTHDAY ELLY H!</b>	24/31 National Compliment Day	25 Opposite Day!	26 <b>HAPPY BIRTHDAY JESSIE B!</b>	27 International Holocaust Remembrance Day	28 Fun at Work Day	29 <b>HAPPY BIRTHDAY YVONNE B!</b>

