



THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591
(707) 653-4728 • License #486803921



The Lodge at Glen Cove Management Team

Executive Director	Nichole Kindred
Director of Resident Development	Cathy Villarreal
Community Outreach Director	Tesi (TC) O'Brien
IL & AL Care Coordinator	Maggie Perri
MC Care Coordinator	Siara Jones
IL & AL Activities Director	Amanda Hassler
MC Activity Director	Jolene Barnett
Dining Services Director	Nicky Valesquez
Medical Records	Sandra Ector
Housekeeping Supervisor	Elsa Rodriguez
Maintenance Director	Jorge Martinez



September 2021

National Assisted Living Week

We'd like to take this time to thank all of our staff, residents, family members, and everyone who has helped make our community what it is today. Having opened just the beginning of this year, this community has quickly made so many fun and fond memories. We feel so grateful to have such wonderful residents who bring joy to The Lodge every day. As we say goodbye to summer and hello to fall, we look forward to ringing in the new season and making more community memories together!



Grandparents Day

Make sure to tell all the grandparents you know how special they are on National Grandparents Day, Sunday, September 12th. To all the grandparents (and great-grandparents) in our community: Happy Grandparents Day!



Community News

Welcome, New Residents

A warm welcome goes to all of our newest Assisted Living residents:

- John D.
- Evelyn M.
- Charles B.
- Joan L.
- Lucia N.
- Kent L.
- Irv D.

Happy Birthday to Our Residents!

- Mary C. 09/22
- Janet C. 09/27
- Pauline B. 09/29

Mask Wearing Update

Due to the increase in positive COVID-19 cases in our area, masks are now required for all residents in common areas and the activity room, whether you have been vaccinated or not. Residents are not required to wear their mask when seated in the dining room for mealtimes, or when in their apartment.

We want to do everything we can to ensure our residents safety and the safety of their loved ones. We thank you so much for your continued understanding and cooperation during these times. When we are advised by the county otherwise, we will inform you immediately.

Resident-Led Investment Club

Join your fellow residents and friends to learn and collaborate with each other regarding smart investment moves and ways you can make your money grow! The Investment Club meetings will be held monthly on Mondays in the upstairs Library. This month's meeting is scheduled for **September 13th at 2:00pm**. Just bring yourself and a pen and paper if you'd like to take notes.

"Sayonara Summer!" Celebration

Let's enjoy these last days of summer with some outdoor fun and games while the weather is warm!

Join us for an afternoon of fun games including boat races, water balloon fight, cornhole, putt putt, and more!

We will be hosting in our front parking lot, **Wednesday, September 15th at 2:00pm**. We hope to see you there!

Tai Chi With Elizabeth

Tai Chi is a Chinese martial art consisting of sequences of very slow controlled movements. Tai Chi can be done seated or standing, and is a wonderful exercise for strength and balance. Join us **Thursdays at 3:00pm** in the Activity Room for a class given by Tai Chi instructor, Elizabeth. Elizabeth has been teaching Tai Chi for Veterans for many years and is an excellent teacher.



Nicole (Nicky) Velasquez: Dining Services Director



We are excited to welcome Nicky to the Management team as our new lead Chef! Coming to us with years of

cooking experience, we know she will do an excellent job providing delicious and nutritious meals for our community. Please feel free to reach out to her anytime!

Siara Jones: Care Coordinator for Memory Care



We are excited to welcome Siara to the Management team as our Care Coordinator for

Memory Care! Siara has years of care experience having worked in communities prior to ours. We know she will do an excellent job ensuring the best quality of care for all of our Memory Care residents. She is excited to get to know everyone so make sure to introduce yourself anytime!

JOLENE BARNETT
Activities Director
Memory Care

Live Music

We can't wait for more movin' and groovin' with these upcoming outdoor performances:

- Glenn Snyder, Thursday, September 9th at 1:30pm
- Cowboy Denny, Tuesday, September 14th @ 1:30pm



Monday Movie Time

The movie theatre is reserved for Memory Care residents on Mondays at 1:30pm. Here is a list of movies to enjoy with a fresh batch of popcorn this month.

- Sept. 13th - "Rock-A-Bye-Baby" with Jerry Lewis
- Sept. 27th - "The Retrievers"



Sweet Treats Served Up in Memory Care

This Month we will be serving up a variety of different treats, some to cool us down and some to warm us up. Here are some of the sweet treats being served up in Memory Care here at The Lodge:

- 9/2 Bagels & Cream Cheese
- 9/9 Pudding in a Cloud
- 9/10 Apple Cobbler
- 9/16 Cheese & Cracker Platter
- 9/17 .. Sourdough Grilled Cheese
- 9/20 Pizza
- 9/23 Honey Biscuits
- 9/24 Ice Cream Sundaes
- 9/30 Cake & Ice Cream



Happy Birthday to our Resident

- Sheala D - 9/27

Welcome, New Residents

A warm welcome to the following newest Memory Care residents!

- Shirley B.
- Gloria R.
- Steve D.
- Marilyn O.

Just for Fun

It's never a dull day here at The Lodge; here are some smiles to prove it!



Residents competing in last month's "Corn Shucking" Contest!



We always enjoy a good "Balloon Volleyball" Game!



Cheers! Our residents love getting together for a delicious treat.



Clowning around at our Summer Carnival

September 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September		1 Healthy Aging Month	2 Great Fire of London (1666)	3 Beginning of the Penny Press (1833)	4 Paul Harvey's Birth Anniversary (1918)	
5 Be Late for Something Day	6 HAPPY LABOR DAY!	7 Buddy Holly's Birth Anniversary (1936)	8 International Literacy Day	9 OUTDOOR PERFORMANCE BY GLEN SNYDER @ 1:30PM	10 Swap Ideas Day	11 MINIATURE GOLF TOURNAMENT FUNDRAISER @ SCANDIA 8AM-10AM
12 <i>Happy Grandparents Day!</i>	13 NATIONAL ASSISTED LIVING WEEK	14 OUTDOOR PERFORMANCE BY COWBOY DENNY @ 1:30PM	15 "SAYONARA SUMMER!" CELEBRATION @ 2:00PM	16 Mickey Rourke's Birthday (1956)	17 National Football League Formed (1920)	18 Greta Garbo's Birth Anniversary (1905) US Air Force Established (1947)
19 International Talk Like a Pirate Day	20 Upton Sinclair's Birth Anniversary (1878)	21 International Day of Peace World Alzheimer's Day	22 LAST DAY OF SUMMER	23 Libra: The Balance (Sept. 23-Oct. 22)	24 Jim Henson's Birth Anniversary (1936)	25 First American Newspaper Published (1690)
26 First Televised Presidential Debate (1960)	27 Ancestor Appreciation Day	28 Ed Sullivan's Birth Anniversary (1901)	29 Veterans of Foreign Wars Established (1899)	30 Goodbye September, Hello October!		

