



# THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

140 Glen Cove Marina Rd E • Vallejo, CA 94591  
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## The Lodge at Glen Cove Management Team

Executive Director .....	Nichole Kindred
Director of	
Resident Development .....	Cathy Villarreal
Community Outreach	
Director .....	Tesi (TC) O'Brien
IL & AL Care Coordinator .....	Maggie Perri
MC Care Coordinator .....	Hollee Jacinto
IL & AL Activities Director .....	Amanda Hassler
MC Activity Director .....	Jolene Barnett
Dining Services Director .....	Adrian Chavez
Medical Records .....	Sandra Ector
Housekeeping Supervisor .....	Elsa Rodriguez
Maintenance Director .....	Jorge Martinez



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## August 2021

### Save the Date!

### Salsa Competition and Taco Lunch

You're invited to The Lodge at Glen Cove's 1st annual salsa competition! We will be hosting in our front parking lot Tuesday, August 31st from 11:30 to 1:30pm. Come by and taste test each salsa (chips provided) and place your vote for which you think is best. We will also be providing a complimentary taco truck lunch. Donations are accepted and all will go toward Alzheimer's Association. For details on participating in the competition, please feel free to reach out to us by calling 707-653-4728.



RSVP necessary no later than Friday, August 20th.  
Please email [amanda@glencoveseniorliving.com](mailto:amanda@glencoveseniorliving.com) to let us know if you plan to attend!

AMANDA HASSLER  
Activities Director  
Independent & Assisted Living

### Welcome, New Residents

A warm welcome goes to all of our newest residents:

- Patricia M.
- Caridad A.
- Bobbi B.
- Joyce V.
- Beverly H.
- Sebastian B.
- Cypriano B.
- Carmen C.
- Jake S.
- Bobbi B.
- Dan B.

### Happy Birthday to Our Residents!

- David P. - August 7th
- Ruth R. - August 23rd
- Jamie M. - August 23rd
- Catherine W. - August 28th

### Thank You for Helping Us Reach Our Goal!

We are so proud to say that we have already surpassed our original goal of raising \$1,000.00 by October of this year for the Alzheimer's Association. A big thank you to all who have donated, participated, and contributed to all fundraisers so far. Check our activity calendar for more fun fundraising events and opportunities. Also, if you are interested in making a direct donation to the Alzheimer's Association, visit [act.alz.org/donate](http://act.alz.org/donate).

### Monthly Chef's Chat

Check your calendar for our next monthly "Chef's Chat" where residents are invited to a meeting with our head chef. This creates an opportunity to ask any questions and provide input to ensure we are meeting your dietary needs the best we possibly can! Meetings will be hosted in the Dining room between meals. We will continue to host these meetings every month.

### Wellness Month

Celebrated throughout the month of August, National Wellness Month reminds us to slow down and take care of ourselves. Join us for our morning Relax and Breathe Yoga Class every Wednesday morning at 9:00 in the upstairs Activity Room. Beginning this month, we will be adding an element of guided meditation to our morning class to enhance our relaxation and relieve stress. Also, join us for our new Tai Chi class every Tuesday morning at 9:00.

### Community Luau Dinner

Enjoy the tastes, sounds, and sights of Hawaii this month with our chef prepared Luau dinner on Thursday, August 26th! Make sure to wear your Hawaiian attire! More details TBD.



### Community Sock Hop Party

We invite all residents and staff to bust out your poodle skirt, polka dots, and leather jackets and join us for a fun party dedicated to all things 1950s! Let's enjoy milkshakes, listen to some jukebox tunes and do the twist! Don't miss the party, Friday, August 20th, in the AL Lighthouse Café and MC Activity Room!



### Dress-Up Spirit Days

Residents and staff are encouraged to get into the spirit and let loose with the following dress-up days this month:

- Wednesday, Aug. 4th- PAJAMA DAY
- Friday, Aug. 20th- '50s SOCK HOP DAY
- Wednesday, Aug. 25th- WEAR WHITE WEDNESDAY
- Thursday, Aug. 26th- HAWAIIAN DAY

### Follow Us!

Make sure to give us a follow and a like!

-You can find us on Instagram @glencoveseniorliving  
-You can find us on Facebook @TheLodgeatGlenCove

JOLENE BARNETT  
Activities Director  
Memory Care

### A Note to Our Families

If you'd like to help your loved one dress up for our Community Sock Hop this month, bringing them fun dress-up attire for the event would make them feel extra special! Poodle skirts for the ladies, leather jackets for the men, bandanas, and fun accessories would all match the theme for our big party! If you'd like to know any other ways you can get involved, please feel free to reach out to me. Thank you!

-Jolene

### Our Heartfelt Condolences

Our hearts go out to all the family and friends of Bonnie O.

She had a smile that would light up a room along with her personality and her sense of humor. She will be truly missed by all of us.



### ACTIVITIES



Residents having a blast playing Balloon Volleyball together!



Residents are pictured here putting together wreaths that will soon be put up for auction! All proceeds of the sale of these beautifully assembled wreaths will go toward the Alzheimer's Association. More details TBA.

### Monday Movie Time!

The movie theatre is reserved for Memory Care residents on Mondays at 1:30pm. Here is a list of movies to enjoy with a fresh batch of popcorn this month.

- Aug. 2nd - THE INCREDIBLE MR. LIMPET
- Aug. 9th- THE GREAT OUTDOORS
- Aug. 16th- BEACH BLANKET BINGO
- Aug. 23rd- ELVIS BLUE HAWAII
- Aug. 30th - MRS. DOUBTFIRE



### Sweet Treats Served Up in Memory Care

These warm summer months may have you reaching for an ice cold glass of sweet tea, some fresh cold fruit, or ice cream treats and Popsicles to keep you cool. Here are some of the sweet treats being served up in Memory Care here at The Lodge!

- 8/5 ..... Chocolate Fruit Fondue
- 8/6 ..... Root Beer Floats
- 8/12 ..... Blueberry Cobbler
- 8/13 ..... Orange Creamsicles
- 8/19 .... Chocolate Chip Cookies
- 8/20 ..... '50s Malt Milkshakes
- 8/26 ..... Enjoying Fudgesicles
- 8/31 ..... Sweet Tea

### Relaxing Harp Music With Mandy

Check your calendar for our next visit from Mandy, who plays beautiful harp music for our residents. Mandy came to us looking to give back to her local community and we are so thankful for her giving us her time and talents.



## August 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 National Wellness Month	2 Declaration of Independence Officially Signed (1776)	3 Columbus Sets Sail for the New World (1492)	4 Wear Your Pajamas To Work Day!	5 OUTDOOR PERFORMANCE BY COWBOY DENNY @ 10:30AM	6 Lucille Ball's Birth Anniversary (1911)	7 David Duchovny's Birthday (1960)
8 Dustin Hoffman's Birthday (1937)	9 Nixon Resigns (1974)	10 JEWELRY SALE FOR ALZHEIMER'S @ 2:00PM	11 Steve Wozniak's Birthday (1950)	12 OUTDOOR PERFORMANCE BY GLENN SNYDER	13 Annie Oakley's Birth Anniversary (1860)	14 Social Security Act Signed (1935)
15 National Relaxation Day	16 Madonna's Birthday (1958)	17 First Transatlantic Balloon Crossing (1978)	18 Robert Redford's Birthday (1937)	19 42nd US President William Clinton's Birthday (1946)	20 1950s COMMUNITY SOCK HOP PARTY @ 2:00PM	21 American Bar Association Founded (1878)
22 Ray Bradbury's Birth Anniversary (1920)	23 Virgo: The Virgin (Aug. 23–Sept. 23)	24 Pluto Demoted to Dwarf Planet Status (2006)	25 SALSA COMPETITION & TACO TRUCK LUNCH 11:30-1:30	26 COMMUNITY LUAU DINNER	27 36th US President Lyndon Johnson's Birth Anniversary (1908)	28 First Radio Commercial (1922)
29 Charlie Parker's Birth Anniversary (1920)	30 Mary Shelley's Birth Anniversary (1797)	31 Van Morrison's Birthday (1945)	<b>August</b>			

