





Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>9:30  Chair Yoga </p> <p>10:00 Beverage Break</p> <p>10:30  Armchair Travel: Rome </p> <p>1:00 Rest and Relax</p> <p>2:00  Ice Cream Sunday </p> <p>3:00  Bingo </p>	<p><b>Labor Day</b></p> <p>9:30  Chair Yoga </p> <p>10:00 Beverage Break</p> <p>10:30  It's Puzzling </p> <p>12:30 Rest and Relax</p> <p>1:30  Movie &amp; Popcorn: Residents' Choice </p> <p>3:00  Bingo </p>	<p>9:00  Ribbon Wand Dancing Exercise</p> <p>9:30 Beverage Break</p> <p>10:00  Manicures &amp; Hand Massages</p> <p>1:00 Rest and Relax</p> <p>2:00  Balloon Volleyball</p> <p>3:00 </p>	<p>9:00  Seated Yoga and Soothing Sounds</p> <p>9:30 Beverage Break</p> <p>10:00  BUS TRIP Group B </p> <p>12:30 Rest and Relax</p> <p>1:30  BUS TRIP Group A </p> <p>3:00 </p>	<p><b>Piano Player Day</b></p> <p>9:00  Chair Yoga</p> <p>10:00  Getting to know your Neighbors Social Hour with Bagels &amp; Cream Cheese</p> <p>1:00 Rest and Relax</p> <p>2:00  Piano with Carrie/ Name that tune</p> <p>3:00 </p>	<p>9:00  Chair Yoga</p> <p>9:30 Beverage Break</p> <p>10:00  Ladies' Recipe Corner</p> <p>1:00 Rest and Relax</p> <p>2:00  Labor Day Celebration Party</p> <p>3:00 </p>	<p>9:30  Chair Yoga </p> <p>10:00 Beverage Break </p> <p>1:00 Rest and Relax</p> <p>2:00  Violin with Susan </p> <p>3:00  Bingo </p> <p>5:00 Evening Showtime </p>
<p>9:30  Chair Yoga </p> <p>10:00 Beverage Break</p> <p>10:30  Armchair Travel: Hawaii </p> <p>1:00 Rest and Relax</p> <p>2:00  Ice Cream Sunday </p> <p>3:00  Bingo </p>	<p>9:00  Chair Yoga</p> <p>9:30 Refreshments &amp; Snacks</p> <p>10:00  Bingo</p> <p>12:30 Rest and Relax</p> <p>1:30  Movie &amp; Popcorn: "Rock-A-Bye Baby" with Jerry Lewis</p>	<p>9:00  Ribbon Wand Dancing Exercise</p> <p>9:30 Beverage Break</p> <p>10:00  Harp with Mandy</p> <p>10:00  Manicures &amp; Hand Massages</p> <p>12:30 Rest and Relax</p> <p>1:30  OUTDOOR PERFORMANCE BY COWBOY DENNY</p> <p>3:00 </p>	<p>9:00  Seated Yoga and Soothing Sounds</p> <p>9:30 Beverage Break</p> <p>10:00  BUS TRIP Group B </p> <p>1:00 Rest and Relax</p> <p>1:30  BUS TRIP Group A </p> <p>3:00 </p>	<p>9:00  Chair Yoga</p> <p>9:30 Beverage Break</p> <p>10:00  Autumn Crafts</p> <p>1:00 Rest and Relax</p> <p>2:00  Social Hour with Cheese &amp; Cracker Platter</p> <p>3:00 </p>	<p>9:00  Chair Yoga</p> <p>9:30 Beverage Break</p> <p>10:00  Ladies' Recipe Corner</p> <p>1:00 Rest and Relax</p> <p>2:00  Making "Grilled Cheese Sandwiches"</p> <p>3:00 </p>	<p>9:30  Chair Yoga </p> <p>10:00 Beverage Break </p> <p>1:00 Rest and Relax</p> <p>2:00  Violin with Susan </p> <p>3:00  Bingo </p> <p>5:00 Evening Showtime </p>
<p>9:30  Chair Yoga </p> <p>10:00 Beverage Break</p> <p>10:30  Armchair Travel: San Francisco </p> <p>1:00 Rest and Relax</p> <p>2:00  Ice Cream Sunday </p> <p>3:00  Bingo </p>	<p><b>National Pizza Day</b></p> <p>9:00  Chair Yoga</p> <p>9:30 Beverage Break</p> <p>10:00  Sing-Along</p> <p>1:00 Rest and Relax</p> <p>2:00  Celebrating National Pizza Day Party</p> <p>3:00 </p>	<p>9:00  Ribbon Wand Dancing Exercise</p> <p>9:30 Beverage Break</p> <p>10:00  Manicures &amp; Hand Massages</p> <p>1:00 Rest and Relax</p> <p>2:00  Day On the Green: Putt-Putt</p> <p>3:00 </p>	<p>9:00  Seated Yoga and Soothing Sounds</p> <p>9:30 Beverage Break</p> <p>10:00  BUS TRIP Group B </p> <p>1:00 Rest and Relax</p> <p>1:30  BUS TRIP Group A </p> <p>3:00 </p>	<p><b>National Biscuit Month</b></p> <p>9:00  Chair Yoga</p> <p>9:30 Beverage Break</p> <p>10:00  Honeybee Crafts</p> <p>1:00 Rest and Relax</p> <p>2:00  Enjoying Honey Biscuits</p> <p>3:00 </p>	<p>9:00  Chair Yoga</p> <p>9:30 Beverage Break</p> <p>10:00  Ladies Recipe Corner</p> <p>1:00 Rest and Relax</p> <p>2:00  Making Ice Cream Sundaes</p> <p>3:00 </p>	<p>9:30  Chair Yoga </p> <p>10:00 Beverage Break </p> <p>1:00 Rest and Relax</p> <p>2:00  Violin with Susan </p> <p>3:00  Bingo </p> <p>5:00 Evening Showtime </p>
<p>9:30  Chair Yoga </p> <p>10:00 Beverage Break</p> <p>10:30  Armchair Travel: San Diego Zoo </p> <p>1:00 Rest and Relax</p> <p>2:00  Ice Cream Sunday </p> <p>3:00  Bingo </p>	<p><b>Happy Birthday Sheala D!</b></p> <p>9:00  Chair Yoga</p> <p>9:30 Refreshments &amp; Snacks</p> <p>10:00  Bingo</p> <p>12:30 Rest and Relax</p> <p>1:30  Movie &amp; Popcorn: "The Retrievers"</p>	<p>9:00  Ribbon Wand Dancing Exercise</p> <p>9:30 Beverage Break</p> <p>10:00  Manicures &amp; Hand Massages</p> <p>1:00 Rest and Relax</p> <p>2:00  Bowling Bash!</p> <p>3:00 </p>	<p>9:00  Seated Yoga and Soothing Sounds</p> <p>9:30 Beverage Break</p> <p>10:00  BUS TRIP Group B </p> <p>1:00 Rest and Relax</p> <p>1:30  BUS TRIP Group A </p> <p>3:00 </p>	<p><b>A Baby Ruth Kind of Day!</b></p> <p>9:00  Chair Yoga</p> <p>10:00  It's all about the Baby Ruth Bar &amp; Trivia</p> <p>1:00 Rest and Relax</p> <p>2:00  September Birthday Celebration</p> <p>3:00 </p>	<p><b>Happy Birthday to Our Resident: Sheala D. - 9/27</b></p> 	<p><b>All Events Are Subject to Change</b></p>