




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	HAPPY BIRTHDAY to the Following RESIDENTS Mary C. 09/22 Janet C. 09/27 Pauline B. 09/29		9:00 Relax & Breathe Yoga with Guided Meditation 10:30 Cooking Time: Caramel Corn 🍿 1:30 Happy Hour: WELCOMING NEW RESIDENTS 🍷 3:00 Nickel Bingo	9:00 Chair Boxing & Bands Cardio 10:30 JEOPARDY: Trivia Competition 1:30 Nickel Bingo 3:00 Afternoon Walking Group ★ 3:30 SCRABBLE	9:00 Chair Dancing (Exercise) 10:30 MORNING OUTING 🚌 1:30 AFTERNOON OUTING 🚌 3:00 DOUBLE DOWN Bingo	9:00 Coffee in the Cafe 🍷 10:30 Rummikub 🎲 1:30 Show Time: "DEAN MARTIN VARIETY SHOW" 🎬 3:30 Afternoon Walk 🚶
5 9:00 Coffee in the Cafe 🍷 10:30 Reading in the Library 📖 1:00 Afternoon Outside Walks 🚶 3:00 Knitting/Crochet in the Library 🧶	Happy Labor Day 6 9:00 Morning Walking Group 🚶 1:30 Nickel Bingo 🎲 3:00 Ice Cream Social 🍦 3:30 POKER CLUB 🎲	7 9:00 Chair Drumming Exercise 10:15 Nickel Bingo 11:45 PICNIC LUNCH BUNCH ★ 1:30 Popcorn & Show Time: "SINGING IN THE RAIN" 🎬 3:30 Residents' Chat: Film Discussion Group 🗣️	8 9:00 Relax & Breathe Yoga with Guided Meditation 10:30 Make Your Own Pizza 🍕 1:30 Happy Hour: WINE TASTING WITH FOOD PAIRINGS 🍷 3:00 Nickel Bingo	9 9:00 Chair Boxing & Bands Cardio 10:30 Coffee, Donuts, and Current Events in the Cafe 🍷 1:30 OUTDOOR PERFORMANCE BY GLEN SNYDER ★ 3:00 Nickel Bingo	10 9:00 Chair Dancing (Exercise) 11:00 VETERANS LUNCH OUTING 🚌 1:30 SHOPPING OUTING 🛒 3:00 DOUBLE DOWN Bingo	Patriot Day 11 9:00 Coffee in the Cafe 🍷 10:30 Rummikub 🎲 11:00 Moment of Silence for 9/11 Remembrance 1:30 Show Time: "CASABLANCA" 🎬 3:30 Afternoon Walk 🚶
12 9:00 Coffee in the Cafe 🍷 10:30 Reading in the Library 📖 1:30 Afternoon Walking Group ★ 3:00 Knitting/Crochet in the Library 🧶	National Assisted Living Week Begins: Wear Blue! 13 9:00 Morning Stretch & Movement 10:30 Monday Manicures & Hand Massage 1:30 Nickel Bingo 2:00 INVESTMENT CLUB MEETING 🗣️ 3:00 Afternoon Walking Group ★ 3:30 POKER CLUB 🎲	Wear Tie Dye Day 14 9:00 Chair Drumming Exercise 10:30 Arts and Crafts: Greeting Cards 1:30 OUTDOOR PERFORMANCE BY COWBOY DENNY ★ 3:00 Nickel Bingo	Silly Sunglasses Day 15 9:00 Relax & Breathe Yoga with Guided Meditation 10:30 Wii Sports and Games 2:00 "SAYANARA SUMMER" CELEBRATION ★	Twin Day: Pair Up With a Friend and Match! 16 9:00 Chair Boxing & Bands Cardio 10:30 Fundraiser Bake Sale for Alzheimer's Association 🍪 1:30 Nickel Bingo 3:00 Afternoon Walking Group ★ 3:30 Bowling Bash	Flannel Friday 17 9:00 Chair Dancing (Exercise) 10:30 MORNING OUTING 🚌 1:30 AFTERNOON OUTING 🚌 3:00 DOUBLE DOWN Bingo	18 9:00 Coffee in the Cafe 🍷 10:30 Rummikub 🎲 1:30 Show Time: "CITY SLICKERS" 🎬 3:30 Afternoon Walk 🚶
19 9:00 Coffee in the Cafe 🍷 10:30 Reading in the Library 📖 1:00 Afternoon Outside Walks 🚶 3:00 Knitting/Crochet in the Library 🧶	20 9:00 Morning Stretch & Movement 10:30 Monday Manicures & Hand Massage 1:30 RESIDENT COUNCIL 3:00 Afternoon Walking Group ★ 3:30 POKER CLUB 🎲	World Alzheimer's Day: Wear Purple 21 9:00 Chair Drumming Exercise 10:15 Nickel Bingo 11:45 PICNIC LUNCH BUNCH ★ 1:30 OUTDOOR PERFORMANCE BY THE MAE OVERSTREETS ★ 3:30 Residents' Chat: Film Discussion Group 🗣️	National Centenarians Day 22 9:00 Relax & Breathe Yoga with Guided Meditation 10:00 OMELETTE STATION BRUNCH FROM 10-1 10:30 Wii Sports and Games 1:30 Happy Hour: FIRST DAY OF FALL CELEBRATION 🍷 3:00 Nickel Bingo	23 9:00 Chair Boxing & Bands Cardio 10:30 Armchair Travel to Japan; Explore the Country and Their Snacks! 🍱 1:30 Nickel Bingo 3:00 Afternoon Walking Group ★ 3:30 YAHTZEE	24 9:00 Chair Dancing (Exercise) 10:30 MORNING OUTING 🚌 1:30 SHOPPING OUTING 🛒 3:00 DOUBLE DOWN Bingo	25 9:00 Coffee in the Cafe 🍷 10:30 Rummikub 🎲 1:30 Show Time: "ANALYZE THIS" 🎬 3:30 Afternoon Walk 🚶
26 9:00 Coffee in the Cafe 🍷 10:30 Reading in the Library 📖 1:00 Afternoon Outside Walks 🚶 3:00 Knitting/Crochet in the Library 🧶	27 9:00 Morning Stretch & Movement 10:30 Monday Manicures & Hand Massage 1:30 Nickel Bingo 3:00 Afternoon Walking Group ★ 3:30 POKER CLUB 🎲	28 9:00 Chair Drumming Exercise 10:15 Nickel Bingo 1:30 Popcorn & Show Time: "HIDDEN FIGURES" 🎬 3:30 Residents' Chat: Film Discussion Group 🗣️	29 9:00 Relax & Breathe Yoga with Guided Meditation 10:30 Arts and Crafts: CREATIVE NATURE COLLAGE 1:30 Happy Hour: SEPTEMBER BIRTHDAY BASH 🍷 3:00 Nickel Bingo	30 9:00 Chair Boxing & Bands Cardio 10:30 October Newsletter & Calendar Folding and Pickup 1:30 Nickel Bingo 3:00 Afternoon Walking Group ★ 3:30 Frisbee Throw ★	<div style="text-align: center;"> <p>All Events Are Subject to Change</p>  </div>	