



THE LODGE AT GLEN COVE

by Blue Mountain Senior Living

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The Lodge at Glen Cove Management Team

Executive Director	Nichole Kindred
Director of Resident Development	Cathy Villarreal
Community Outreach Director	Tesi (TC) O'Brien
IL & AL Care Coordinator	Maggie Perri
MC Care Coordinator	Hollee Jacinto
IL & AL Activities Director	Amanda Hassler
MC Activity Director	Jolene Barnett
Dining Services Director	Adrian Chavez
Medical Records	Sandra Ector
Housekeeping Supervisor	Elsa Rodriguez
Maintenance Director	Jorge Martinez



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June 2021

Save the Dates!

Father's Day BBQ Cook-off and Competition!

Join us for an afternoon of sunshine and BBQ provided by our own chef and other competitors of Solano County! First place winner will have lunch provided for their team. We will be enjoying the good weather Friday, June 18th, from 11:30 to 1:30pm. Come by our front parking lot to place your vote and celebrate all our wonderful Fathers that are a part of community!



Summer Kickoff Carnival

Let's kick off this summer with some outdoor fun! Join us for carnival treats like popcorn, cotton candy, and corn dogs, games, entertainment, and more!

We will be celebrating in our front parking lot, Wednesday, June 30th, from 1:30-3:30pm. Please remember to bring a mask and prepare for warm weather.

We hope to see you there!

AMANDA HASSLER
Activities Director
Independent & Assisted Living

Happy Birthday to Our Residents Born This Month!

We wish all of our residents born in June a very happy birthday!

- Nannette T.- June 4th

Welcome, New Residents

A warm welcome goes to all of our newest residents:

- Pauline B.
- John B.
- Marian D.
- Andy A.
- Elly H.
- Beverly T.

Bus Outings

Please check the front desk for the sign-up sheet each week for our Friday morning and afternoon outings! We have now added the extra time slot to ensure everyone gets an opportunity to join in on the outing, so please choose only one time per week. Some outings require participants to be fully vaccinated and will say so on the sign-up sheet when applicable. We will continue to practice social distancing and will limit to 5 seats per trip. Please remember to wear your mask! We thank everyone for their continued cooperation and look forward to fun outings this month!

End Alzheimer's Fundraisers

June is End Alzheimer's and Brain Health Awareness Month. We will be raising money toward the Alzheimer's Association by the having these fun following fundraisers:

- **June Jean Days!:** Staff can wear jeans every Friday for a donation of \$5.
- **Bingo Night:** Staff and Residents are encouraged to join in on our evening Dollar Bingo Game, Thursday, June 10th, @ 6:30pm for a \$5 entry fee.
- **Summer Carnival Raffle Prizes:** Get your name in our raffle at our Summer event by purchasing \$1 raffle tickets for your chance to win one of our 3 awesome gift baskets!
- **Father's Day Cigar-o-Grams:** For \$5.00, you can purchase a chocolate cigar for your favorite dad in your life! Comes with a personalized message.
- **Jewelry Sale:** Our third jewelry sale will be Thursday, June 24th, with beautiful, handmade items from local artist, Marcella.



Resident Talent Corner

We are so lucky to have such talented residents in both AL & MC!



Mary shows off her gardening skills in our AL Community courtyard. She has taken on the position of Resident Garden President and does an amazing job of keeping it healthy!

Lan is seen here with her beautiful, Chinese-style, watercolor paintings she created throughout her years. She has hosted painting classes and continues to impress everyone with how beautiful her art is!



Elda is a wonderful cook and loves to share her treats with all of us. Being from Italy, she makes the most delicious, Italian treats! In this photo are her Pizzella Cookies.



Susan has played violin for many years and gives her fellow residents in Memory Care a concert often. We're so lucky to have a resident with such a musical talent we all get to enjoy!

JOLENE BARNETT
Activities Director
Memory Care

Let's Get Physical!

We love staying fit and moving our bodies every morning with lots of different, programmed, exercise routines, such as yoga classes, ribbon dancing, cardio routines, walks, balloon volleyball, chair dancing, and more. We also enjoy physical games like balloon volleyball, bowling, ring toss, and putt-putt golf!



Wednesday Bus Trips

Each week, we look forward to our scenic drives so much, that we have added an extra trip every Wednesday to ensure all residents get an opportunity to enjoy these fun outings. Each Wednesday, we will have a morning and afternoon trip, at 10:30am and 1:30pm. We look forward to enjoying all the beautiful places our surrounding area has to offer, such as Napa, Mare Island, Port Costa, Benicia, Suisun Valley, and more!



Icy Treats to Beat the Heat

Here are some fun ways we are staying hydrated this summer season in Memory Care

- **Making Snow cones:** June 3rd @ 2pm
- **"Roll Out the Barrel" Homemade Ice Cream:** June 17th @ 2pm
- **Dad's Root Beer Floats:** June 18th @ 2pm



Monday Movie Time!

The movie theatre is reserved for Memory Care residents on Mondays at 1:30pm; here are the classic movies we look forward to enjoying with a nice batch of fresh popcorn:

- SABRINA
- RALLY AROUND THE FLAG, BOYS
- ZOOKEEPER

Weekend Fun

We are so lucky that our very own resident, Susan, has agreed to put on a violin show for us every Saturday at 2:00pm. After her show, we get artsy with different crafts, such as paint by stickers, adult coloring, and paint by numbers.

RECIPE CORNER

Strawberry Shortcake Ingredients



- 2/3 cup sugar
- 1/4 cup shortening
- 1 large egg, room temperature
- 1 teaspoon vanilla extract
- 1/4 teaspoon salt
- 1-1/2 cups all-purpose flour
- 2 teaspoons baking powder
- 1/2 cup whole milk
- 1 cup heavy whipping cream, whipped
- 1-1/2 quarts fresh or frozen strawberries, slice

Directions

- In a bowl, cream sugar and shortening. Add egg and vanilla; beat well. Combine dry ingredients and add alternately with milk to the creamed mixture. Spread in a greased 9-in. square baking pan. Bake at 350° for 20-25 minutes. Cool on wire rack.
- Cut into nine servings. Split each serving horizontally and fill with whipped cream and strawberries. Replace top of cake; garnish with a dollop of whipped cream and more berries. Serve immediately.

Memory Care Residents will have the opportunity to make this recipe on June 10th at 1:30pm!

June 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
JUNE		1 Great Outdoors Month	2 Dana Carvey's Birthday (1955)	3 PERFORMANCE BY GLENN SNYDER @ 10:30AM	4 <i>Happy Birthday Nannette T!</i>	5 First Balloon Flight Anniversary (1783)
6 First Drive-In Movie Opens (1933)	7 Dean Martin's Birth Anniversary (1917)	8 Bill of Rights Proposed (1789)	9 Donald Duck's Birthday (1934)	10 Judy Garland's Birth Anniversary (1922)	11 Vince Lombardi's Birth Anniversary (1913)	12 41st US President George H. W. Bush's Birthday (1924)
13 ENJOY SUMMER First Day of Summer Is June 20	14  Flag Day	15 Nature Photography Day	16 Phil Mickelson's Birthday (1970)	17 PERFORMANCE BY COWBOY DENNY @ 10:30am	18 FATHER'S DAY BBQ COOK-OFF AND COMPETITION LUNCH 11:30AM-1:30PM	19 Juneteenth
20 HAPPY FATHER'S DAY	21 Cancer: The Crab (June 21-July 22)	22 Ed Bradley's Birth Anniversary (1941)	23 First Typewriter Patented (1868)	24 Mick Fleetwood's Birthday (1942)	25 George Orwell's Birth Anniversary (1903)	26 Human Genome Mapped (2000)
27 Helen Keller's Birth Anniversary (1880)	28 Biscayne National Park Established (1980)	29 Interstate Highway System Born (1956)	30 SUMMER CARNIVAL 1:30-3:00PM			

Go Purple to #ENDALZ

June is Alzheimer's & Brain Awareness Month.